

# Mundy Road Elementary School

[www.mundyroad.ca](http://www.mundyroad.ca)

## Special PAC Meeting Agenda

Tuesday October 25, 2016 7:00 pm – 8:00 pm

(Enter by the library at the east end of the staff parking lot)

### Welcome and Introductions

### Approve Agenda

### New Business

1. Saleema Noon's Body Science Program at Mundy

Tonight we will be voting on whether to bring Saleema Noon's Body Science program to Mundy Road, funded by the PAC. If the vote is affirmative to continue with the program, we will then vote on one of 3 program delivery options. Please see **Addendum A** for details.

2. Supplier for Falcon Merchandise

This vote is to choose the supplier for Mundy Road Falcon branded merchandise that the PAC will be selling to Mundy Road Families. Christine Friend will present a summary of her research and her recommendations. For your reference, information is attached as **Addendum B** to this agenda.

### Motion to Adjourn

## **Addendum A: Saleema Noon's Body Science Program**

**Option 1:** Half day till midday, Bigger groups, combined grades, we could do a schedule like this: (Cost is \$735, this includes the parent session plus a half day teaching till lunchtime \$700 plus 5% GST)

9am-9:30am K's & G1 combined (30 minute workshop)

9:40am-10:20am G2's & 3's combined (40 minute workshop)

10:45am-11:45am G4's & 5's combined (60 minute workshop) OR

**Option 2:** Full day where we teach the kids by grade, so smaller groups, This is a much more hectic teaching schedule for the facilitator but doable and allows for smaller more intimate groups. (Cost is \$850 plus 5% GST = **\$892.50**)

9:00am-9:40am G1's

9:45am-10:25am G3's

10:40am-11:40am G5's

11:40am-12:10pm K's

1pm-1:40pm G2's

1:45pm-2:45pm G4's

As your school is small, it might be Ok to combine the grades. Up to you. It depends on whether you think it would be more worthwhile for them to have smaller more intimate groups (which is always nice) and if teachers/Admin are OK to use the whole day.

**Option 3:** EVENING SESSION FOR PARENTS, AND AFTERSCHOOL OR EVENING SESSION FOR STUDENTS

PART I: PARENT'S SESSION (90 minutes, 6:30pm-8:00pm)

PART II: CHILDREN'S SESSIONS

Primaries (45 minutes)

Intermediates (60 minutes)

These sessions can be held afterschool (3:00pm-3:40pm for primaries, 3:45pm-4:45pm for intermediates) or in an evening (6:30pm-7:15pm for primaries, 7:30pm-8:30pm for intermediates). Parent attendance required.

COST: \$750 + gst (\$350 plus gst for parent session, \$400 plus gst for afternoon/evening sessions with students). Travel fee may apply.

## Sample Program Content from Saleema Noon's website

THIS IS FROM SALEEMA NOON'S WEBSITE AND IS PROVIDED HERE TO ILLUSTRATE THE PROGRAM CONTENT FOR VARIOUS GRADES.

### *PART I: PARENTS' SESSION (90 minutes, 6:30pm-8:00pm)*

- Reasons why we need to talk to children about sexual health at a young age
- 5 stages of sexual development children progress through on their way to becoming sexually mature adults
- What children should know at each stage, with specific examples of ways to explain body parts and processes
- How to provide information to children in a way they will understand and remember (and minimize embarrassment for the parent!)
- How to effectively answer the questions children ask
- How to reduce risk of child sexual abuse
- What will be covered in Body Science sessions for students

Time for open discussion and questions will be included, and we will bring a display of books and other resources.

### *PART II: CHILDREN'S SESSIONS DURING SCHOOL DAY*

Sessions presented in assembly format, two grades at a time.

#### *Kindergarten and Grade 1 sessions (30 minutes)*

- Scientific words related to sexual health
- That reproduction usually happens when a man's sperm joins a woman's ovum by sexual intercourse, but that there are many different ways that families are formed. All families are unique.
- That they have ownership of their bodies
- That the baby grows in the uterus (not the stomach)
- That the baby is usually born through the vagina
- Not to pick up condoms or needles

#### *Grades 2 and 3 sessions (40 minutes)*

Everything previous grades have learned plus:

- The basics about menstruation and nocturnal emissions (wet dreams) as clean and healthy processes

#### *Grades 4 and 5 sessions (60 minutes)*

Everything previous grades have learned plus:

