



## CALENDAR of EVENTS

### October 10th

Grade 12 Parent Night

### October 17th

Interim Reports Distribution

### October 19th

Professional Day (Provincial)

### October 24th

Photo Re-takes

### October 29-30 Nov 1-2, 5-8

Grad photo's

### November 9th

Professional Day (District)

Grad Group Photo's

### November 12th

Remembrance Day—Stat

### November 14th

Take Our Kids to Work Day—Gr. 9

### November 17th

Winter Market Fundraiser 10—4 p.m.

### November 21st

Parent/Teacher Interviews 2:30—6 p.m.

Report cards handed out at interviews to parents/guardians only.



ISSUE

# 01

SEPT/OCT 2018

## this issue

PSAT / Language Challenge Exam **P.2**

Gr. 9-Take Our Kid to Work Day **P.7**

Fundraiser help for Winter Market **P.8**

Grad Photo Information **P.10**

Halloween Safety & Costumes **P.11**

## COUNSELLING DEPARTMENT INFORMATION

We would like to welcome Mr. Gangnes to the counselling department! Mr. Gangnes worked as a high school counsellor at both Heritage Mountain Secondary and Port Moody Secondary. We are excited to have Mr. Gangnes at Riverside! The counselling loads are currently distributed as follows:

Mr. Gangnes	A – Fe
Mrs. Chittenden	Fi - L
Mrs. Luddu	M - R
Mrs. Johal	S – Z

### Scholarship Application Preparation

Mrs. Chittenden is holding scholarship sessions on September 26<sup>th</sup> and 27<sup>th</sup>. Sign up has been on her door in the counselling area. The purpose of the first meetings are to explain the scholarship application process and to make students aware of scholarships that are now open. Students are responsible for doing their own research with the guidance of Mrs. Chittenden and Mrs. David (Career Resource Facilitator). At this time of year, it is a good idea for students to begin their research and to request reference letters. More information can be found on the Riverside Website; check out the Career Resource Center link and also the Counselling Department web page. Stay tuned for Scholarship Session #2: Entrance Scholarships in January and Session #3: Local Scholarships in April.

### Peer Tutor Support

Tutors will soon be available for support in all academic areas and can meet with students outside of class time in a supervised location (counselling centre, classroom or school library). Tutor Request Forms are available on the school website and require both a student and parent email address. For the benefit of all, we ask that students commit to a minimum of 5 hours (over a number of days) before requesting a tutor. Contact your counsellor or Mr. Ford for more information.

### Post-Secondary School Applications

Students should begin checking out application deadlines and confirming prerequisites for the schools of their choice. **SFU and UBC have made big changes to their admission requirements. Counsellors have been encouraging students to check the post-secondary websites since February.** Douglas College will begin accepting on-line applications as of October 1<sup>st</sup>. Most BC universities expect on-line applications by January 31<sup>st</sup>; the UBC deadline is Jan. 15<sup>th</sup>. Students wishing to be considered for Major Entrance Scholarships at UBC must apply by December 1<sup>st</sup>. Eastern universities have earlier deadlines, generally before Christmas, so it is important to start researching now.

Apply on-line to any BC post-secondary institution at:  
<https://apply.educationplannerbc.ca/>



Jon Bruneau  
Principal



# PARENT TEACHER CONFERENCES

*Parent Teacher Conferences will be held on November 21st from 2:30 until 6:00 p.m. Report cards will be handed out at the interviews. Students will be dismissed at 1:05 on that day. Teachers will be available in the gymnasium on a first come first served basis. We look forward to seeing you there.*

*Report cards that are not picked up at the conference will be distributed the following morning in RAP.*



Friday, September  
28th is  
Orange Shirt Day!

