

My Interactions with the World Around Me



♡ What it Means for Me

I make sense of the world by having many experiences with different people, places, nature, and items. By spending time with me, you are giving me what I need to be strong, skilled, and successful. I am ready to learn from others and with others.

When adults pay attention to the interests of children, children get serious about learning. The more that adults listen to them, the more curious children become about their experiences. Because children enter the world wired to wonder and make sense of life, the adults in their lives can inspire and support their curiosity by noticing the things that attract their attention.

(Mackay, 2010)

Things I can do, or that I am starting to do, to the best of my abilities:

- I am curious and want to learn about our world
- I am meeting new people and making new friends
- I explore with my whole body and my senses
- I like to play inside and outside
- I can climb, run, jump, dance, twirl, and hide
- I can organize, count, sort, and measure things
- I use my imagination and try new ways of creating things



Here are some things that help me grow:

- Show me nature and take me on walks, play outside, and notice the seasons—I like to smell the flowers, feel the rain, touch the grass and roll in the snow
- Help me look up and learn about the sun, clouds, moon, and stars
- Introduce me to new people, places, and materials
- Make sure I have lots of time and space to move my body every day
- Explore parks and playgrounds, including my future school
- Encourage me to play dress-up, pretend, paint, or play with playdough
- Help me use my imagination to play with things like buttons, boxes, sticks, pebbles, and blankets
- Play with me as I solve puzzles, build, and make things
- Show me patterns and ways to collect and sort different objects
- Experiment with me in nature using water, dirt, sand, and stones
- Ask me questions about my ideas and what I'm thinking and doing

