

Thursday, October 5th, 2023

EVENTS & ANNOUNCEMENTS

- Congratulations to the grade 11's for raising the most money for the Terry Fox Foundation! Come down to the foyer at lunch TODAY to help dress up Ms. Giles are your reward!
- ➤ It's not too late to sign up for the Grade 11/12 trip to Bamfield Marine Science Centre! Come explore the tide pools, beaches, and Pacific Ocean on Vancouver Island. The trip is 3 nights long in February 2024. Please see Ms. Mireau in Room 202 for more information.
- **Reminder:** Photo retakes and Fall teams and group photos are tomorrow.
- ➤ CLC Student Reminder: Mandatory Financial Seminar is next Wednesday, October 11th at lunch in your CLC teacher's room. Mrs. Graham in Room 114, Ms. Thomasen in Room 110, Mrs. Durand in Room 111, Ms. McArthur in Room 219 and Ms. Nelson in Room 113. Please attend this important seminar as it is a requirement for your CLC course. Please also check your CLC teacher's TEAMS for make up sessions.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
School closed	Butter Chicken	Spicy Pork Chow	Spaghetti	Soy Glazed
		Mein	Bolognese	Pulled Pork Bao
				Buns

SPORTS

- > Field Hockey: Away game today vs. Gleneagle.
- > Sr. Boys Soccer: Home game today vs. Pinetree.
- > Gr. 9 Girls Volleyball: Home game today vs. Terry Fox.
- > Gr. 9 and 10 Boys Basketball: Try outs are tomorrow at 8:15pm.
- ➤ **Gr. 9 & 10 Girls Basketball:** Try outs next Tuesday, Oct 10th at 5:15pm.
- > Gr. 11 & 12 Boys Basketball: Try outs next Tuesday, Oct 10th at 7:15pm
- ➤ Rapids Girls Rugby: Fall Training Sessions begin next Wednesday, October 11 @ 3:30 on the field. No experience necessary and no obligation to sign up, just come give rugby a try! All sessions will be non-contact and strictly an intro to the sport. Please bring athletic shows and some water. See you on the pitch!

CLUB

> Outdoor Club: Meeting at lunch today in Room 219. Everyone welcome!

CAREER

> SFU Faculty of Environment is hosting a Pro D Day on Oct 20th for Grade 10-12 students. Space is limited, so register early! Please see Ms. David or the Career Website if you are interested.