[www.orangeshirtday.org](http://www.orangeshirtday.org)

## Important Upcoming Grade 12 Events

September 26<sup>th</sup> & 27<sup>th</sup> – Scholarship session #1 Sign up on Mrs. Chittenden's door

October 4 – 9:00-11:00 in the Gym – Canadian University Event (50 Institutes attending) Parents welcome

October 4—6:30-8:00 pm Pinetree Secondary Canadian University Event (parents welcome)

October 10<sup>th</sup> – Grade 12 Parent information night & resiliency presentation 6:30pm in gym (See flyer)

October 11—9:30-11:00 in the Cafeteria – BC Post-Secondary Event (20 institutes from BC attending)

October 22 – 3:15-4:15 in the Library – UBC

November 5 – 11:45 am in room 213 – SFU Beedie School of Business

**November 7 – 7:00-8:30 Heritage Woods Secondary—only school hosting McGill University**

November 20 – 3:10 in the Library – University of Alberta

## PSAT Announcement

Students who may be planning to attend a college or university in the United States, or may possibly play athletics at SFU, are encouraged to write the PSAT in preparation to write the SAT. The SAT is required for students attending post-secondary in the States, and because SFU athletics participate in the NCAA the SAT is a requirement for their athletes.

The PSAT is identical to the SAT format, but is intended for students in grade 11. However, grade 10 students, and grade 12s who have not previously written the PSAT are also invited to register. Students will receive a very detailed summary of how they performed on the test along with suggestions on where they need to improve in preparation for the SAT. See Mrs. Johal in the counselling department for information.

## 2018/2019 Language Challenge Exam

Students must complete an application *on-line*, print it, and bring the completed application form to the school counsellor. A \$50 cheque (which will be refunded when the test is written) should be included with the application along with a photo. International students will include a check for \$155 which is non-refundable and a photo.

The application can be found on-line at:

<https://www.deltasd.bc.ca/schools/secondary/challenge-exams/>

**Completed application forms must be given to your counsellor by October 17<sup>th</sup>. The challenge exams will be held January 2019.**

**\*Note: UBC will no longer accept a challenge exam 12 mark for admission average purposes.** It is the student's responsibility to check post-secondary admission requirements.

## S TRIPS

Each year, an outside company approaches secondary school students about spring break trips known as "S Trip" to various locations. **These trips are not authorized by the school or the school district and we do not, in any way, endorse our students participating in them.** Parents considering letting their child go on a trip sponsored by this organization may wish to ask questions about adult supervision, access to alcohol during the trip, and school time that may or may not be missed. As in the past, we are including this information in our newsletter for information purposes for parents. Ultimately, it is up to parents to decide whether they wish to have their child participate, with the understanding that the school and district are not responsible in any way for these trips.



**OCTOBER 10/2018**

## **RESILIENCY FOR STUDENT SUCCESS – PARENT NIGHT**

**6:30 – 8:30 pm**

- **Keynote:** Dr. Kimberley Schonert-Reichl (UBC)
- **Breakout session (Gr. 12 Riverside parents focus group):** Graduation and post-secondary transition information (multipurpose room)
- **Breakout session (all parents welcome):** Supporting for Success at the Secondary level (library)



**Guest speaker:  
Dr. Kim Schonert-  
Reichl (UBC)**

**Building  
Resiliency in our  
Children**

**Transitioning TO  
Secondary, Post-  
Secondary, and  
beyond.**

**What parents  
need to know:**

- **Post-Secondary requirements.**
- **Fostering resiliency and setting your children up for success**

**RIVERSIDE SECONDARY**  
2215 Reeve Street, Port  
Coquitlam

Telephone

Web Address

Dates and Times

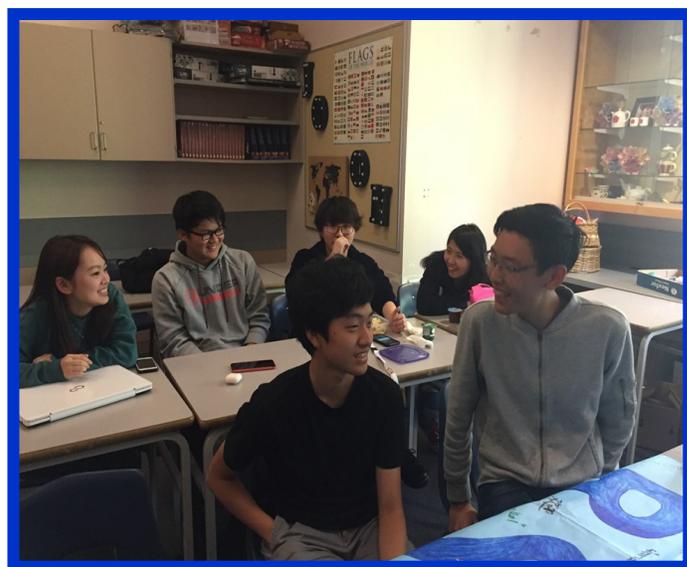
# Welcome International Students!