- All about physical and emotional changes at puberty
- The responsibilities that come with the decision to be in a sexual relationship
- Basic information about sexually transmitted infections (STIs)

**Addendum B: Falcon Merchandise Supplier**

**MERCHANDISING INFO**

PAGE 1 – GENERAL OVERALL INFO

1. RICHARD JACKSON – **GUILDED GEAR**
  - ONLY DOES VINYL - I DON'T SUGGEST WE DO ONLY VINYL

**2. SAGE WEAR – NEW WESTMINSTER**

BUD – 604-522-6048

- CAN DO BOTH SILKSCREENING AND EMBROIDERING

**3. X-TREME THREADS – POCO**

604-464-9990

**4. PRO-STOCK – BURNABY**

AL MCKAY- 604-291-8676 - 4482 Juneau Street, Burnaby

**5. – IM PRINT PROMO**

MERCHANDISING INFO											
COMPANY	SET UP FEE - INITIAL	REPEAT SET UP FEE	MIN ORDER	T-SHIRT ADULTS	T-SHIRTS YOUTH	PULL OVER HOODIES ADULT	PULLOVER HOODIES YOUTH	FULL ZIP HOODIES ADULT	FULL ZIP HOODIES YOUTH	SWEATPANTS ADULT	SWEATPANTS YOUTH
<b><u>SAGE WEAR</u></b>											
SILK SCREENING	\$50.00	N/A	36	\$14.50	\$13.50	\$29.00	\$27.50	\$32.00	\$30.00		
EMBROIDERED	\$65.00	N/A	36	\$12.00	\$11.00	\$27.50	\$26.00	\$31.00	\$29.00	\$23.00	\$21.00
<b><u>X-TREME THREADS</u></b>											
SILK SCREENING	70	60	12		\$15.00	\$30.00	\$25.00				
EMBROIDERED	112	N/A	12		\$18.00						\$20.00
<b><u>PRO STOCK</u></b>											
SILK SCREENING	INC	INC	24		\$12.90		\$26.80				
EMBROIDERED											
<b><u>IM PRINT PROMO</u></b>											
SILK SCREENING	140		12								

## **#2 – SAGE WEAR – Pricing and products**

**My prices below will be all inclusive (garment, decorating, tax and delivery)** unless I have noted something.

Before I start, White sweat pants and white youth full zip hoods are not available. So offering them for sale could create a problem for you.

PRINTED PRICES: I see this as a four colour print, blue, black, white and gold. Because you want to offer black (dark) garments, you will need to outline the black circle and letters as well as the head of the bird. We would also lay a bed of white to print the blue bird on. Without doing this the blue will get sucked into the black fabric and give you a dirty blue, not what you want

**There is a one-time only charge of \$50.00** to create the art that can be used in silk screening.

Based on an order of 36 or more units

- T-shirts \$14.50 for adults sizes and \$13.50 for youth sizes - full front design
- Pull over hoodies \$29.00 for adults and \$27.50 for youth sizes – full back design
- Full zip hoodies \$32.00 for adults and \$30.00 each – full back design

SEWN logo Left chest or left leg size **A one-time digitization charge of \$65.00**

- T-shirt with sewn left chest logo \$12.00 each for Adults and \$11.00 for youth sizes
- pull over hoodies with embroidered logo to left chest Adult \$27.50 ea and youth sizes \$26.00 ea.
- Full zip hoodies with embroidered crest to left chest \$31.00 ea for Adult and \$29.00 ea. for youth sizes.
- Sweat pants with embroidered logo to the left leg \$23.00 for adults sizes and \$21.00 for youth sizes.

Remember when comparing supplies, my price are all inclusive.

Further notes from my conversation with him...

- Can get straight leg bottom for the sweatpant
- Approximately \$40 – 50 to get logo into a Vector file

- Will provide me full set of samples sizes to try on
- Can do up sample of our logo – but only an embroidered samples

