



Port Moody Times

Monday

June 1, 2020

NEW NEWS

<p align="center">Commencement 2020: June 20th @ 11am</p> <p align="center">A prerecorded online presentation will be made available at 11am on the 20th of June. Details and Dates leading up to the 20th are highlighted below.</p>	
May 15 th	Valedictorian applications due.
May 25 th	Valedictorian candidate videos due.
May 29 th	Valedictorian online voting made available to Grade 12 students. Valedictorian announced.
June 1 st	Refunding of Dinner / Dance tickets (\$120.00) and Cap and Gown (\$40.00) will commence: <ul style="list-style-type: none"> • Online payments will be reimbursed online. • Cash or cheque payments will be reimbursed by cheque and issued during Cap and Gown pick up. • Allow some time for online processing. • Please email 088-Office@sd43.bc.ca if you have questions.
June 8 th	After Grad prize winners announced.
June 10 th , 11 th , 12 th	Cap and Gown pick up: <ul style="list-style-type: none"> • Location: outside by the front entrance walkway. • Scheduled blocks will be created by homeroom. Students were emailed an appointment last week. Please check your school email and remember to confirm receipt of email with aabbinante@sd43.bc.ca • IB Pins, Honour Cords, and other applicable program and personal certificates / letters (where applicable) will be issued. • Program of the grad class with acknowledgement of scholarship recipients will be distributed. • After Grad prizes distributed. • Locker items will be made available. • Textbooks, library books, parking pass or other school items returned.
June 16 th , 17 th , 18 th	Photo Opportunity (optional): <ul style="list-style-type: none"> • A photo area will be set up in the small gym. • Photographer from Artona will be present. Photograph is complimentary. Students will be provided a link to access digital photo. • Photos taken are personal and separate from what will be posted on June 20th. • Attire is cap and gown. • Times will be individually assigned to interested students (up to 2 parents also in attendance). • Contact MoodyOffice@sd43.bc.ca ASAP if you would like to participate.
June 20 th	Commencement: <ul style="list-style-type: none"> • Online presentation available for viewing @ 11am. • Please email Ms. Starr if you do not want your photo included in the publicly viewable format.



IMPORTANT CAP AND GOWN INFORMATION: Attention Gr. 12's - Please check your school email for Cap and Gown pick up information and scheduled time and then send the confirmation email as requested to aabbinante@sd43.bc.ca

GRAD CLASS 2020 VALEDICTORIAN: Congratulations to **Eric M** on being voted as our Grad Class 2020 Valedictorian! Thanks to all of this year's contenders. Your words of wisdom and heartfelt messages are appreciated!

INSTAGRAM:

Stay connected and look for some upcoming fun activities and contests by following us on Instagram!

Follow your student council at [pmss stuco](#)

Follow the official school site at [portmoodyibsecondary](#)

HEY PORT MOODY! Ever wondered which PMSS teacher you were most like? Click the link below to find out and don't forget to post your results on Instagram and tag @pmss_stuco!

<https://quiz.tryinteract.com/#/5ec17887deb6d800141217b9>

PMSS DEBATE & SPEECH CLUB: The PMSS debate/speech club would like to congratulate **Sophie L** and **Emma C** who won the UBC Spring Online debate Tournament. Due to the pandemic, both students enrolled independently and won first place.

LIBRARY NEWS: While the Port Moody Secondary Library Learning Commons remains physically closed to students for the time being, we are open to serve you and your students through remote or physically distanced in person consultations.



Ms. Swistak and Mr. Birch can help students with:

- Locating and accessing virtual learning resources
- Access to virtual resources such as:
 - EBSCO and Gale Research Databases
 - Video resources
 - Academic eBooks
- Research skills including:
 - Effective search strategies
 - Refining and limiting results
- Referencing and Citation
 - Zotero reference management software (Darren only)
- General inquiries about reading, research and writing.

Visit our [Stream Channel](#) for helpful videos on many of these topics.

To book a consultation, email 088-Library@sd43.bc.ca.



Get to know...