Welcome to the many new international students studying at Riverside this year! We had a Welcome orientation on Wednesday Sept. 12 to introduce our administrators, counselors, youth workers and EAL teachers. Morning tutorials run on Day 2 from 8:00 a.m. in room 209 by Ms. Lotter. This is a great way to stay connected and get extra support! These past few weeks students have been busy with digital bootcamps. Students have set up their own Edublog, accessed their teachers' websites and learned how to submit assignments. Some EAL courses have been renamed this year and students have been notified of these changes.

There will be several upcoming events and field-trips so stay tuned!

Multicultural club meets at lunch on Thursdays in room 214 with Ms. Gachallan and Ms. Joon and Anime club meets Tuesdays at lunch in Room 101 with Mr. Mietzker.

The best way to stay connected is to get involved!



## **REMINDER TO PARENT(S)/GUARDIAN(S)**

*If you have not completed the list of important forms below that were handed out to students on September 4<sup>th</sup>, 2018 please complete the forms and return them to the office in the next few days.*

Individual student fees statement (Fees to be submitted on line refer to our August newsletter for details)

Student Activity Fees - \$45.00 (+ yearbook and/or workbook fees if applicable)

Individual Personal Information Verification forms - *please check that all information is current and accurate, make any necessary changes, and return to the school.*

Riverside Secondary Daily Physical Activity Intent form

**See [www.sd43.bc.ca/school/riverside/](http://www.sd43.bc.ca/school/riverside/) Parents—Forms for the electronic forms**

School Policies and Permission Forms (eForms)

\* District and School Code of Conduct

\* Internet Use – Informed Consent form and Photographs/Names publication permission

\* School Notices Consent

Emergency Release Form (eForms) printed and returned to office

Medical alert form (*only if applicable*) (eForms)

***Medical Alert forms must be completed every year for students with any***

***Medical Alert(s). Also a request for the administration of medication form is to be completed every year and be signed by a physician.***

### **Reporting Student Absences**

A reminder to either call in to the office directly at [604-941-6053](tel:604-941-6053) or do an [on line](#) absence report for attendance on our Riverside home page and click on the absence report tab if your student is going to be away. Please include the specific blocks in the “reason box” if they will not be away all day.

**PLEASE USE THE ABOVE 2 METHODS TO REPORT YOUR STUDENT’S ABSENCE**

If your student will be needing early dismissal or will be late to school, please let us know the time they will need to leave or will arrive and remind them to sign out/in at the office.

*Thank you for your help with this important tasks.*



### **G18 Legacy**

Riverside's graduating class of 2018 has created a positive legacy for themselves by raising \$306.80 for SHARE Family and Community Services. Graduands did a coin toss into the R'Side wishing well as they crossed the stage during their commencement ceremony on June 24 at SFU. They chose SHARE Family and Community Services as their local charitable organization because they felt it would benefit the most people within the Port Coquitlam community. Many thanks to all the friends and family who came out to support our graduands.  
Ms. Chin

**Your image/s are ready for online viewing and ordering!**

Here's how to order:

- Go to [order.mountainwest.ca](http://order.mountainwest.ca)  
(more options are available when on a laptop or desktop)
- Enter the 8 character Web Code from your student ID card
- View and customize your images; your order will be sent to the shipping address provided- it's just that easy!



