



Absences

We need your help!

With the high number of absences recently, we are looking for ways to streamline processes.

In order to help make things more efficient for our office, we are asking for you to use the Absence Report found on the Westwood website under

“Quick Links” at: [Westwood Elementary](#).

Thanks in advance for
your help with this!

Winter Safety Reminders

This month staff and students have been adjusting to the cold weather. Please be sure to ensure your children are dressed for the weather, we are enjoying outside play!

Also, in order to help keep everyone safe, students are asked to play with the snow, and to keep it on the ground! We encourage snow angels and snowmen, but need to refrain from snowballs 😊

Enjoy the wintery weather!

The Douglas College Spring Break Camps for children and youth aged 6-14 open for registration starting February 10th at 12pm.

Get ready to sign up your kids for some awesome programs that are running weekdays March 17th-28th. Whether your child is into sports, coding, art, writing, or leadership, our programs are designed so your kids have fun learning new skills while making friends.. Keep your kids active, engaged, well-fed, and having a ton of fun this spring break!

To review Spring Break Camp offerings and to register after Feb. 10 at 12pm, you can use this [link](#) which provides information on the activities and their locations, as well as the dates and times for each session. If you have any questions, please contact us at 604-527-5680 or youthcamps@douglascollege.ca.


Calendar Dates

- February 11 – PAC Hot Lunch – Panago
 - February 11 – PAC Meeting
- February 17 – Family Day – School not in Session

École Westwood Elementary PAC

- Our next PAC meeting is February 11th at 7pm in the library and via MS Teams

PAC e-mail: westwoodpachub@gmail.com



FRIDAY
February 21, 2025

DOORS OPEN AT
6:00PM
MOVIE STARTS AT
6:30PM

WESTWOOD
ELEMENTARY
GYM


JOIN US FOR A
NIGHT OF FUN!
WEAR YOUR PJS & BRING
A BLANKET

PIZZA, POPCORN,
SNACKS & DRINKS
FOR PURCHASE

WESTWOOD
PAC
PRESENTS

RSVP ON
MUNCH-A-LUNCH
UNDER
FUNDRAISERS

INSIDE OUT 2



Volunteer
Sign Up

KidSport

So **ALL** Kids Can Play!

**Saturday
March 8**

10am–1pm

USED EQUIPMENT SALE

RIVERSIDE SECONDARY Admission by
2215 REEVE STREET donation or non-perishable
PORT COQUITLAM item to the **SHARE Food Bank**

SAVE on your family's sports equipment!

The KidSport Used Equipment Sale has everything from bikes and hockey gear to fitness equipment, wetsuits, and more!

equipment for **ALL** kids and adults!

Outfit a child for lacrosse or hockey, including helmet, stick, and/or skates for approximately \$100!

GIVE back! Donate your gently used* equipment

From *February 22* – *March 7*, donate your used equipment at the following locations:

- Port Moody Recreation Complex (main lobby)
- Poirier Sport & Leisure Complex (main lobby)
- Port Coquitlam Community Centre (lower arena lobby) www.kidsporttricitie.ca

*gently used equipment is:

- less than 6 years old
- in good condition
- wearable for league sports



Westwood Elementary

Creation Station

ACTIVITY #	DAY	DATES	TIME	PRICE
109056	W	April 9 - June 4	2:50 - 4:15 PM	\$120.00

No program May 14

Track Attack

ACTIVITY #	DAY	DATES	TIME	PRICE
109061	F	April 11 - June 6	2:50 - 4:15 PM	\$72.00

No program April 18, April 25 & May 16

Registration opens at 8:00 AM on Tuesday, February 25th online at www.portcoquitlam.ca/register or by phone at 604-927-7529.



portcoquitlam.ca/register

PORT COQUITLAM
RECREATION



Westwood Elementary

Creation Station

Bring your creativity and imagination! Children can create unique masterpieces, explore science concepts, and use their imagination in a fun, child-centered environment.

Program is for children Grades 1 - 5.

Track Attack

This program promotes the development of basic track skills through fun games and a variety of activities.

Program is for children Grades 1 - 5.



portcoquitlam.ca/register

PORT COQUITLAM
RECREATION



JOIN COQUITLAM MINOR ADANACS BOX LACROSSE!

WHAT IS BOX LACROSSE?

Box lacrosse is a **fast-paced, exciting indoor team sport** played in an arena with **six players per team** on the floor at a time. It combines the **speed of hockey**, and the **strategy of basketball**, making it an exhilarating and dynamic game!

The Coquitlam Minor Adanacs are a celebrated lacrosse club with a **rich history** in the community, dedicated to fostering skill development, teamwork, and a love for the game in **boys and girls of all ages and skill levels**.

WHY CHOOSE ADANAC LACROSSE?

FUN & EXCITING: Fast-paced gameplay keeps players engaged.
SKILL DEVELOPMENT: Improve coordination, teamwork, & strategic thinking.
COMMUNITY & CAMRADARIE: Become part of a supportive lacrosse family.
GREAT OPPORTUNITIES: Compete in tournaments and develop towards higher levels of play.

PROGRAM OVERVIEW

The Coquitlam Minor Adanacs offers programs for **boys and girls from ages 5-16**. Whether your child is new to lacrosse or has experience, we have a program for everyone!

AGE GROUPS FOR 2025 SEASON:

U7 (Mini-Tyke): Born in 2019 or 2020
U9 (Tyke): Born in 2017 or 2018
U11 (Novice): Born in 2015 or 2016
U13 (Peewee): Born in 2013 or 2014
U15 (Bantam): Born in 2011 or 2012
U17 (Midget): Born in 2009 or 2010

#ONETEAMONEDREAM



REGISTRATION IS NOW OPEN!

📅 **Season Starts:** April 2025
🌐 **Register:** www.coquitlamlacrosse.com
✉ **Email:** registrar@coquitlamlacrosse.com
👤 **Follow Us:** @CoquitlamAdanacs



Give your child the opportunity to learn, play, and grow in a fun and competitive environment. **REGISTER TODAY!**

Don't wait – sign up today and join the Adanacs Lacrosse family!

EQUIPMENT CHECKLIST

To participate in box lacrosse, players require the following equipment:

- **Helmet with Face Shield** (both items CSA or NOCSAE approved)
- **Mouth Guard**
- **Shoulder Pads**
- **Elbow Pads**
- **Lacrosse Gloves** (hockey gloves are okay)
- **Athletic Support** (boys must wear a "jock" with plastic cup and girls must wear a "jill")
- **Basketball-Type Court Shoes** (a pair reserved for indoor use only recommended)
- **Lacrosse Stick** (minimum of 34" in length)

- **TYKE (Ages 7-8, add to list on left)**
- **Back/kidney pads**
- **Upper arm pads and slash guards (optional)**
- **NOVICE (Ages 9-12, add to list on left)**
- **Upper arm pads and slash guards (mandatory)**
- **BANTAM & 16U (Ages 13-16, add to list on left)**
- **Lacrosse Stick** (Minimum of 40" in length)

EQUIPMENT SUPPLIED BY THE ASSOCIATION

Game jersey (loaned to players), Game shorts (yours to keep) & Goalie equipment, including stick, (with the exception of: helmet, gloves or mouth guard).

VISIT: www.coquitlamlacrosse.com EMAIL: registrar@coquitlamlacrosse.com