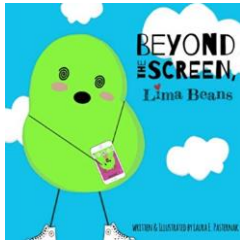


# DIGITAL CITIZENSHIP

## PICTURE BOOKS

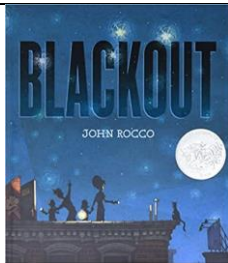


[Amazon](#) | [Chapters Indigo](#)

### **Beyond the Screen, Lima Beans: A Children's Book about Limiting Screen Time and Focusing on the Important Things in Life (The Secret Life of Beans) by Laura E. Pasternak (2020)**

These days it's easy for kids (and adults) to get distracted by technology like iPads, phones, video games, laptops, and more. **Beyond the Screen, Lima Beans** is a heartwarming children's book about limiting screen time and focusing on the important things in life. The *Lima Beans* are back in a bedtime story that playfully reminds us all there is more to life outside of a device! Through whimsical rhyme and cheerful illustrations, little ones will:

- ★ Learn mindfulness
- ★ Embrace talents and hobbies
- ★ Spend more quality time with family and friends
- ★ Understand the importance of limiting screen time
- ★ Be encouraged to focus on low tech activities



[Amazon](#)

### **Blackout by John Rocco - 2011)**

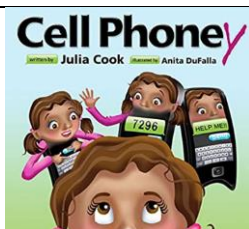
One hot summer night in the city, all the power goes out. The TV shuts off and a boy wails, "Momm!" His sister can no longer use the phone, Mom can't work on her computer, and Dad can't finish cooking dinner. What's a family to do? When they go up to the roof to escape the heat, they find the lights--in stars that can be seen for a change--and so many neighbors it's like a block party in the sky! On the street below, people are having just as much fun--talking, rollerblading, and eating ice cream before it melts. The boy and his family enjoy being not so busy for once. They even have time to play a board game together. When the electricity is restored, everything can go back to normal . . . but not everyone likes normal. The boy switches off the lights, and out comes the board game again.



[Amazon](#)

### **But It's Just a Game by Julia Cook by Julia Cook (2013)**

This creative story book teaches both kids and adults how to switch out their game controller for a "life controller." Video gaming is becoming a part of our culture, and we must be strategic in creating a healthy gaming balance.

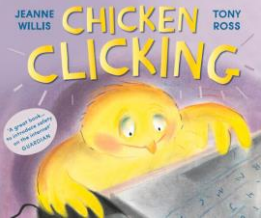
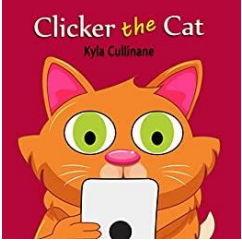
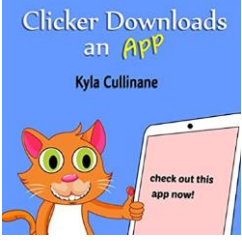

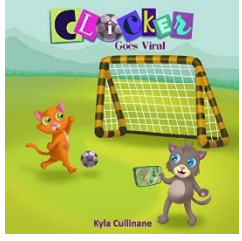


[Amazon](#)

### **Cell Phoney by Julia Cook (2012)**

After much anticipation, Joanie Maloney finally gets her very own cell phone! Knowing that owning a cell phone requires responsibility and sound judgment, Joanie's mom requires her to complete a Cell Phone Safety Course. Mom, it's a phone... it's not a weapon! Joanie exclaims. Along with Joanie, children will **learn the six rules of cell phone usage which are designed not only to keep them safe, but also to keep them from being tempted to hurt others.** By knowing the rules, children can become masters of their cell phones and avoid becoming a Cell Phoney.