*Thanks for the privilege of being your photographer*  
**Questions or concerns? email [orders@mountainwest.ca](mailto:orders@mountainwest.ca)**

*Proudly 100% locally owned and operated*



# STAY CONNECTED.

**#RAPIDNATION  
#RAPIDPRIDE**



**@RAPIDEVENT**



**@RSIDE43**

**@RAPIDEVENT**



**/RAPIDEVENTUPDATER**



**@RIVERSIDERAPIDSTUBE**

# TAKE OUR KIDS TO WORK DAY—GRADE 9

## Riverside Math Department to Coordinate “Take Our Kids to Work” 2018

On Wednesday, November 14th, the Riverside Math Department will coordinate Take Our Kids To Work (TOKTW) program. Take Our Kids to Work™ is The Learning Partnership’s signature program, now in its 24th year, that provides Grade nine students with the opportunity to experience and learn about the world of work as they begin to explore possible career paths. Research suggests that today’s students will have multiple careers over the span of their working years. They will need to master both new technologies and complex social and organizational systems. They will also need to be prepared with the educational tools and experiences that will be necessary to succeed in tomorrow’s workplace. All grade 9 students will spend a day at work with their parent, relative or friend of the family. Students will then be asked to complete a reflection sheet based on their experience that day. Grade 9 math teachers will be responsible for distributing and collecting permission forms. TOKTW link: <http://www.thelearningpartnership.ca/what-we-do/student-programs/take-our-kids-to-work>

## ART NEWS



Riverside Art students are collaborating with PoCo Artist in Residence, Aurelia Bizouard, to paint a 38 foot mural on the new building in Lions Park. Take a walk in the park and check out the new mural.

## *One Enchanted Evening*

Last year’s Grad has passed and now you may have an opportunity to make someone else’s Grad special next year! If your daughter graduated recently, we would appreciate the donation of her dress, shoes and/or purse to the Enchantment Project. You will be supporting a student who is in need, attend their Grad in style.



If you are interested in more information or donating items please contact:  
[theenchantmentproject@live.ca](mailto:theenchantmentproject@live.ca)

Thank you!



Follow @rsideathletics on Twitter

## **After Grad News**



RIVERSIDE SECONDARY SCHOOL

# *Annual Winter Market*

Riverside After Grad's largest annual fundraiser, the Winter Market and Craft Fair, happens Saturday, November 17th, 10am to 4pm. Stop what you're doing and save the date in your calendar right now. You won't want to miss this impressive and festive shopping experience.

Leading up to it, we need volunteers, volunteers, and more volunteers. Feel good about yourself and pitch in--it doesn't take much. Want to be a leader? We've got a job for you. Prefer to be a silent partner? We can put you to work in a corner somewhere. Need some quality time with your friends? Bring them along--there's plenty of work to go around!

Volunteers, contact Deborah for details at [canyoufeelthelovetotnight@shaw.ca](mailto:canyoufeelthelovetotnight@shaw.ca)

Know any vendors who want to sell their wares? This is a shout out to all artisans and entrepreneurs looking for a place to set up shop for a day. Tell your neighbour, tell your relatives, tell your best friend's uncle's cousin, twice removed; we still have tables available.

Vendors, please contact Mary at [mnldesousa@shaw.ca](mailto:mnldesousa@shaw.ca)

### **Other After Grad News**

There's still time to be part of this fun and interesting group of hard-working, dedicated parents and volunteers. Don't miss out. We're all about inclusivity; come see what all the fuss is about.

Next After Grad meeting: October 9th, 7pm, Riverside Library

## TERRY FOX RUN 2018

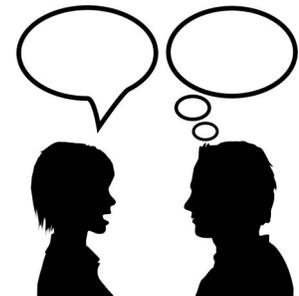


Riverside is hosting our annual Terry Fox School Run on Thursday, September 27<sup>th</sup>. Our goal is to raise \$4500! Students can donate in their afternoon class, complete pledge forms, or collect online donations through <http://www.terryfox.org/schoolrun/give-to-a-student/> When making a donation to Riverside Secondary's Terry Fox Run, in "additional info" please indicate the **grade of the student** that you are supporting. We are having a grade-to-grade fundraising competition! All online donations and pledge forms need to be in by Wednesday, October 10<sup>th</sup>. Thanks for helping us make a difference for cancer research and supporting the dream of our hometown hero!