Fern Truax



<p><i>Something I am learning about or something I am reading right now is...</i></p> <p>Learning: Office 365/One Drive</p> <p>Reading: 'Talking to Strangers' by Malcolm Gladwell</p>	<p><i>My Favourite books are...</i></p> <p>'Good Omens' by Neil Gaiman and Terry Pratchett</p> <p>'Monkey Beach' by Eden Robinson</p> <p>'Anasazi Boys' by Neil Gaiman</p>	<p><i>I have been a post-secondary advisor for...</i></p> <p>11 years.</p>	<p><i>My worst or my most interesting job was...</i></p> <p>Worst: sorting recently deceased herring (for fishing bait) into sizes and throwing them into steel bins: 'big herring, medium herring, little herring, not a herring...'</p> <p>Most interesting: Broadcast Production Manager & Director</p>
<p><i>I am most proud of...</i></p> <p>The 20+ years I have spent directing the 'live' video coverage of PMSS's Commencement ceremonies in the Orpheum.</p>	<p><i>I spend my spare time...</i></p> <p>Cooking, hiking, snowshoeing, reading, photography, going to car shows, and planning the next expedition in our trailer.</p>	<p><i>When I was in High School...</i></p> <p>I could barely <u>wait</u> to get out of my little town and to UBC!</p>	<p><i>If I was not a post-secondary advisor I would be...</i></p> <p>RETIRED and travelling!</p>



Get to know...

Marina Mehai



<p><i>Something I am learning about or something I am reading right now is...</i></p> <p>I'm learning how to cook and really flexing my culinary muscles now.</p> <p>I'm currently reading a few things:</p> <ul style="list-style-type: none"> - 'Onward' by Elena Aguilar - 'Braving the Wilderness' by Brene Brown - 'This Will Only Hurt a Little' by Busy Phillips - 'Born a Crime' by Trevor Noah 	<p><i>My Favourite book is...</i></p> <p>Good question. I think I have to go with 'The Namesake' by Jhumpa Lahiri. It really resonated with me. The story highlights how the child of an immigrant navigates American culture while trying to hold on to his Indian identity.</p>	<p><i>I have been a teacher for...</i></p> <p>a while...I think it has been about 13 years now.</p>	<p><i>My worst or my most interesting job was...</i></p> <p>My most interesting job was really anything I did at Science World. From doing stage shows to feeding geckos to running summer camps. No day was dull!</p>
<p><i>I am most proud of...</i></p> <p>My family – They're super supportive and always there for me.</p> <p>My education – I worked very hard to get my Master of Education a few years ago and I'm a big believer in lifelong learning.</p>	<p><i>I spend my spare time...</i></p> <p>connecting and catching up with friends and family.</p> <p>trying out new recipes.</p> <p>getting outside.</p> <p>doing yoga...lots of options when I have spare time.</p>	<p><i>When I was in High School...</i></p> <p>I played soccer and netball. I was in leadership and did lots of extracurriculars and enjoyed spending time with friends. It was a smaller high school and we all knew each other really well. I still spend time with the same people today.</p>	<p><i>If I was not a teacher I would be...</i></p> <p>Hmmm...Not an accountant! Lol. That was my least favourite class in high school. I'm still haunted by debits and credits and a ledger statement, whatever that is...</p> <p>I actually thought about Law and was going to apply after my Bachelor of Science, but my path changed. So, maybe a lawyer?</p>

ONGOING NEWS

PMSS FAVOURITES COOKBOOK: We are so excited to share the finished 'PMSS Favourites Cookbook', a compilation of delicious recipes submitted by the PMSS community! We have some tried-and-true favourites alongside traditional family recipes for a variety of delicious meals to share with family. Thank you so much to everyone who submitted a recipe, and we hope you enjoy trying them out! Click the following link to view: [PMSS Favourites Cookbook.pdf](#)

INTERNATIONAL STUDENTS: Registration for International Summer School is open. The application form can be found at: <http://www.internationaleed.com/programs/summer-program/>
If you have questions, please contact Ms. Woldring at kwoldring@sd43.bc.ca or in the International Student Channel on Teams.

STUDENT COUNCIL 2020-21: At this time we will be postponing our student council elections for the coming year. We feel it is important to be able to meaningfully engage the whole student community in the process of elections and we hope that this can be done early next school year.

CURRENT GRADE 11 STUDENTS: The school district is still taking applications for its "TRAIN in Trades" programs for next school year. These amazing **tuition-free** programs offer students the opportunity to **gain their level 1 certification**, while still in high school, in 19 different trades. Information and application forms can be found at 43Careers.com or by contacting Doug MacLean (cell: 604-341-8977 or dmaclean@sd43.bc.ca). Space is limited, please inquire soon if interested.