# DIGITAL CITIZENSHIP

 <p><a href="#">Amazon</a>   <a href="#">Chapters Indigo</a></p>	<p><b>Chicken Clicking by Jeanne Willis (2014)</b></p> <p>A hilarious and timely story about the perils of the internet for young children. One night Chick hopped into the farmer's house and had a little browse on his computer. Soon she's brought a funny teapot, a frilly blouse, scooters for the sheep and a car for the cows. She just can't stop clicking! She meets a friend online and off she goes to meet him (without telling Mum or Dad). But the friend she thought she'd met turns out to be a fox . This is the perfect book for teaching children how to stay safe online.</p>
 <p><a href="#">Amazon</a></p>	<p><b>Clicker the Cat: Online Children's Book about Internet Safety (Book 1) by Kyla Cullinane (2018)</b></p> <p>Appropriate for ages 6-8 and Preschool. This book series reaches kids at their level with a fun, engaging and educational story about balancing screen time with outside play. Clicker the Cat carries his tablet everywhere he goes. He'll play for hours and doesn't know when to quit. That is until his friend, Digi the dog, comes along. Follow Clicker as he learns to balance his screen time with outside play. It's a valuable lesson for any child growing up in this digital age!</p>
 <p><a href="#">Amazon</a></p>	<p><b>Clicker Downloads An App (Book 2) by Kyla Cullinane (2018)</b></p> <p>One day, Clicker downloads an app without permission. You won't believe what happens next! Follow Clicker as he learns valuable lessons about managing his screen time, picking better passwords, and choosing age-appropriate apps.</p>
 <p><a href="#">Amazon</a></p>	<p><b>Clicker the Internet Detective (Book 3) by Kyla Cullinane</b></p> <p>A fun and educational series about limiting screen time. In his third adventure, Clicker the Cat decides to search the Internet and you won't believe what happens next! Kids will laugh their way through Clicker's online adventures as they learn how to safely search and navigate this digital world. "I want to know if butterflies fart in their sleep," Clicker said. And he had to know NOW. He couldn't wait anymore Wouldn't the Internet tell him how? Follow Clicker as he learns a safe way to search the Internet by using appropriate kid's search sites, ignoring the sponsored links and carefully typing in terms, with his parents' permission. Clicker the Cat is an award-nominated series helping parents teach their kids about managing screen time and creating good electronic behaviors.</p>
 <p><a href="#">Amazon</a></p>	<p><b>Clicker Goes Viral (Book 4) by Kyla Cullinane (2018)</b></p> <p>In this 4th Clicker the Cat book, Clicker is determined to be an online soccer star. He usually shares his videos but one day one of them goes viral, without his permission. Clicker doesn't like it; no, he doesn't like it at all! That video would be there today. And tomorrow. And the day after. Videos, posts, and comments never go away. Clicker didn't appreciate the laughter. Clicker learns a valuable lesson and teaches his friends the same: be kind! What goes online stays there forever.</p>

# DIGITAL CITIZENSHIP



## **Clicker the Cat Meets A Troll: Helping Parents Teach Kids How To Balance Their Screen Time and Behave Nicely Online (Book 5) by Kyla Cullinane (2019)**

Educational book series to help parents teach their kids how to **balance their screen time** and behave nicely online! Screens are everywhere and we need to teach our kids how to use them wisely. Banish the guesswork and guilt about screens by introducing young kids to Clicker the Cat. This is the fifth book in the Clicker the Cat, Healthy Tech Habits for Kids series. In this book, Clicker learns how to defeat cyberbullies who post mean comments on his online video. It is written for kids ages 3-8.



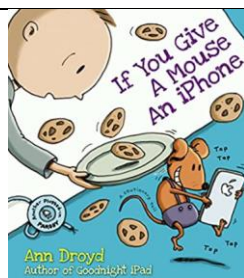
## **Good Night IPAD: a Parody for the next generation by Ann Droyd (2011)**

In a bright buzzing room, in the glow of the moon-and iPhones and Androids and Blackberries too-it is time to say goodnight... Modern life is abuzz. There are huge LCD WiFi HD TVs and Facebook requests and thumbs tapping texts and new viral clips of cats doing flips. Wouldn't it be nice to say goodnight to all that? Like the rest of us who cannot resist just a few more scrolls and clicks, you may find yourself ready for bed while still clinging to your electronics long after dark. This book, which is made of paper, is a reminder for the child in all of us to power down at the end of the day.



