



Port Moody Times

Tuesday

October 6, 2020

PMSS WOULD LIKE TO WELCOME THE FOLLOWING STAFF TO THE SCHOOL TODAY:

N. Parsons, B. Ng, A. Plunkett, L. Byrne

NEW NEWS

PMSS BELL SCHEDULE: Please note that we will not be ringing bells during the day.

Block	Schedule
0	(before school)
Flex	8:30 – 8:45
AM	8:45 – 10:30
Flex	10:30 – 10:45
Lunch	10:45 – 11:15
PM	11:15 – 1:00
Flex	1:00 – 1:20
X Block	1:20 – 2:15
IB 12	1:20 – 3:50

Block	Time	M	T	W	Th	F
0	Before School					
Flex	8:30 - 8:45	Flex within Learning Groups				
1	8:45 to 10:30	A - Z				
Flex	10:30 - 10:45	Flex within Learning Groups				
Lunch	10:45 to 11:15					
2	11:15 to 1:00	A - L	M - Z	Online	A - L	M - Z
Hybrid						
Flex	1:00 – 1:20					
X Block	1:20 – 2:15	Non-Enrolling Programs and Events				
3	1:20 to 3:50	Period 20	Period 21	Period 22	Period 24	Period 25
IB 12						

Q1 Term	Sept. 14	Oct. 19, 2020	Mid quarter switch Period 1 to pm Hybrid Period 2 to am
Q2 Term	Nov. 18	Jan. 4, 2021	Mid quarter switch Period 4 to pm Hybrid Period 5 to am
Q3 Term	Feb. 2	Mar. 8, 2021	Mid quarter switch Period 1 to pm Hybrid Period 2 to am
Q4 Term	Apr. 26	May 25, 2021	Mid quarter switch Period 4 to pm Hybrid Period 5 to am

PARENT FORMS & STUDENT FEES: School District 43 uses the KEV School Cash Online for both fee statements and registration forms. Relevant fees and forms have been updated and you should have received an automated email notification.

Please remember to submit the start of year forms posted online including the **District - School Policies Form 20-21** which is required each year and one completed **Daily Health Check** form which verifies students and parents are aware of what is required each morning.

The **Emergency Release Form** (golden color) and **Student Information Verification** sheet (pink color) distributed separate from the School Cash Online forms are also required at this time.

2020 PSAT TEST: WEDNESDAY, OCTOBER 14 – If you're thinking of college in the U.S. you will need either a SAT or ACT score for admission consideration. PMSS offers the Practice SAT to Port Moody students, an inexpensive way to prepare for the SAT. Registration fee is \$30, payable by cash or by cheque made out to Port Moody Secondary School. The test will start at 2:30 pm and takes approximately 3.5 hours. Registration begins **September 29th**; Mr. Gibney will be available lunch times in the MPR to collect your fee and register you for the exam; first come, first registered – registration with full fee payment closes **FRIDAY, OCTOBER 9th**.

POST-SECONDARY AND CAREER ADVISOR UPDATE: Please join us in congratulating **Ms. Fern Truax** on her recently announced retirement. For over 20 years Ms. Truax has supported many students and families as they navigate their pathway from Port Moody Secondary to post-secondary and career options. Ms. Truax last day is **Friday, October 16th** and this information has been shared with students. A testament to her skill set and knowledge, we have noticed a significant increase in students seeking her support since the announcement was first made. Unfortunately, drop in appointments (in person and online) are not available as we have already surpassed our maximum booking of appointments between now and October 16th.

ATTENTION GRADE 12s: In the coming weeks, the Counselling Department will be sending out fact sheets with the Times to help guide you in some of the questions you may have with post secondary options, scholarships, and other aspects important to you this year. Please watch for these, and use them as a guide to your journey ahead. This week we want to encourage you to start your journey to finding a career path with one of the best on-line planning tools: Education Planner BC. This tool will help you investigate careers, find programs that will allow you to access your careers of interest, and apply to post secondary institutions. Go and EXPLORE! This is one very important part of the process, is to explore options and find the areas that you are most interested in.