**SAGE WEAR** CONTINUED

*Easy Ordering Steps ... see back cover*

\*\*\* 2017 PRICE LIST (INCLUDES ALL TAXES) \*\*\*

2 colour print (Price includes signed grad design, left chest is additional)	Quantity	Price		
<b>HOODIE - #PH1</b> (Colours with <u>underline</u> not available in youth sizes) COLOURS: BLACK, NAVY, FOREST GREEN, IRISH GREEN, RED, NEON ORANGE, NEON PINK, NEON GREEN, ROYAL BLUE, PURPLE, MAROON, SPORT GREY, DARK HEATHER AND WHITE 			<b>Colours</b>	
	15 - 35	\$25.75		
	36 - 59	\$22.75		
	60 +	\$21.75		
<b>ZIP HOODIE - #ZH2</b> (Colours with <u>underline</u> not available in youth sizes) COLOURS: BLACK, NAVY, FOREST GREEN, RED, ROYAL BLUE, PURPLE, IRISH GREEN, NEON ORANGE, NEON GREEN, SPORT GREY and WHITE 			<b>Colours</b>	
	15 - 35	\$29.50		
	36 - 59	\$26.50		
	60 +	\$25.50		
<b>T-SHIRTS</b> OVER 50 COLOURS! 				
	15 - 35	\$12.75		
	36 - 59	\$10.75		
		\$9.75		
<b>SWEATPANTS DESIGN</b> COLOURS: BLACK, NAVY AND GREY 				
	12 - 35	\$17.75		
	36 +	\$16.25		
<b>LEFT CHEST DESIGNS - available for all back designs</b> 				
	15 - 35	\$4.50		
	36 - 59	\$3.75		
	60 +	\$3.00		



BACK BUT DESI

**SAGE TEAM WEAR**

Phone: 604-522-6048 • Fax: 604-522-6433 • email: bud@sagewear.com • website: sagewear.com

### **#3 – X-TREME THREADS - Pricing and products**

1. Embroidery, a digitized logo will need to be developed in order to embroider the logo onto the garment, **this set up usually ranges from \$50.00 to \$70.00** , based on stitch count and size of logo.

2. Screening, there is a set up fee for screening, based on colours, each colour is \$28.00  
4 colours = **\$112.00 INITIAL screen set up**, once this is set up the first time, it is on file for a **future order**, there is then a \$15.00 per colour set up on repeat screen orders. = **\$60.00**

all orders have **minimum runs of 12**

12 items required to do a screen print , a shirt and a hoodie would be using same screen.

12 items required to do an embroidered logo.

#### **1. Gildan Cotton Shirts , - SEE INFO BELOW FOR YOUTH INFO**

**12 to 200 units.**

**\$15.00 per shirt. 4 colour print , front middle chest.**

**Embroidery**

**\$15 to \$18.00 estimate**

#### **2. Gildan Hoodies – 2 OPTIONS PROVIDED – SEE BELOW**

**12 to 100 units**

**\$25.00 youth hoodie**

**\$30.00 adult hoodie**

**100 + units.**

**\$22.00 youth hoodie**

**\$27.00 adult hoodie**

**both include logo screened front middle**

#### **3. Gildan Sweat pants – NO PICTURE PROVIDED, JUST SIZING**

**12 to 100 units.**

**\$20.00 each**

**100 + units**

**\$18.00 each**

**- embroidered logo would work best on the left upper leg, as the screen used on front middle of shirts, would be to big.**

also would be taxes on top of these prices.

orders take about 12 to 15 business days.

#3 – X-TREME THREADS CONTINUED



Product Smart Sheet



Comparable styles:

- 240B – Ultra Cotton® Long Sleeve Youth T-Shirt
- 2800 – Ultra Cotton® Jersey Sport Shirt
- 3800 – Ultra Cotton® Pique Sport Shirt
- 0220 – Ultra Cotton® Tank Top
- 2000 – Ultra Cotton® T-Shirt
- 2300 – Ultra Cotton® Pocket T-Shirt
- 200P – Ultra Cotton® Toddler T-Shirt
- 2400 – Ultra Cotton® Long Sleeve T-Shirt
- 2700 – Ultra Cotton® Sleeveless T-Shirt



200B

Gildan®  
**Ultra Cotton®**  
Youth T-Shirt

**Product Features:**

- 10-oz, 100% cotton preshrunk jersey knit
- 3/4" rib knit collar
- Taped neck and shoulders
- Quarter-turned
- \* 99/1 cotton/poly
- \*\* 90/10 cotton/poly
- \*\*\* ANSI/ISEA 107 High Visibility Standard Compliant
- Safety Green/Safety Orange - 50/50 cotton/poly

Youth sizes XS (2-4), S (6-8), M (10-12)  
L (14-16), XL (18-20)

**Fabric Details**



**Available Colours and PMS Colours**

Textile fabric colours are subject to dye lot variation and will not be exact match to print pantone reference

