



# Port Moody Blues Athletics

A Tradition of Excellence Established in 1973

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Dear Athletes,

As we close out this school year, I wanted to take a moment to reach out to all you, our incredible and talented student athletes. Reflecting on our completed (and not completed) seasons of play, the journey this year has included new achievements and challenges. The seasons of play this year included growth in many areas, such as academics, social skill development, and physical growth and maturation, which are all a part of the educational and athletic process.

Port Moody Secondary prides itself on building leadership capacity for all students. We strive to provide an athletic opportunity where student athletes can practice teamwork and leadership for the betterment of themselves and the school. Students invest in athletic performance, service, and leadership through sport. The generated energy, participation, and ambassadorship contributes to the development of school spirit and school pride.

Our Athletic program offers all interested young people the opportunity to achieve a high level of excellence in sport. I know you have appreciated the fact that you were a member of your high school team and had the opportunity to play sports. I hope you have loved the challenge and the camaraderie of being on a team. Perhaps being on a team helped you stay engaged in school, but whatever the case, you participated and I appreciate your contributions.

Through school sport, athletes learn to work interdependently with teammates, demonstrate personal leadership skills, citizenship, and school spirit. As student athletes gain knowledge and skill sets, our hope is that these students will become well-balanced individuals with self-confidence and healthy lifelong habits.

Athletics play an important role in your education. Coaches, teachers, and parents have been dedicated to supporting your process, so make sure to thank them. Take what you have learned from all of them into next season, whether that is here at PMSS or wherever you will be participating in sport. I wish you the best. We will all be cheering for you!

Yours in sport,

Mr. Straumford  
PMSS Athletic Director  
Go Blues!