Career Planning

www.educationplannerbc.ca

- Plan Your Education
- Search the Programs of Interest
- Apply to Post Secondary Institutions

You can't plan your whole life ahead of time

Have you ever heard someone say something like, "I fell into my career"? That's because as important as planning and research are, chance still plays a role. Keep an open mind and learn to tolerate some degree of uncertainty.

You change over time

As your life circumstances evolve - you get older, develop new insights - your feelings about what you want to do will evolve. You need to be able to reorient yourself when necessary.

The work world changes over time

Remember, the job title "app developer" didn't always exist. Developments occur so rapidly that the form a career takes now could be very different in a few years. It's a balancing act. Keep track of your own changing wants while also keeping an eye on the horizon.

No job will be without some things that bug you.

Don't fall into the trap of expecting to find the "perfect" career. Identify the elements of what would be the ideal path for you, and then make conscious choices about where you're willing to compromise.

Satisfaction, not status, is key!

Many people feel pulled to a field that's familiar, popular, or high status. You'll be much happier and far more successful if you find something that relates to your own interests and strengths. Qualities that you take for granted can be valuable assets in many career fields.

COUNSELLING CENTER UPDATE: This year the counselling center will need to adjust how we meet/connect with families. We are not having students/families come to our offices during the pandemic. Our spaces are too small to accommodate meetings safely. As well, the main office is closed to all but the office staff. Students and families may email us questions, and we will respond. With the increase in email volume, we may need a day or so to respond. Soon, we will have access to a space to meet with students by appointment. This will likely be set up by the beginning of October. We will also utilize Teams for meetings with parents. We are excited to include Ms. Zhou, a teacher who is training with Mr. Gibney to become a school counsellor. She will be working with us and supporting students for Quarter 1 and 2. The new alpha loads are as follows:

Ms. Campbell (A-K)
Cicampbell@sd43.bc.ca

Mr. Gibney (L-Z)
Jgibney@sd43.bc.ca

Ms. Zhou
Dzhou@sd43.bc.ca

STUDENT COUNCIL REMINDER: (Announcement originally posted October 2nd) : We are happy to announce that [applications](#) are now open for Student Council 2020-21. Student Council is seeking two representatives from each grade to serve for this school year. Applications are available online via the school website under Quick Links. Students will need to sign in with their Office365 account to be able to view and complete the [application form](#). Further details on the application process and timeline are provided within the application. The application deadline is **Friday October 9, 2020**. We encourage all interested students to apply and look forward to supporting all of our candidates in this process.

CLUBS: If you are interested in starting a club this year, application forms will be available on **Monday, October 26th**. Fundraising clubs will not be running this year due to COVID restrictions, but if you want to run an activity-based club, please send an email from your SD43 account to btaylor@sd43.bc.ca. Mr. Taylor will send you a Teams invite for a virtual information session on **Wednesday, October 21st** at 10:45 p.m.

SFU VIRTUAL INFO SESSION 2020 – Thursday, October 15, 6:30 – 7:30 pm – Grade 11 & 12 parents and students are invited to join university recruiters and advisors for a PMSS-specific virtual info session. **CAPACITY CHANGED FROM 100 TO 300!** Students will have the opportunity to ask questions in the chat (you do not have to be on mic/camera unless you are comfortable). Your participation will result in the disclosure of personal information to Zoom Video Communications. To consent to this disclosure, visit <https://www.surveymonkey.ca/r/zoomprivacy>. Have questions about SFU's Zoom privacy and security guidelines?
<https://www.sfu.ca/itservices/technical/videoconferencing/zoom/privacy.html>

