

Hello everyone,

This will be the last newsletter before summer holidays. I hope you have found the activities and ideas fun and your children have enjoyed "circle time". I really appreciate your stories, emails, photos and kind words during these past few months...Please make sure to check the SD43 website in August for updates regarding the program for Fall. I wish you all a safe, relaxing, fun summer filled with many memories to last a life time!

A big hug to your children from Ms Mireya...Let them know I am thinking of them and I miss them ❤️

*This is definitely not the way that I envisioned ending the school year at Strong Start. While it has brought many challenges and changed the way we do things we also kept on going strong. (Still are...)*

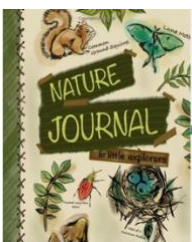
*Keep enjoying the time you have with your family, create new memories and enjoy the sunshine!*

## May There Always Be Sunshine 🌞

[https://sd43bccamys.sharepoint.com/:v:/g/personal/mbentzen\\_sd43\\_bc\\_ca/EQHjzj6e8qGxKrFx-P-ApTh4BRDey29iNkGHVb\\_fus0PxoQ?e=RAAdX1h](https://sd43bccamys.sharepoint.com/:v:/g/personal/mbentzen_sd43_bc_ca/EQHjzj6e8qGxKrFx-P-ApTh4BRDey29iNkGHVb_fus0PxoQ?e=RAAdX1h)

I created the "May There Always Be Sunshine" slide above to celebrate some of the moments from the last year. Always remember we all in this together and will see each other again !

Summer offers us the perfect opportunities to get outside and sneak in learning and cultivate curiosity. Why not Create a Nature Journal?...It is a great way to get outdoors with your children and enjoy nature's health benefits, develop relationships with nature, appreciate it, exploring visual arts, develop science, math and literacy skills. Find or make a book, grab some crayons, paint and glue and you can create your own!



## Nature Journal:

[https://sd43bccamys.sharepoint.com/:f:/g/personal/mbentzen\\_sd43\\_bc\\_ca/Ej8m4bEZeq9MIO56\\_yGynmkBs2o8XrQ0YAmDBx3f0A01Fg?e=bbLWCO](https://sd43bccamys.sharepoint.com/:f:/g/personal/mbentzen_sd43_bc_ca/Ej8m4bEZeq9MIO56_yGynmkBs2o8XrQ0YAmDBx3f0A01Fg?e=bbLWCO)

The link above is to a "Nature Journal" to get you started, with all types of things we can find when out in nature...you can print the sheets and have your children observe and mark what they find while you go outside to enjoy the summer!

How to Navigate Parenting in your Community and Access Support and Services with Family Navigator, Shawna Comey with Westcoast Families,

- What is a family navigator and what is their role in helping families.
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