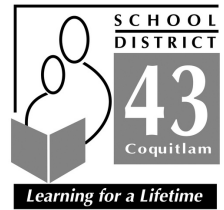


# SD43 FAMILY AND COMMUNITY LEARNING SERIES 2024



This session will focus on empowering our youth with Sexual Health Education and is part of our ongoing commitment to the Family and Community Learning Series that is designed to engage parents and caregivers in the educational journey of their children.

**OPTIONS** FOR SEXUAL HEALTH



**Shaunna Martin**

Well-being &  
Positive Mental Health  
Coordinator, SD43



**Kristen Gilbert**  
Key Presenter

Director of Education and Certified  
Sexual Health Educator,  
Options for Sexual Health



**Leah Lyth**

Healthy Schools  
Public Health Nurse,  
Fraser Health

FCLS # 2

***Keeping Students Safe Through Sexual Health Education***  
***Wednesday, February 28, 2024 | 6:30 pm - 8:00 pm | Microsoft Teams***

Sexual Health Education is essential for all students. It is important for our youth to learn the skills needed to navigate healthy relationships and understand their own bodies. Education helps them evaluate the information they receive from different sources (online, peers) and helps support them to make informed decisions.

This session will address the “why” of sexual health education and provide an overview of what is covered in schools. Resources and helpful tools will be available to help continue the conversation and learning at home.

***Pre-registration is required to attend this session. A JOIN LINK for the Virtual Session on TEAMS LIVE will be sent to your email address closer to the date of the event.***

**REGISTER NOW!**

**[Click here to register or visit:  
www.sd43.bc.ca/familyseries](http://www.sd43.bc.ca/familyseries)**