Join Zoom Meeting for SFU: Port Moody Secondary School

<https://sfu.zoom.us/j/84993630749?pwd=WHozbHhuOEhrb3V0Q2hnN3MxeXNwQT09>

Meeting ID: 849 9363 0749

Password: 145259

ONGOING NEWS

LIBRARY LEARNING COMMONS: We are happy to announce the Library Learning Commons is now able to increase our accessibility and availability. Please view [this slideshow and videos](#) about how to use the PMSS LLC both in person and remotely. <https://bit.ly/2She7mc>

FALL PRODUCTION - DRAMA – INFORMATION: Even though the climate of the world is impending a lot of extra-curriculars, the theatre is going to persevere and put on a fall production this year (whether it is a virtual performance or a socially distant gathering is to be decided). Rehearsals will run virtually from the comfort of your own homes. If you are interested in being a part of the production OR want more information on upcoming Drama news, please join our PMSS Drama Microsoft Teams page by using the code: **qhdm37p**. As always, feel free to reach out to Mr. Meredith, at jmeredith@sd43.bc.ca, if you have any questions or wondering how you can get involved. Open to all grades (including grade 9!), no prior theatre experience needed.

TERRY FOX – MARATHON OF HOPE: This year is the 40th Anniversary of Terry Fox's Marathon of Hope and **Port Moody Secondary** is proud to be continuing the legacy of one of our greatest heroes. Please join us and support this wonderful cause by donating to: <http://www.terryfox.ca/PortMoodySecondary>. Together, we can all make a difference!
#terryfoxschoolruns @terryfoxfoundation



STUDENT PARKING PASS: If you will be parking in the lower parking lot please come to the office at lunch to pick up a Parking Registration form.

PMSS TIMES: The PMSS Times will be distributed on **Tuesdays** and **Thursdays**. Announcements will not be read over the PA at this time. The Times will also be posted in the Cafeteria under the clock.

CAREER CENTRE NEWS

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

TD CANADA TRUST SCHOLARSHIPS FOR COMMUNITY LEADERSHIP—valued up to \$70,000 each; awarded to Grade 12 Canadian students who have demonstrated community leadership. Details on the school website/Career Centre/Scholarships. **Deadline for submissions: November 13/20**

UBC CENTENNIAL SCHOLARS ENTRANCE AWARDS – UBC’s entrance award program is designed to financially support academically qualified students entering UBC from high school who would not otherwise be able to attend without significant financial assistance. This program offers entering students one-time & renewable awards of up to \$80,000, to cover the full cost of a degree and living expenses. Students and families or guardians must complete an application to demonstrate financial need. Application forms will be online **in October 2020** at <https://you.ubc.ca/financial-planning/scholarships-awards-canadian-students/entrance-award/>. Applications & documents must be received by **December 1/2020**

QUEEN’S UNIVERSITY CHANCELLOR’S SCHOLARSHIP AWARD – DEADLINE: NOV. 5/20- Students planning to attend Queens U with a 90% + average who wish to apply for the Chancellor’s Scholarship **must be nominated** by their high school. Port Moody is permitted **two** nominations; submit a completed School Nomination application form + required documents to Ms Truax or Ms Campbell **before 3 PM, THURSDAY, NOVEMBER 5**. Complete details & forms are on the Career Centre Online/Financial Aid & Scholarships page.

2020 UNIVERSITY OF TORONTO NATIONAL SCHOLARSHIP PROGRAM – University of Toronto National Scholarships are awarded to outstanding Canadian students who will attend the U of T in September 2021, covering tuition, fees and residence for 4 years, and more. Scholarship criteria: Canadian citizens or permanent residents or protected persons who demonstrate original and creative thought, are committed to school and community and high achievement in academic and creative pursuits. Details and the application form link are online at <https://future.utoronto.ca/national-scholarship/about/> . **DEADLINE TO APPLY: OCT. 22/2020**

C.U.E.: VIRTUAL UNIVERSITY INFO FAIRS, WESTERN CANADA 2020

Getting ready to explore a future career path means equipping yourself with information – don’t miss this important annual fair with universities from across Canada. Registration now open to attend an annual CUE Info Fair **online**. Check the details on the PMSS website, Career Centre/Post-Secondary Info and register today!