## **Good Pictures, Bad Pictures by Kristen A Jensen (2017)**

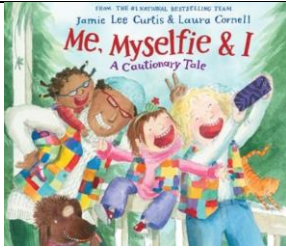
Appropriate for ages **3 to 6**. Using gentle, age-appropriate messages, children will learn to **Turn, Run & Tell** when they are accidentally exposed to inappropriate content. Written by best-selling author Kristen A. Jensen of the original Good Pictures Bad Pictures book, the Jr. version is a comfortable, effective way for proactive parents to empower their young kids with their **first internal filter!**



## **If You Give A Mouse an Iphone by Ann Droyd (2014)**

The parody of If You Give a Mouse a Cookie that every parent will relate to. If you give in to temptation and give a bored little mouse your iPhone, even for ten minutes, he's probably going to beam to some faraway place beyond time, space, and the sound of your pleading voice. And if he's that far gone, he won't have any idea what's going on around him, and he might end up missing out on all the real fun.

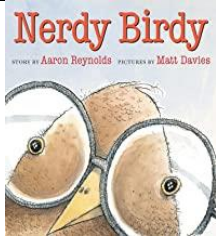
# DIGITAL CITIZENSHIP



[Amazon](#) | [Chapters Indigo](#)

## **Me, Myselfie & I by Jamie Lee Curtis (2018)**

In a world obsessed with self-documentation comes a tale in that shows us with humor and love that the best things happen while the smartphone is turned off. For Mom's birthday, her kids are excited to teach her how to take selfies with her new smartphone. At first, it's lots of fun for the whole family. Soon, driven to take the perfect selfie, Mom begins to document everything, from ski team practice to dance class, and even photo-bombing someone's wedding-until her daughter reminds her that maybe this smartphone wasn't the best gift after all.

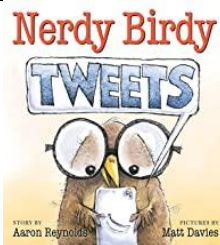


[Amazon](#) | [Chapters Indigo](#)

## **Nerdy Birdy by Aaron Reynolds (2015)**

Nerdy Birdy likes reading, video games, and reading about video games, which immediately disqualifies him for membership in the cool crowd. One thing is clear: being a nerdy birdy is a lonely lifestyle. When he's at his lowest point, Nerdy Birdy meets a flock just like him. He has friends and discovers that there are far more nerdy birdies than cool birdies in the sky.

Nerdy Bird YouTube – <https://www.youtube.com/watch?v=dwHuyt2JfYE>



[Amazon](#) | [Chapters Indigo](#)

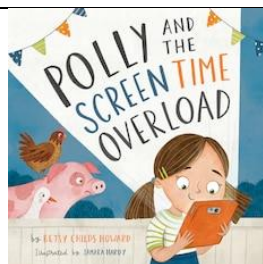
**[Nerdy Birdy Tweets \(Aaron Reynolds - 2017\)](#)** - Nerdy Birdy and his best friend, Vulture, are very different. Nerdy Birdy loves video games, but Vulture finds them BORING. Vulture loves snacking on dead things, but Nerdy Birdy finds that GROSS. Luckily, you don't have to agree on everything to still be friends. One day, Nerdy Birdy joins Tweetster, and the friend requests start flying in. Vulture watches as Nerdy Birdy gets swept up in his new friendships, but when she finally gets angry, Nerdy Birdy knows just what to do to make things right. Nerdy Bird Tweets YouTube – [click here](#)



[Amazon](#)

## **Once Upon a Time ONLINE by David Bedford (2016)**

"Once upon a time, a laptop arrived in Fairy-tale Land. Join Jack and his friends as they discover the ups and downs of going online!"



[Amazon](#) | [Chapters Indigo](#)

## **Polly and the Screen Time Overload by Betsy Childs Howard (2022)**

Polly loves visiting her grandparents on their farm every year. She looks forward to seeing the animals, helping out in the barn, and playing with her cousins. That's until she gets a new tablet as a present. Suddenly, she spends all day inside playing games and watching cartoons. Staring at her tablet screen, Polly risks missing out on all the family fun happening around her on the farm. With easy-to-understand language and engaging illustrations, Polly's story will help families start an ongoing conversation about self-control and how to enjoy technology within boundaries.