### Careers & Conversations

#### Parent Volunteers Needed!

**When:** Thursday October 25<sup>th</sup>  
**Needed:** Volunteers who do interesting/unusual/not necessarily known jobs to come to Riverside



Do you work in a "cool" or non-traditional job? We are hoping you would be willing to help some fantastic kids at Riverside Secondary. On **Thursday October 25<sup>th</sup>**, (Library and Planning) will be hosting a Careers & Conversations Event. Grade 10 planning students will have an opportunity to meet and chat with people like you who work in positions that aren't typical or traditional. Or perhaps you might be a person who got to where you are in an interesting way? Sometimes motivation for learning can come from a hobby or activity students do outside of school and sometimes it can come from a desire to follow a particular career path. We want people like you from all different backgrounds & careers to try and peak student interest, provide motivation and hopefully inspire our students. Students will also then have the opportunity to practice important communication skills. We also know that our students might be creating the jobs that they will be doing so they are going to need to know what it means to be innovative, a trailblazer or a discoverer, just like you.

What would you have to do? Before then event we would get a little description of your job to give to students before the event. Then, on **Thursday October 25<sup>th</sup>**, you would come to Riverside Secondary in Port Coquitlam **from 8:45 to 11:45**. You'll wear a descriptive name tag, enjoy a beverage and then mill around and answer kids' questions. No presentations, no cue cards, just talk to kids about what you do, why you love it and how you got to do this job. Our students will be practicing important communication & networking skills to ask interesting questions, like how to introduce themselves and to actually engage in a meaningful conversation.

If you can participate please email [shenderson@sd43.bc.ca](mailto:shenderson@sd43.bc.ca) (teacher-librarian). You really could be a game-changer for one of our students.

**ATTENTION  
RIVERSIDE SECONDARY SCHOOL  
GRADUATES!**



**WHEN:** Oct. 29th & 30th                      Nov. 1st, 2nd, 5th, 6th, 7th 8th  
**Grad Groups – Nov. 9th**  
3:30 pm to 9:00 pm

**WHERE:** **Pitt River Community Middle School**  
**2070 Tyner St, Port Coquitlam, BC V3C 2Z1**  
(The grad photo sessions will take place in the portables)

**SIGN UP:** Online at [mountainwest.ca](http://mountainwest.ca)

**SIT FEE:** No sit fee for grad portraits.

**GRAD GROUP** \$15 per person in the group (max 10 grads) Payable online

**PHOTOGRAPHY STYLE:**

\* We provide the cap, gown, school colors, flowers, diplomas and a variety of backgrounds and creativity.

\* In order to be in your school year book it is important for you to have your graduation yearbook photo taken.

\* You may bring props for your optional "Casual" photos ie: sports items, musical instruments etc. No pets please.

\* Please bring just one favorite selection of clothes for your "casual" photos.

\* Please arrive 15 minutes before your appointment time. Late arrivals will have to re-schedule at a later date.

Any questions, call MWS at 604.433.0551, Ext, 126

*Love your photos*

# IMPORTANT SAFETY REMINDER

## IMPORTANT STUDENT SAFETY REMINDER REGARDING FIREWORKS AND FIRECRACKERS

At this time of year, we inevitably deal with incidents involving fireworks and firecrackers at school. We believe it is important to remind all students that possession of fireworks and firecrackers by minors is illegal and therefore contravenes the school district Code of Conduct. **Students found to be selling or in possession of fireworks and firecrackers at school will be sent home on suspension.**

At Riverside Secondary, we believe that we need to deal with the issue of illegal sales of fireworks to underage students and we are taking steps to address this issue within our community. We appreciate your support, as parents, in doing what you can to ensure that your child is not bringing fireworks or firecrackers to school. By working together, we hope to provide the safest possible environment for our students. Thank you for your assistance with this matter.



### FIREWORKS & THE LAW IN PORT COQUITLAM

- Sales of all fireworks are banned within the City of Port Coquitlam
- You need a permit to set off fireworks in Port Coquitlam. Application must be made in person at the Tax Office at Port Coquitlam City Hall (2580 Shaughnessy St.)
- You must be at least age 18 to handle or use fireworks
- Fireworks can only be discharged in certain places:
- On private property, with the occupant's consent, and
- At a public event run by a public body or society, with written permission.

