



Moody Middle Youth Club

Cooking

29601 Monday, Oct 17-Dec 5 3:10-4:25pm

29615 Wednesday, Oct 19-Dec 7 3:10-4:25pm

You will learn new skills in the kitchen, kitchen safety and make tasty recipes.

For youth
in grades
6-8

Fitness Infusion for Girls

29602 Thursday, Oct 20-Dec 8 3:10-4:25pm

Each week, you will engage in a new type of workout as well as discussions on healthy lifestyles and body positivity. Get ready to sweat and have fun!

Visit portmoody.ca/signmeup to register on
Thursday, Sep 29 at 8am