

RESOURCES FOR FAMILIES

FOOD

Share Family and Community Services
<https://sharesociety.ca/share-food-bank>

Trinity United Church
<https://ucpoco.ca/events/share-food-bank/2020-04-08>

CityReach Care Society
<https://www.cityreach.org/foodforfamilies>

TriCities Covid#19 Relief-Deliveries
Phone# 236-668-7463

Coquitlam - Food for Seniors
<https://www.coquitlam.ca/parks-recreation-and-culture/sport-and-recreation/recreation-centres/glen-pine-pavilion.aspx>

Senior Services
<http://www.bc211.ca/safe-seniors-strong-communities/>

MEDICAL

Medimap Virtual Care Walk-In Clinics
<https://medimap.ca>

Pocketpills
<https://www.pocketpills.com>

London Drugs Prescriptions
<https://pharmacy.londondrugs.com/PharmacyServices/Prescription-Delivery>

Babylon by Telus - Healthcare From Home
<https://www.telus.com/en/bc/health/personal/babylon>

HOUSING

BC Housing Rental Supplement
<https://bchousing.org/BCTRS>

TriCity Share Rent Bank
<https://sharesociety.ca/news/new-share-program-tri-cities-share-rent-bank>

FINANCES

B.C. is offering a one-time payment of \$1,000 for people who lost income. This is available only for British Columbians who receive federal employment insurance or the new federal emergency response benefit.

The application process for this payment, which will be sent out in May, is not yet available.

Apply for the new federal [emergency response benefit here](#) or [employment insurance here](#).

<https://www.telus.com/en/about/covid-19-updates>

<https://www.canada.ca/en/department-finance/economic-response-plan.html#individuals>

The following link is from the Ministry and has resources which are updated.

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support>