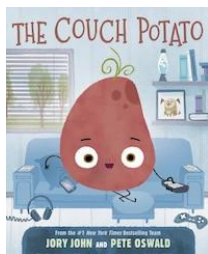
# DIGITAL CITIZENSHIP



[Amazon](#) | [Chapters Indigo](#)

## **Screen Time Is Not Forever by Elizabeth Verdick (2021)**

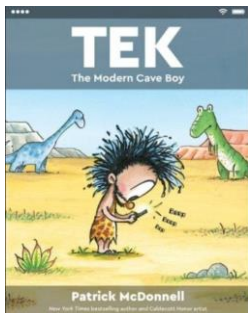
**Children learn boundaries and safety when using screens, and fun things to do when screens are off.** As important as screens are in our lives, we all need to unplug, especially children. This reassuring picture book offers children and families a starting point for limiting screen time and making the most of the time you have with your screens and without. While screens can be helpful and fun, they are not intended for use all the time. With straightforward suggestions, children will learn valuable information about online safety, setting healthy screen-time boundaries, and the importance of screen-free time. With a mix of empathy and encouragement, the author offers appealing and healthy alternatives to using screens, as well as ways to stay safe and happy when online.



[Amazon](#) | [Chapters Indigo](#)

## **The Couch Potato by Jory John (2020)**

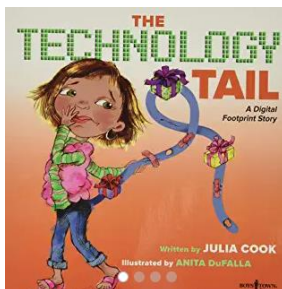
The Couch Potato has everything within reach and doesn't have to move from the sunken couch cushion. But when the electricity goes out, Couch Potato is forced to peel away from the comforts of the living room and venture outside. Could fresh air and sunshine possibly be better than the views on screen? Readers of all ages will laugh along as their new best spuddy learns that balancing screen time and playtime is the root to true happiness. You Tube - The Couch Potato (read by author) – [click here](#)



[Amazon](#) | [Chapters Indigo](#)

## **Tek: The Modern Cave Boy by Patrick McDonnell – (2016)**

Is it a book...or an electronic tablet? A timely tale in a tablet-shaped package that's perfect for today's legions of device-obsessed, digital-savvy children. Here is a hilarious (and heartfelt) reminder of how technology can take us backward...all the way to the times of prehistoric man! Tek is a cave boy in love with tech: his tablet, videogames, phone, and TV keep him deep in his cave, glued to his devices, day in and day out. He never sees his friends or family anymore--and his ability to communicate has devolved to just one word: "UGH!" Can anyone in the village convince Tek to unplug and come outside into the big, beautiful world? A distinctive, digitally-inspired package and design cleverly evokes the experience of using an electronic device that eventually shuts down...and after a magic page turn, Tek reconnects with the real world.

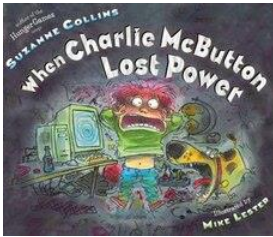


[Amazon](#)

## **The Technology Tail by Julia Cook (2017)**

Don't be mean and irresponsible! That's the straight-to-the-point advice "Screen" has for young readers who are active on social media. Whether tapping out messages on their computers, tablets or phones, "Screen" wants all kids to know everything you post is attached to you for life, treating a digital trail that can't be erased. The Technology Tail delivers a timeless message to a new generation just learning how to navigate the fast-changing digital age. Written for children in grades 1-6, this storybook uses rhymes and colourful illustrations to grab their attention. There are also tips for parents and teachers who want to reinforce online safety, kindness, and respect in a digital world.

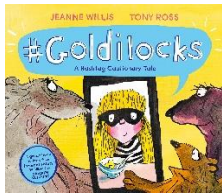
# DIGITAL CITIZENSHIP



[Amazon](#) | [Chapters Indigo](#)

## **When Charlie McButton Lost Power by Suzanne Collins (2007)**

Charlie McButton likes computer games so much, he never plays with anything else. When a thunderstorm knocks out the electricity, his tech empire comes tumbling down, and his whole world loses power. Charlie needs batteries—FAST! But the only triple- A's he can find are in his little sister's talking doll. Will he resort to desperate measures and cause his sister to have a meltdown of her own? Or will he snap out of his computer craze long enough to realize his sister might be fun, even if she doesn't come with batteries? Collins and Lester team up for a hilarious and timely tale that will crack up young computer addicts and those who love them!



