## ELEMENTARY SCHOOL MEALS PROGRAM VEGETARIAN LUNCH ORDER FORM

| School Name:                    |           |       |
|---------------------------------|-----------|-------|
| Student's Name:                 |           | 3800  |
| Grade:                          |           | Y     |
| Division:                       |           | ( A P |
| Teacher:                        |           |       |
| Allergies / Religious Requests: |           |       |
| ☐ Fish Ok                       | □ No Fish |       |
| □ Other:                        |           |       |
| Payment Amount:                 |           |       |

## **VEGETARIAN MENU November 2023**

| MONDAY            | TUESDAY             | WEDNESDAY               | THURSDAY            | FRIDAY                 |
|-------------------|---------------------|-------------------------|---------------------|------------------------|
|                   |                     | 1                       | 2                   | 3                      |
|                   |                     | White Milk              | Juice               | Choc Milk              |
|                   |                     | Bagel & Cr Cheese & Jam | Hummus & Naan bread | Deluxe Cheese Sandwich |
|                   |                     | Cookie                  | Yogurt              | Chips                  |
|                   |                     | Fruit                   | Fruit               | Fruit                  |
| 6                 | 7                   | 8                       | 9                   | 10                     |
| Juice             | White Milk          | Juice                   | Choc Milk           |                        |
| Cucumber Sandwich | Cheese Sandwich     | Pizza Pretzel           | Greek Salad         | 9.0                    |
| Yogurt            | Granola bar         | Yogurt                  | Snack               |                        |
| Fruit             | Fruit               | Fruit                   | Fruit               |                        |
| 13                | 14                  | 15                      | 16                  | 17                     |
|                   | White Milk          | Juice                   | Choc Milk           | Juice                  |
| No School         | Hummus & Naan Bread | Cucumber Sandwich       | Veggie Wrap         | Deluxe Cheese Sandwich |
|                   | Cookie              | Yogurt                  | Granola Bar         | Yogurt                 |
|                   | Fruit               | Fruit                   | Fruit               | Fruit                  |
| 20                | 21                  | 22                      | 23                  | 24                     |
| White Milk        | Juice               | Choc Milk               | Juice               | White Milk             |
| Cheese Sandwich   | Jam Sandwich        | Pizza Wrap              | Cucumber Sandwich   | Pasta Salad            |
| Cookie            | Yogurt              | Snack                   | Yogurt              | Snack                  |
| Fruit             | Fruit               | Fruit                   | Fruit               | Fruit                  |
| 27                | 28                  | 29                      | 30                  |                        |
| Juice             | Choc Milk           | Juice                   | White Milk          |                        |
| Cucumber Sandwich | Hummus & Naan Bread | Begel & Cr Cheese & Jam | Jam Sandwich        |                        |
| Yogurt            | Snack               | Pudding                 | Snack               |                        |
| Fruit             | Fruit               | Fruit                   | Fruit               |                        |

ORDERS ARE DUE TO THE OFFICE BY 9:00 AM, Wednesday, October 10, 2023

November Lunches: 20 days @ \$6.00 = \$120.00 Please pay with your (KEV) School cash on-line account.

**PLEASE NOTE:** 

## THIS MENU IS GELATIN FREE

WE DO NOT GUARANTEE A NUT-FREE ENVIROMENT ALL OF OUR BREADS AND BAKED GOODS MAY

CONTAIN TRACES OF NUTS

MENU SUBJECT TO CHANGE BASED ON AVAILABITLY FROM SUPPLIERS