NEUTRALS		HEATHERS	
N/A		N/A	
WHITE		**SPORT GREY	
*ASH		N/A	
N/A		N/A	
COLOURS		***SAFETY ORANGE	
CHARCOAL 425C	DAISY 122C	RED 199C	MAROON 222C
Black6C	137C	1945C	217C
BLACK	GOLD	CARDINAL RED	ORANGE
HELICONIA 226C NEW	KELLY GREEN 3278C	LIGHT BLUE 277C	ROYAL 293C
N/A	IRISH GREEN 347C	307C	PURPLE 2685C
***SAFETY GREEN	LIME 7488C	FOREST GREEN 567C	N/A
		SAPPHIRE 307C	INDIGO BLUE
			NAVY 539C

## 200B - Gildan® Ultra Cotton™ Youth T-Shirt

### **GARMENT MEASUREMENTS**

Size	XS (2-4)	S (6-8)	M (10-12)	L (14-16)	XL (18-20)
Chest - Half Measure	16"	17"	18"	19"	20"
Chest - Full Measure	32"	34"	36"	38"	40"
Body Length from HPS	20 1/2"	22"	23 1/2"	25"	26 1/2"
Sleeve Length-CB	13 1/2"	14 1/2"	15 1/2"	16 1/2"	17 1/2"

*Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.*

### **YOUTH General Sizing Guide**

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-35"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

### **#3 – X-TREME THREADS CONTINUED**



## Heavy Blend™ Hooded Youth Sweatshirt



### 185B

#### Product Features:

- 14-oz, 50/50 cotton/polyester preshrunk fleece
- Air jet spun yarn for a softer feel and reduced pilling
- Rib knit cuffs and waistband
- Quarter-turned
- No drawstring

#### Youth sizes:

XS(2-4), S(6-8), M(10-12), L(14-16), XL(18-20)

#### Fabric Features:



#### Available Colours and PMS Colours

Tie-die fabric colours are subject to dye lot variation and will not be exact match to print pantone reference.



### 185B - GILDAN® Heavy Blend™ Hooded Youth Sweatshirt

#### GARMENT MEASUREMENTS

Size	XS	S	M	L	XL
Chest - Half Measure	16"	17"	18"	19"	20"
Chest - Full Measure	32"	34"	36"	38"	40"
Body Length from HPS	19 3/4"	21 1/4"	22 1/2"	24"	25 1/2"
Sleeve Length-CB	23 1/2"	26 1/2"	27 3/4"	30 1/4"	33"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

#### YOUTH General Sizing Guide

Size	XS	S	M	L	XL
Numeric Size	2-4	6-8	10-12	14-16	18-20
Chest	24"-26"	26"-28"	28"-30"	30"-32"	32"-36"
Waist	22 1/2"-23 1/2"	23"-24 1/2"	24 1/2"-25 1/2"	25 1/2"-27"	27"-29"
Sleeve Length-CB	24"-25"	25"-26"	26"-27 1/2"	27 1/2"-29"	29 1/2"-31"

### #3 – X-TREME THREADS CONTINUED



**1850**

**Product Features:**

- 14-oz, 50/50 cotton/polyester preshrunk fleece
- Air jet spun yarn for a softer feel and reduced pilling
- Rib knit cuffs and waistband
- Quarter-turned

Adult Sizes: S-5XL

**Icons/Fabric Features:**



**Available Colours and PMS Colours**

Table fabric colours are subject to dye lot variation and will not be exact match to print pantone reference



**1850 - GILDAN® Heavy Blend™ Hooded Sweatshirt**

GARMENT MEASUREMENTS								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest - Half Measure	20"	22"	24"	26"	28"	30"	32"	34"
Chest - Full Measure	40"	44"	48"	52"	56"	60"	64"	68"
Body Length from HPS	26"	27"	28"	29"	30"	31"	32"	33"
Sleeve Length-CB	33"	34"	35"	36"	37"	38"	39"	40"

Finished measurements in inches. Refer to "How to Measure" guide for detailed information on measurement instructions.

ADULT General Sizing Guide								
Size	S	M	L	XL	2XL	3XL	4XL	5XL
Chest	34"-36"	38"-40"	42"-44"	46"-48"	50"-52"	54"-56"	58"-59"	60"-61"
Waist	29"-32"	32"-35"	35"-38"	38"-41"	41"-44"	44"-47"	47"-50"	50"-53"
Sleeve Length-CB	32"-33 1/2"	34"-35"	35"-36"	36"-37"	37"-38"	38"-39"	38 1/2"-39"	39"-39 1/2"

SWEATPANTS – NO PICTURE/SPEC SHEET PROVIDED – HOWEVER SIZING WAS PROVIDED.