For more information about local fireworks regulations and Halloween safety call 604 927-5466 or visit [www.PORTCOQUITLAM.CA](http://www.PORTCOQUITLAM.CA)



## HALLOWEEN COSTUMES

As we approach Halloween, we would like to remind students that although we encourage creativity in how students choose to dress up for school-related Halloween activities, the expectation is that costumes worn will be appropriate for a school setting. Students who choose to wear costumes representing anything sexual in nature, glorifying drugs or alcohol, or which are too revealing will result in the student being asked to remove or cover the costume. We also request that students be thoughtful about the adoption or use of elements of one culture by members of another culture as cultural appropriation is seen by some as controversial, particularly when a Halloween costume is attempting to portray stereotypes or show lack of respect for someone else's culture.

# Outdoor Education comes to Riverside!



The Outdoor Education program and the Riverside Outdoor Club have many backpacking trips planned this year and often have students that do not have the necessary gear to participate. If you have any sleeping bags, sleeping pads or hiking boots that you'd be willing to part with, please drop off at the office.

## **Post-Secondary School Applications**



Students should begin checking out application deadlines for the schools of their choice. Douglas College will begin accepting on-line applications as of October 1st, SFU is October 1<sup>st</sup> and UBC is now open for applications. Most BC University application deadlines are February 28<sup>th</sup> with the exception of UBC which is January 15<sup>th</sup>. Eastern Universities have earlier deadlines, generally before Christmas, so it is important to start researching now. Students wishing to be considered for Major Entrance Scholarships at SFU must apply by January 15<sup>th</sup> and UBC by December 1<sup>st</sup>

## **Post Secondary Institute Visits**

On October 4th from 9:00 am – 11:00 am Canadian Post Secondary Institutes (in the gym) and on October 11th, 9:30 am—11:00 am BC Post Secondary Institutes (in the theatre) will be here to present to Grade 11 and 12 students. Parents are welcome to attend as well. Please listen to announcements for more details to follow.

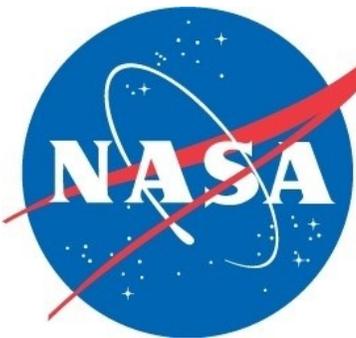
## Peer Tutor Support

Tutors will soon be available for academic support and can meet with students after school in the Library. (Grade 9 and 10 students will be given priority). Tutor Request Forms are available on the school website and require both a student and parent email address. For the benefit of all, we ask that students commit to a minimum of 5 after-school sessions.

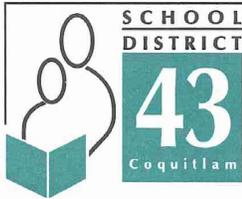
Contact Mr. Shane Ford for more information [sford@sd43.bc.ca](mailto:sford@sd43.bc.ca).



## Orlando EDventure 2019



“The grade 10 students have been selected for the Orlando EDventure 2019! This will be the 15<sup>th</sup> Annual Science trip and it will certainly be an amazing tour. Well, not really a tour”! This 8 day EDventure is with a selected group of students who will spend the mornings in Science lessons at NASA, Disney, & Universal parks. After the classes with park interns, they get to ride on some of the best rides and see fantastic shows. It started at Riverside and now several secondary schools in our district are copying us. The trip is so well organized that everyone talks about it for years. So, grade 9 students, be sure to do well and apply in May for the 2020 trip!”



Learning for a Lifetime

550 Poirier Street, Coquitlam, BC Canada V3J 6A7 • Phone: 604-939-9201 • Fax: 604-939-7828

September 10, 2018

To All District Staff

Welcome back! I hope you have had a relaxing and enjoyable summer as we look forward to the 2018-2019 school year. For those who have just joined our district, we extend a warm welcome to SD43.