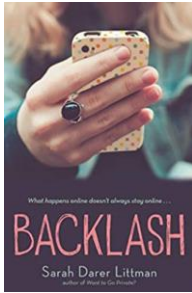
[Amazon](#)

## **#Goldilocks: A Hashtag Cautionary Tale (Online Safety Picture Books) by Jeanne Willis (2020)**

Everyone loves Goldilocks' hilarious online videos, but in her quest to get more likes, more laughs and more hits, she tries something a little more daring: stealing porridge #pipinghot, breaking chairs #fun, and using someone else's bed #sleep. What will Daddy Bear do when he sees that online? A hilarious cautionary tale for a new generation of internet-users.

# DIGITAL CITIZENSHIP

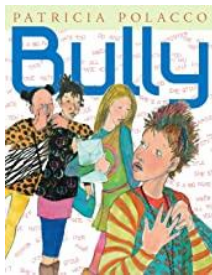
## YOUTH TITLES



[Amazon](#) | [Chapters Indigo](#)

### **Backlash by Sarah Darer (2015)**

In critically acclaimed author Sarah Darer Littman's gripping new novel what happens online doesn't always stay online . . . Lara just got told off on Facebook. She thought that Christian liked her, that he was finally going to ask her to his school's homecoming dance. It's been a long time since Lara's felt this bad, this depressed. She's worked really hard since starting high school to be happy and make new friends. Bree used to be BBFs with overweight, depressed Lara in middle school, but constantly listening to Lara's problems got to be too much. Bree's secretly glad that Christian's pointed out Lara's flaws to the world. Lara's not nearly as great as everyone thinks. After weeks of talking online, Lara thought she knew Christian, so what's with this sudden change? And where does he get off saying horrible things on her wall? Even worse - are they true? But no one realized just how far Christian's harsh comments would push Lara. Not even Bree. As online life collides with real life, the truth starts to come together and the backlash is even more devastating than anyone could have imagined.



[Amazon](#) | [Chapters Indigo](#)

### **Bully by Patricia Polacco (2012)**

Read aloud book about cyberbullying  
Lyla finds a great friend in Jamie on her first day of school, but when Lyla makes the cheerleading squad and a clique of popular girls invites her to join them, Jamie is left behind. Lyla knows bullying when she sees it, though, and when she sees the girls viciously teasing classmates on Facebook, including Jamie, she is smart enough to get out. But no one dumps these girls, and now they're out for revenge.



[Amazon.ca](#) | [Chapters Indigo](#)

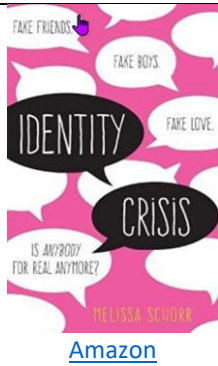
### **Click: A Story of Cyberbullying (2018) by Alexandra Philips**

Click is the heroic story of a young girl who was terrorized by schoolmates with merciless online harassment and her brave effort to overcome her tormentors. Her powerful, compelling story is told in brilliant graphic novel form. Lexi's story of cyberbullying is a shocking depiction of young teenager's torment in the newfound world of online harassment. Lexi, from Northridge, California, is ganged up on by a few girls over a misunderstanding on the schoolyard. The incident escalates on social media, local chat boards, and gossip sites. Forced to change schools, Lexi gets her karmic revenge when she returns to her old school for a Winter Formal. In a gesture of pure bravery, Lexi turns the tables on the "clique" by landing the boy at the dance and her picture in the yearbook.

### **Identity Crisis by Melissa Schoor (2016)**

Who does she think she is? Annalise's audacious freshman-year hookup with Cooper Franklin has a trio of friends thirsting for revenge. So they catfish Annalise by creating the perfect virtual guy, with Noelle playing along reluctantly only because her lifelong crush, Cooper, is in love with Annalise. As Annalise falls for it, even buying tickets for the concert of the year for her and her mythical new guy, Noelle feels more and more guilty. Then, the whole

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thing blows up and Annalise faces her betrayers. But when Annalise forgives, the reunited friends learn that adults--even famous adults--can be even more bogus than teenagers.



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