Future Student Virtual Events/Information Sessions

KWANTLEN POLYTECHNIC UNIVERSITY

October 3, 12 pm – 2 pm

Virtual Open House

kpu.ca/openhouse

RYERSON UNIVERSITY

September 21-25

Connect with current Ryerson students

November 9-13, 16-20

Connect with Ryerson faculty and staff for program -specific sessions

<https://www.ryerson.ca/admissions/undergraduate/at-home/virtual-open-house/>

SFU

September 23, 8:00-9:00am

<https://www.sfu.ca/students/admission/campus-tours.html>

Prospective Undergrad students

U of Alberta

September 22, 29

<https://www.ualberta.ca/admissions/undergraduate/tours-and-events/index.html?v=canadian>

UBC

Future students Live Virtual Vancouver Campus tours throughout **September and October**, listed on the Undergraduate Future Student Portal:

<https://account.you.ubc.ca/s/events>

U of Calgary

October 14 (for BC students) 10-11am MST

<https://www.ucalgary.ca/future-students/undergraduate/events>

U of Manitoba

September 21-October 29

<http://umanitoba.ca/admissions/recruitment-info-sessions>

U of Toronto

- | | |
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| <ul style="list-style-type: none">• U of T Webcast for Prospective Students
Monday, September 21 at 6:00 PM• U of T Webcast for Prospective Students
Monday, September 28 at 8:30 AM• U of T Webinar for Prospective Students
Monday, October 5 at 6:00 PM• U of T Webinar for Prospective Students
Monday, October 26 at 8:30 AM | <ul style="list-style-type: none">• U of T Webinar for Prospective Students
Monday, November 2 at 6:00 PM• U of T Webinar for Prospective Students
Monday, November 9 at 8:30 AM• U of T Webinar Prospective Students
Monday, November 16 at 6:00 PM• U of T Webinar for Prospective Students
Monday, November 23 at 8:30 AM |
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U of Saskatchewan

September 24 3:00-7:00

https://admissions.usask.ca/tours-and-events/open-house.php?mc_cid=10722f22dc&mc_eid=de4d49eda6

UVIC

September 22, 29, October 6, 27, November 12, 17, 24

<https://www.uvic.ca/undergraduate/tours-events/events/index.php>

PARENTS

For information regarding PAC, please see <https://www.sd43.bc.ca/school/portmoody/Pages>

FIRST PAC MEETING: Tuesday, October 6th at 7:00 pm

Join Zoom Meeting: <https://sd43-bc-ca.zoom.us/j/63761509899>

Hello PMSS parents. Would you like to help run the PAC by attending once a month meetings and make decisions on what the students need or what the student budget money goes towards? Please join us via Zoom for our first meeting of the year.

We are looking for someone to be the **PAC Treasurer** as well as **Grade 12 parents** that would like to plan the **2021 Grad**. It is ONE HOUR of your time a month until the actual month of the Graduation, where you may be asked to put in more volunteer hours. If you are unable to attend the meeting but would like to be part of our planning and committees, please feel free to email Sherry@Gearforce.com.

COMMUNITY



Fire Prevention Week™ 2020 Contest

This year, **Fire Prevention Week** runs from October 4 to 10 and the theme is **Serve Up Fire Safety in the Kitchen!™**

Fire Prevention Week is a great time to discuss fire and burn prevention with your friends and family, and is an opportunity for students to win some fantastic prizes.

Bringing the important message of fire and burn prevention in to schools and classrooms helps to save lives and prevent painful burn injuries and lifelong suffering. We thank you for all your efforts and the work that you do to share these messages with students in your community.

