

Hi to all my StrongStart families 😊 This will be my last newsletter before the summer break. Please watch the school district website www.sd43.bc.ca over the summer for updates about StrongStart. You can also email me anytime! ljang@sd43.bc.ca I hope you all have a wonderful summer spending time with family and friends while safely enjoying some favourite summer activities. With love, Miss Linda ❤️



Activity:

Find some materials inside your house or outside in nature to make a heart, like penguin does in the story. I made my heart using dandelions at the beach.



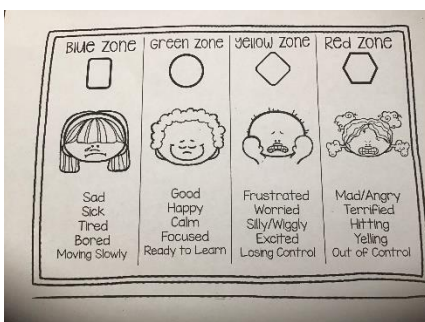
Click on the link to see
Miss Linda read a story:

[Penguin and Pinecone](#)

[The Very Busy Spider](#)

Activity:

Can you draw a spider web or make a spider web out of materials you have at home? Don't forget to add some bugs for the spider to eat 😊 See if you can find a spider's web the next time you go out for a walk.



My previous newsletter spoke to the importance of talking to children about their feelings and labelling their emotions. Many schools use this mood meter or a similar tool to help children identify how they are feeling in co-ordination with a colour zone. By having children articulate how they are feeling according to the mood meter (I'm in the red zone because I feel...) provides a shared language that helps create a supportive classroom community.