#### #4 – PRO-STOCK – pricing and products

We have an elementary school program that has been extremely successful and I can give you many references of schools that have been extremely happy with the program.

The prices that you will see on the order forms are determined by the school, so that they can generate revenue as a fund raiser. We simply give you the schools prices and mark them up on the order form as per your instructions.

We do the order form at no charge to the school. It would probably take a few meetings to finalize artwork etc.

Most schools go with a two colour silkscreened logos. I'm not sure that it's necessary to go three or four colours, but that can be discussed at a later date.

As a starting point I will forward you two and three colour cresting on the garment you requested.

Please add the cresting prices below which include art work and all set up charges to the cost of the garments to calculate your cost.

	TWO COLOUR LOGO	THREE COLOUR LOGO
24ea	6.95	9.30
36ea	5.25	6.95
72ea	3.80	4.95

Cresting prices above can be a combination of garments.

#### GARMENTS

	ADULT	YOUTH
WHITE T SHIRT	3.45	3.15
BLACK T SHIRT	3.85	3.60
GREY T SHIRT	3.65	3.60
HOODS	17.95	17.50

#4 – PRO-STOCK

SAMPLE OF ORDER FORM – THEY WILL PROVIDE THIS TO US AT NO EXTRA CHARGE.

# BLUERIDGE



**Heavyweight Hood**



**\$35.00**

**Gildan T-Shirt**



**\$15.00**

**Sweatpants**



**\$25.00**

**Mesh Shorts**



**\$22.00**

**PRO STOCK CONTINUED...**

SAMPLE OF ORDER FORM – THEY WILL PROVIDE THIS TO US AT NO EXTRA CHARGE.



Student's Name: \_\_\_\_\_

Student's Email: \_\_\_\_\_

Division/Teacher: \_\_\_\_\_

Deluxe Hood (Crested Full Front)										<b>\$ 35.00</b>
Colour	YS	YM	YL	YXL	Small	Medium	Large	XL	XXL	Taxes Included
Graphite										

T-Shirt (Crested Full Front)										<b>\$ 15.00</b>
Colour	YS	YM	YL	YXL	Small	Medium	Large	XL	XXL	Taxes Included
Graphite										

Sweatpant - Open Bottom (Crested Left Leg)										<b>\$ 25.00</b>
Colour	YS	YM	YL	YXL	Small	Medium	Large	XL	XXL	Taxes Included
Navy										

Mesh Short (Crested Left Leg)										<b>\$ 22.00</b>
Colour	YS	YM	YL	YXL	Small	Medium	Large	XL	XXL	Taxes Included
Navy										

**Please make cheques payable to BPAC**

## **#5 – IM PRINT PROMO**

The option to print this on multi color backgrounds will be expensive to change the colors for each color garment.

Best to have one color choice.

The logo as is four colors ,cost set up is \$35.00 per color or \$2.00 per garment based on 72 units.

To print 4 colors on Front chest is \$5.00 per garment , based on 72 units

The logo color scheme will need to be confirmed if you want the white in the circle? Or the garment color ?

We are wanting to get pricing on the following, : will need to confirm color of items as the darker colors are more expensive than white

1. T-shirt - short sleeve  
<http://www.sanmarcanada.com/cs/CatalogBrowser?id=157>
2. T-shirt - long sleeve  
<http://www.sanmarcanada.com/cs/CatalogBrowser?id=159>
3. Hoodie  
<http://www.sanmarcanada.com/cs/CatalogBrowser?id=387&parentId=125&catid=11>
4. Sweatpants  
<http://www.sanmarcanada.com/cs/CatalogBrowser?id=386&parentId=126&catid=111>

Some questions:

1. What is the min quantity per colour? 12 is the min to print logo per color.
2. We are likely interested in Black, Navy, Grey and White as our base. To be determined.
3. What are the pricing increments for bulk orders? The pricing is based on 36, 72, 144 units for printing
4. Are we able to reverse the colours of the logo depending on the colour of the garment? every color change for the logo to be printed will incur \$25.00 set up
5. What is the turnaround time from date of order? Once the order is placed is 2 weeks with approved artwork
6. What is the charge if we want you to tweak the logo? I will work with you for the logo changes

Will provide a proof , before production begins.

7. Are you willing to make us 'samples' so we can display them for taking orders?  
We can provide size samples with printed proofs of the logo as attached 2016