

# Tuesday, November 7<sup>th</sup>, 2023

#### **EVENTS & ANNOUNCEMENTS**

- Frade 9s Don't forget to turn in your TOKTW Day Assignment to your period 1 teacher or the reception desk at the main office no later than Wednesday, November 15<sup>th</sup>.
- Did you know that tomorrow, November 8<sup>th</sup>, is Indigenous Veterans Day? Over 12,000 Metis, Inuit and First Nations men and women volunteers for 3 wars.
- ➤ Holiday Hamper Help Do you want to help organize and promote Holiday Hampers? Are you interested in helping local families struggling with food scarcity? Are you proficient at social media and want to help? Meet in Room 110 at lunch tomorrow.
- Remembrance Day Assembly is Thursday November 9<sup>th</sup>. This is a day to recognize those who sacrificed so we could live in freedom. Let's honor them by dressing our best and being thoughtful on this day of remembrance.

### **WEEKLY CAFETERIA SPECIALS**

Monday	Tuesday	Wednesday	Thursday	Friday
Swedish Meatballs with Mash	Chicken Penne Alfredo	Chicken Fried Rice	Lebanese Beef Pita Rolls	District-Wide School Closure
Potatoes	Airiedo		Pila Noiis	School Closure

#### **SPORTS**

- > Senior Girls Volleyball: Congratulations to the Senior Girls Volleyball Team as Champions of the Red Serge for the first time in 12 years!
- > Gr. 9 Girls Volleyball: The girls are participating in the districts until tomorrow. Good luck Rapids!
- ➤ **Grade 9 Boys Basketball**: Interested in playing on a Grade 9 Basketball team? There will be tryouts this week, on Thursday at 7:15pm and again next Tuesday, November 14<sup>th</sup> at 5:15pm.

## **CLUBS**

- ➤ Come support Art4Heart today at lunch in the foyer, \$2 Candy bags, \$5 art pieces and natural gemstone bracelets ranging from 5-15 dollars. 100% of proceeds go to funding the life changing research of The Heart and Stroke Foundation of Canada.
- ➤ **BCCH Club:** Meeting tomorrow at lunch in Room 212. We will be taking group photos for the yearbook so make sure to be there! See you there.

### **CAREERS**

> Info session for Junior Firefighter Academy for Grade 11's and 12's in the library on Thursday at lunch.