

Dear families of Seaview Strong Start,  
I miss you all very much.

If you are feeling isolated, I hope this newsletter will help to keep us connected, and offer some ideas and activities to do with your children. If you wish to contact me, my email is [ccarlson@sd43.bc.ca](mailto:ccarlson@sd43.bc.ca).

Please say "Hi, from Ms Cindy", to your children, so they know I think of them, and miss their friendly faces. Let's keep in touch. 😊

During this time at home you may be looking for some indoor activities to do with your child..  
It's a good time to collect clean recyclable materials, that can be used by creative and imaginative minds.

### **Suggestions of Recyclable materials for crafts**

Cardboard tubes- empty toilet rolls, paper towel rolls

Paper bags- any size

Card board - cereal boxes etc.. \*Tissue boxes

Ribbon, yarn, raffia, and string scraps. Twist ties, and bread tags

Bottle caps, frozen juice can lids. Corks. Felt and scrap material.



### **Plant an indoor Spring Garden**

#### **What you need:**

the top 2.5 cm of a carrot top.

A shallow dish

Water

#### **What you do:**

Place the carrot in the shallow dish and add water

Check the carrot every day to make sure the stump is wet.

Soon your carrot stump will have lovely lace leaves.

**\*\*For young scientists, you may want to start a daily log of what you observe.**

**Make a prediction of how long it will take to begin to sprout.**

**How tall will it grow?**

**Was your prediction correct?**

**Measure everyday.**

#### **Extensions:**

**Try transplanting it into a pot with some dirt.**

**Does it continue to grow?**

**What else can you predict will happen?**

Public Libraries:

Coquitlam - <https://www.coqlibrary.ca/the-library-from-home/>

Port Moody - <https://www.portmoodylibrary.ca/en/visit-us/library-from-your-living-room.aspx>

Port Coquitlam - <https://www.fvrl.bc.ca/kids.php>