The first few weeks of a school year are exciting and inspiring, requiring us to work collaboratively and respond quickly to ensure we have a smooth start-up. Each year our district is successful in accomplishing this for our students and families and I am confident we will be again this year.

Last year, we celebrated several major accomplishments including: hiring many new teachers and staff to successfully meet the new class size and composition requirements; opening two new schools - Centennial Secondary and Moody Middle and an addition at Glen Elementary; receiving \$24 million of government funding to seismically replace Irvine Elementary; and helping 32,000 students succeed in their educational endeavors.

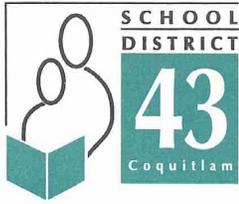
This coming year we will open two more new schools - Smiling Creek Elementary and Banting Middle, and advocate for more funding for other capital projects. We are leaders in technology-based teaching and learning and we will continue to invest in technology, computational thinking and related initiatives in our schools.

Lastly, our district prides itself on being a top-performing district with some of BC's highest student achievement levels. This year, as we continue to implement the redesigned curriculum and innovative approaches to teaching and learning, we also continue to strive to help every child achieve individual success. I look forward to seeing the positive outcomes of your work.

Thank you to our district and school administrators, teachers, support staff, and managers for working over the summer to prepare our 70 schools for the return of our students. I also thank everyone for your continued efforts and dedication to making our district the very best for our students. I wish you all a very successful school year start-up.

Sincerely,

Patricia Gartland  
Superintendent of Schools  
School District No.43 (Coquitlam)



550 Poirier Street, Coquitlam, BC Canada V3J 6A7 • Phone: 604-939-9201 • Fax: 604-939-7828

Learning for a Lifetime

10 septembre 2018

À tout le personnel du district

Bienvenue! J'espère que vous avez eu un été relaxant et agréable et que vous prévoyez avec enthousiasme l'année scolaire 2018-2019. Pour ceux qui viennent de rejoindre notre conseil scolaire, nous vous accueillons chaleureusement à sd43.

Les premières semaines d'une année scolaire sont passionnantes et inspirantes, nous obligeant à travailler en collaboration et à réagir rapidement pour nous assurer d'avoir un bon démarrage. Chaque année, notre district réussit à accomplir cela pour nos étudiants et nos familles et je suis confiante que nous aurons le même succès encore cette année.

L'année dernière nous avons eu plusieurs grandes réalisations, y compris: embaucher de nombreux nouveaux enseignants et répondre avec succès aux exigences relatives à la taille et à la composition des classes; ouvrir deux nouvelles écoles – Centennial Secondary et Moody Middle et un ajout à Glen Elementary; recevoir \$24 millions de financement gouvernemental pour remplacer sismiquement Irvine Elementary; et aider 32 000 élèves à réussir.

Cette année, nous allons ouvrir deux nouvelles écoles-Smiling Creek Elementary et Banting Middle, et de préconiser pour plus de financement pour d'autres projets d'immobilisations. Nous sommes des leaders dans l'enseignement et l'apprentissage basés sur la technologie et nous continuerons à investir dans la technologie codage et initiatives connexes dans nos écoles.

Enfin, notre district vise d'être exceptionnel avec certains des plus hauts niveaux de résultats des étudiants de la Colombie-Britannique. Cette année, alors que nous continuons à mettre en œuvre le curriculum réinventé et les approches novatrices de l'enseignement et de l'apprentissage, nous continuons également à faire de notre mieux pour aider chaque enfant à atteindre un succès individuel. J'ai hâte de voir les résultats positifs de notre travail.

Merci à nos administrateurs du district et de l'école, aux enseignants, au personnel de soutien et aux gestionnaires d'avoir travaillé au cours de l'été pour préparer nos 70 écoles pour le retour de nos étudiants. Je remercie également tout le monde pour vos efforts continus et votre dévouement faire exceller nos étudiants. Je vous souhaite à tous un début d'année scolaire très réussie.