Fire Prevention Week resources, such as safety tip information for teachers and parents, quizzes, student activity sheets, colouring pages and videos, are available on the following sites:

- [Office of the Fire Commissioner](#)
- [Burn Fund](#)
- [Fire Prevention Officers' Association of BC](#)
- [National Fire Protection Association](#)

Contest Timeline

- **OCTOBER 23** – Deadline for sending completed posters and video links to **BC Professional Fire Fighters' Burn Fund**
 - » Poster entries must be received at the **BC Professional Fire Fighters' Burn Fund**, 3891 Main Street, Vancouver, BC, V5V 3P1 or emailed to FirePreventionWeek@burnfund.org no later than **October 23, 2020**
 - » Video entries must be posted on YouTube and link sent via email to FirePreventionWeek@burnfund.org no later than **October 23, 2020**
- **BEGINNING OF DECEMBER** – Winners announced. Presentation of prizes to be completed by end of January 2021

Full contest rules are available at www.gov.bc.ca/FirePreventionWeek

Please don't hesitate to let us know if you have any questions or comments – we would love to hear from you!

Rules

Poster contest rules

- Posters must be drawn on an 8 ½ by 11-inch letter-sized paper
- Posters must include a completed entry form that has been taped or glued (please do not staple) to mail-in entries, or included as an attachment or text in emailed entries.
- One (1) entry per student
- Poster artwork may be drawn on any Fire Prevention Week subject (burn and scald prevention, fire prevention, fire escape planning, smoke alarms, carbon monoxide safety, etc.)
- Poster contest open to any Kindergarten to grade twelve student living in British Columbia. Any number of students from a class can enter the contest. Entries must be sent in by the student's teacher.
- Mail entries to: BC Professional Fire Fighters' Burn Fund, 3891 Main Street, Vancouver, BC, V5V 3P1 or email to FirePreventionWeek@burnfund.org
- Submission deadline: October 23, 2020

Video contest rules

- Students are invited to create a 3-minute (maximum) video that contains a strong Fire Prevention Week message on a topic of their choosing (including burn and scald prevention, fire prevention, fire escape planning, smoke alarms, carbon monoxide safety, etc.).
- All styles of video will be accepted: drama, comedy, documentary, music video, stop-motion, claymation or animation.
- Video contest open to any Kindergarten to grade twelve student living in British Columbia. Any number of students from a class can enter the contest. Entries must be sent in by the student's teacher.
- Submissions must be posted to YouTube and link emailed to FirePreventionWeek@burnfund.org and include a completed entry form as an attachment or body text.
- Submission deadline: October 23, 2020

Good luck with your Fire Prevention Week activities. Thank you again for your commitment to fire and life safety education, and a huge thanks to our sponsors!



Fire Prevention Week™ and the 2020 theme are trademarks of the National Fire Protection Association (NFPA) and the NFPA is neither a Sponsor or nor affiliated with the Contest and has neither endorsed nor approved this Contest.

Prizes

Poster contest prizes

Grade categories: Kindergarten to grade 3; grade 4 to 6; grade 7 to 12

Three (3) Grand Prize Winners (one in each grade category) will receive an iPad for themselves and a Panago-sponsored pizza/lunch party for their class

Fifteen (15) Regional Prize Winners (five in each grade category) will receive a \$50 Visa gift card for themselves and \$75 towards a pizza/lunch party for their class (to be organized by the local fire department)

Forty-five (45) Honourable Mention Winners (fifteen in each grade category) will receive a \$35 Visa gift card for themselves

Video contest prizes

Grade categories: Kindergarten to grade 6; grade 7 to 12

Two (2) Grand Prize winners (one in each grade category) will receive an iPad for themselves and a Panago-sponsored pizza/lunch party for their class

Please note that pizza/lunch parties will adhere to COVID-19 health and safety guidelines and may look a little different than what we are used to!

Supporters

Thanks to the following for their support:

- Old Spaghetti Factory - Gastown
- Capilano Suspension Bridge
- Panago Pizza
- Capilano Group