ACCESS TO NELSON AND PEARSON TEXTBOOKS: Both Pearson and Nelson Publishing have made a number of their texts available to students and families. To access Pearson resources please follow this link <https://tinyurl.com/uhwhlre>. For Nelson resources please follow this link <https://tinyurl.com/w4hslcc>.

COVID-19 PROVINCIAL SUPPORT AND INFORMATION:

https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support?utm_campaign=20200319_GCPE_AM_COVID_4_NOTIFICATION_BCGOV_BCGOV_EN_BC_NOTIFICATION

British Columbians can use the new provincial phone service by calling 1-888-COVID19, available seven days a week from 7:30AM to 8:00PM, with information in over 110 languages. Specific public health questions re: COVID-19 should be directed to your local health authority for response.

MINISTRY OF EDUCATION: SAFE & HEALTHY SCHOOLS:

<https://www2.gov.bc.ca/gov/content/education-training/k-12/administration/program-management/safe-caring-and-orderly-schools>

SCHOOL DISTRICT 43:

[https://www.sd43.bc.ca/NewsEvents/Pages/COVID-19.aspx#/="](https://www.sd43.bc.ca/NewsEvents/Pages/COVID-19.aspx#/=)

[https://www.sd43.bc.ca/faq/Pages/default.aspx#/="](https://www.sd43.bc.ca/faq/Pages/default.aspx#/=)

STUDENT SUPPORT: Any teens needing additional support at this time with mood or anxiety please visit:

<https://www.gv.ymca.ca/mental-wellness>

<https://bouncebackbc.ca>

PMSS: Please make sure to stay connected by downloading the My School Day App <https://myschoolday.app/> for the latest updates and by following us on twitter @pmss43.

PMSS TIMES: The PMSS Times will be distributed on Mondays and Wednesdays.

CAREER CENTRE NEWS

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

ITALIAN-CANADIAN \$1000 SCHOLARSHIPS – The Confratellanza Italo-Canadese Society is offering several \$1000 scholarships to students of **Italian origin** (having at least one parent or grandparent of direct Italian descent) who live within the GVRD and will be entering a post-secondary program in 2020. Application forms are available online; visit the school's website/Career Centre/Financial Aid & Scholarships: <https://tinyurl.com/Career-Centre-Scholarships>. Applications must be post-marked **JUNE 15/20** to meet the deadline.

COQUITLAM VOLUNTEERING OPPORTUNITIES DURING COVID-19 - Coquitlam has been forced to suspend some volunteer programs, but there are still ways to make a difference during the COVID-19 pandemic. In some cases, procedures and requirements have temporarily changed to ensure physical distancing. For example, orientations may take place by phone or video chat. Check <https://www.coquitlam.ca/city-hall/career-and-volunteering/volunteer.aspx> for details and to contact program coordinators.

COQUITLAM TEACHER'S ASSOCIATION - ROY KRUTOW \$1250 SCHOLARSHIP – 2 scholarships are awarded annually to the son or daughter of an SD43 teacher, current or retired/deceased – criteria: academic achievement, school involvement; preference given to students planning a career in education. FILLABLE application form on Career Centre online <https://tinyurl.com/PMSS-Scholarships> \; deadline to apply: **July 1/20**

BCIT ENTRANCE AWARDS – 25 President's Entrance Awards valued at **\$4,000** are offered **ONLY** to graduating high school students entering programs between *April 1, 2020 to March 31, 2021*. More than 125 additional BCIT Entrance Awards are also available, at **\$6,000** each. Award package at www.bcit.ca/finaid

PARENTS

JUNE ONLINE MEETINGS FOR PARENTS:

Our final meetings of the 2019.20 school year will be this coming Wednesday.

- PAC Meeting: Wednesday, June 3rd @ 7:00 – 8:00pm
- After Grad Meeting: Wednesday, June 3rd @ 8:00 – 9:00pm

Please email [Brenda Stewart](mailto:Brenda.Stewart@coquitlam.ca) to receive a Zoom invite. Please indicate which meeting (or both) you wish to attend. Thank you to all the parent volunteers for your contributions and support again this year.

PMSS GRAD 2020

AFTERGRAD ANNOUNCEMENTS:


AFTERGRAD UPDATE:

PMSS AfterGrad committee want to let parents know an update on our AfterGrad 2020. As you are aware we have been trying to raise money all year to cover the costs to put on an AfterGrad party for our 2020 Graduates. Since September we have filled out grants, approached many businesses, had a cash raffle and a successful Pub Night to help cover these costs. We are so disappointed that we cannot follow through with the plans we had for our Grads big night. Postponing the event was not an option.

