**​​​​​​​​**[**StrongStart BC SD43 Website**](https://www.sd43.bc.ca/school/moody/ProgramsServices/StrongStart/Pages/default.aspx#/=)

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| **STRONGSTART BC: SD43 COQUITLAM** |

We are excited to welcome families back to StrongStart this Fall. We strive to offer playful, child-centred experiences for families to enjoy in safe ways. Thank you for your continued understanding of new policies in order to keep everyone safe and healthy. We look forward to seeing you!

**Due to COVID-19, please note the following changes to support safe and healthy spaces:**

* Strict physical distancing is no longer required. However, centres will be utilizing available space to spread people out where possible.
* All families will complete a [[[daily health assessment](https://www.sd43.bc.ca/school/moody/ProgramsServices/StrongStart/Pages/default.aspx)](https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx)](https://www.sd43.bc.ca/school/seaview/ProgramsServices/StrongStart/Pages/default.aspx) and confirm attendance upon entering.
* A small individually packaged snack will be provided during each session. If you have dietary needs, please be prepared to provide your own snack.
* Masks are no longer mandatory for adults. \*However, if you so wish, you are welcome to wear one.\*​

Please refer to the [SD43 StrongStart website](https://www.sd43.bc.ca/school/birchland/ProgramsServices/StrongStart/Pages/default.aspx#/=) for updated Healthy and Safety protocols (indoor and outdoor).

**\*\*NEW SCHEDULE\*\***

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| **IN-CLASS SESSIONS** | | | |
| **MORNING (8:45-11:45)** | | | |
| [**Bramblewood**](https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/=) | [**Central**](https://www.sd43.bc.ca/Lists/Documents/Daily%20Health%20Check_visitors-2021-08-25.pdf#/=) | | **[Coquitlam River](https://www.sd43.bc.ca/school/coquitlamriver/ProgramsServices/StrongStart/Pages/default.aspx" \l "/=)**  **[(M/W/TH)](https://www.sd43.bc.ca/school/coquitlamriver/ProgramsServices/StrongStart/Pages/default.aspx" \l "/=)** |
| [**Riverview Park**](https://www.sd43.bc.ca/school/hazeltrembath/ProgramsServices/StrongStart/Pages/default.aspx#/=) | [**Rochester**](https://www.sd43.bc.ca/school/mundyroad/ProgramsServices/MREStrongStart/Pages/default.aspx#/=) | | [**Mundy Road**](https://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/=)  **(M/W/F)** |
| [**Cedar Drive**](https://www.sd43.bc.ca/school/bramblewood/ProgramsServices/StrongStart/Pages/default.aspx#/=) | [**Seaview**](https://www.sd43.bc.ca/Lists/Documents/Daily%20Health%20Check_visitors-2021-08-25.pdf#/=) | | [**Moody Middle**](https://www.sd43.bc.ca/school/rochester/ProgramsServices/StrongStart/Pages/default.aspx#/=)  **(M/T/W/TH)** |
| **AFTERNOON (12:45-3:45)** | | | |
| [**Birchland**](https://www.sd43.bc.ca/school/coquitlamriver/ProgramsServices/StrongStart/Pages/default.aspx#/=) | [**Meadowbrook**](https://www.sd43.bc.ca/school/central/ProgramsServices/StrongStart/Pages/default.aspx#/=) | | [**Roy Stibbs**](https://www.sd43.bc.ca/school/riverviewpark/ProgramsServices/StrongStart/Pages/default.aspx#/=) |
| [**Hazel Trembath**](https://www.sd43.bc.ca/Lists/Documents/Daily%20Health%20Check_visitors-2021-08-25.pdf#/=) | [**Mundy Road**](https://www.sd43.bc.ca/school/mundyroad/ProgramsServices/MREStrongStart/Pages/default.aspx#/=)  **(T/TH)** | |  |
| **OUTDOOR SESSIONS**  **8:45-11:45**  **(All sessions will be held at pre-designated locations)** | | | |
| [**Coquitlam River**](https://www.sd43.bc.ca/school/cedardrive/ProgramsServices/StrongStart/Pages/default.aspx#/=) | | **Tuesday and Friday (Forest Classroom)** | |
| [**Moody Middle**](https://www.sd43.bc.ca/school/meadowbrook/ProgramsServices/StrongStart/Pages/default.aspx#/=) | | **Forest Fridays** | |

**[CLICK HERE FOR](http://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/=)**

**[REGISTRATION INFORMATION](http://www.sd43.bc.ca/Programs/StrongStart/Pages/default.aspx#/=)**