## PARENT EDUCATION WEBINARS SPRING 2021

## Promoting independence & responsibility: How to make your daily family routines easier involving your child(ren)



Tue, February 23, 2021 7:00 PM - 8:30 PM PST

Online Event

Tickets: \$20

**REGISTER HERE** 

Learn simple, easy to apply strategies to improve your family routines and organization and how to involve your child(ren) in daily tasks. In this parent education webinar, you will learn underlying challenges and simple solutions to solving your family chaos when it comes to getting through every day life tasks. Occupational Therapist & Holistic Sleep Coach Sarah Fenrich will be sharing her extensive experience and knowledge in helping children and their families be more functional in every day life, thus improving their quality of life.

## How to manage your child's challenging behaviors & teach emotion-regulation



Tue, March 23, 2021 7:00 PM - 8:30 PM PST

Online Event

Tickets: \$20

**REGISTER HERE** 

In this parent education webinar, experienced **Occupational Therapist & Holistic Sleep Coach** Sarah Fenrich will be sharing many **easy to apply strategies** to better cope with and prevent **difficult behaviors in children** while teaching them **emotion-regulation strategies** that they will benefit from for a lifetime.