We decided as a committee to take the funds and split it evenly amongst our 292 Grads. Each Grad will be receiving a \$50 cheque from the school. We also had 35 prizes already collected for our AfterGrad Party and we randomly drew names for our Grad students to win. We hope you find other ways to celebrate your Graduate in a meaningful way while still following the Health Minister's guidelines. Don't forget to celebrate on June 20th, at 20:20pm (8:20pm)!

Sherry Nevalainen & Brenda Stewart
Co-Chair of AfterGrad 2020

COMMUNITY NEWS



‘intheknow’
Information and Support

For families and caring adults who are parenting a child or youth with mental health challenges.

IN THE KNOW PROVIDES EXPERT SPEAKERS ON TOPICS IMPORTANT TO FAMILIES. CONNECT AND LEARN WITH OTHER FAMILIES FOR AN ONLINE DISCUSSION - JOIN BY COMPUTER OR PHONE.

TEENS & SCHOOLS



Secondary School is an important time in a teen's life, and for teen's struggling with mental health and/or substance use challenges, it can be a tough time. This ItK brings together a principal and a parent to discuss what they have done as adults to support things going well for teens in secondary schools.

Registration Required:
<https://itkmayjune-langleytricityevents.eventbrite.ca>

Video: [TEENS & SCHOOLS](#)
Cost: [Free of Charge](#)
Date: [June 1, 2020 2pm – 3pm](#)

Discussion facilitated by FamilySmart Parent in Residence

Watch the video on your own time and come together with other families for a facilitated discussion.

familysmart.ca

Coquitlam Continuing Education

The school district will be opening registration soon for summertime Grade 10-12 high school credit courses. The following two options will be provided as Distributed Learning through Coquitlam Open Learning:

Coquitlam Open Learning Gr 10-12:

Grade 10-12 full credit courses

Free to eligible school-aged BC Residents aged 13 to 19 years old.

Registration available to students enrolled in SD43 schools only, starting this Friday May 8, 2020. Students are not eligible for courses they are currently taking in their current schools, (they can take those starting in July, including Fast Track)

Online courses with flexible start dates which should be completed within 10 months of registration. Students will participate in various online activities which may include Moodle online lessons, online discussions, and e-mail interactions with the teacher. Students can begin these courses within a few days after registering.

Registration information: www.ce43.com

Course information: <https://tinyurl.com/SD43COL>

Fast Track Gr 10-12: Complete a full credit course from July 2 to August 3:

Fast Track courses follow a blended learning model:

- two weekly synchronous class sessions (Tues/Thurs or Wed/Fri, mornings or afternoons (see specific courses for scheduling). These class sessions will most likely be conducted online.
- three days of online work. Teachers will be available these days for online tutorial support.

Note: This program is best suited for students wishing to complete the selected course within a 6-week timeline.

Program Dates: July 2 - August 7 (Note: there will be no tutorials July 27 and August 3)

Program Times: Tues/Thurs or Wed/Fri, mornings or afternoons

Registration information: www.summerlearningcoquitlam.ca

Course information: <https://tinyurl.com/SD43FastTrack>

Registration begins at 6:00 AM on Tuesday May 19, 2020.

Registration is closed to International Students (who can register for high school credit courses at <http://www.internationale.com/>)

Registration in May available to students enrolled in SD43 schools only. Non-SD43 students may register on or after June 1. For registration and course information visit

www.summerlearningcoquitlam.ca

Summer Learning Statement: COVID-19:

At this time registration for our summer learning programs (***Elementary Skill Building, Middle Skill Building, Secondary Skill Building and Secondary Remedial***) has been postponed until further notice. We continue to plan for summer learning under the direction of the ministries of Health and Education and will provide an update on our website as soon as more information becomes available. At this time we are unable to confirm that this year's summer learning program will run and should we be able to move ahead with summer learning the program likely be significantly smaller in scope and the delivery format will likely be significantly different.

Check our website for information and updates: www.summerlearningcoquitlam.ca

[Coquitlam Continuing Education](http://www.coquitlam.ca/continuing-education)

380 Montgomery Street Coquitlam BC V3K 5G2

604-936-4261