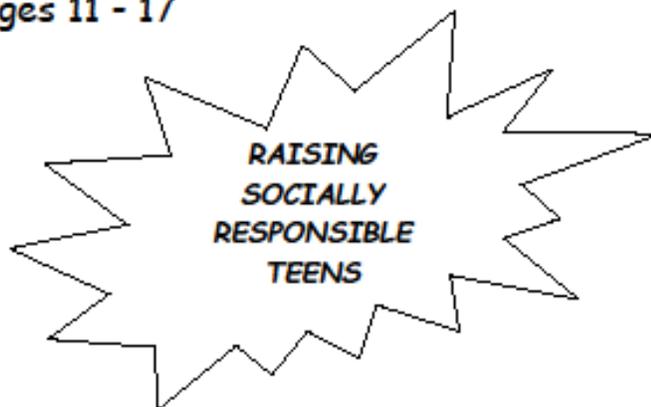
Sincèrement

Patricia Gartland  
Surintendant des écoles  
District scolaire n ° 43 (Coquitlam)

**Fine Tune Your Parenting Skills With**

***STEPS TO EFFECTIVE PARENTING***

For Parents of teens... ages 11 - 17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Eagle Mountain Middle School

Time: 7p.m. - 9p.m.

Dates: Thurs. Oct. 11,18,25, Nov. 1,8,15,22,29, 2018

[This is an eight week program]

Facilitated by: Marilyn Abram, Certified Parent Facilitator

To register: E-mail: [mabram@sd43.bc.ca](mailto:mabram@sd43.bc.ca) [preferred]

Phone: 604-469-1133

**Register as soon as possible as the class fills quickly!**

**Class is limited to 20 participants.**

**The only cost is \$25.00 for the parent workbook!**

# Parent & Caregivers' Circle

Education and support for parents and caregivers who are concerned about their youth's substance use.



## WHEN:

Wednesday evenings 6:30 – 8:30pm

## Group begins

Wednesday October 17, 2018  
and runs for eight sessions until  
Wednesday December 5, 2018

## WHERE:

SHARE Family & Community  
Services  
2615 Clarke Street (2nd floor),  
Port Moody

COST FREE

The journey of parenting can have many highs and lows. This is especially true when faced with the challenging and sometimes discouraging task of parenting a youth who is using substances.

## Participants will:

- Increase their knowledge about Substance Use
- Find support from other parents/ caregivers
- Build skills in effective communication
- Learn to manage tough emotions
- Foster healthier life balance

To reserve a spot or for more information contact the intake  
worker at 604 936 3900

[WWW.SHARESOCIETY.CA](http://WWW.SHARESOCIETY.CA)



District Parent Advisory Council

# PAC 101 Orientation Night

The District Parent Advisory Council Executive would like to invite you to a PAC 101 Orientation session:

- DPAC Overview + How can DPAC support parents
  - Learn valuable tools on taking minutes & proper record keeping
  - Hear how other schools operate their PAC
  - Tips on finances and gaming grants
  - Understanding your Constitution and Bylaws
  - What's new and relevant to PACs
  - Opportunity to have your PAC related questions answered
- 
- **Date:** Wednesday, October 3, 2018
  - **Place:** Gallery Room, Winslow Centre 1100 Winslow Ave, Coquitlam
  - **Time:** 6:20-9:00pm (doors open at 6:20 - session starts at 6:45pm)
  - **RSVP:** Thursday, September 27, 2018 online at <http://dpac43pacorientation2018.eventbrite.ca>

**Seating is limited, get your registration in early.**

*Light refreshments will be served*



Please bring paper and pen for taking notes as we will not be providing handouts. Presentations will be available afterwards on our website or via email by request. As well, please bring a copy of your PAC's current Constitution & Bylaws.



District Parent Advisory Council

# *DISTRICT 43*

## *BOARD OF TRUSTEES*

### *CANDIDATES MEETING*

**DATE:** Tuesday, October 16/18  
**TIME:** 6:30 p.m.—8:00 p.m.  
**LOCATION:** Winslow Centre (gym)  
1100 Winslow Ave., Coquitlam  
**FORMAT:** Drop in

DPAC 43 is pleased to be hosting an All Candidates Meeting.

- No registration required.
- The evening will be structured as a “meet & greet” style event.
- Drop in anytime from 6:30-8:00pm.
- Meet and talk to the candidates vying for a position as School Trustee for your city.