

Friday, October 28th, 2022

EVENTS & ANNOUNCEMENTS

- ➤ The Black Futures UBC Program is inviting Gr.11 and 12 students to participate. There will be 6 sessions with 2 of the sessions being at the UBC campus. Selected students will be sent a package in early November so don't delay! Please see Ms. David if interested.
- Rapids! Please check your school email. You have been sent a short survey from the yearbook students. Please complete it as soon as possible!
- For this week's GOOD GREEN NEW, the government of BC is contributing \$20 million towards a First Nations led hydroelectric energy project which will replace diesel energy in the Yukon.
- Halloween Costume Contest is on Monday! There will be fun prizes for individual and group costumes. The contest will be at lunch at the top of the main stairs.
- Students Interested in writing the Language Challenge Exam must see their counsellor. Deadline for completed applications is November 1st, 2022.
- Take your kids to work day is on Tuesday, November 2nd. Any grade 9's that are not participating are expected to attend classes that day.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Swedish Meatballs and Gravy	Grilled Chorizo on a Freshly Baked Baguette	Country Fried Chicken Sandwich	Pulled Pork on a Brioche Bun	Roasted Chicken Leg Piri Piri

SPORTS

- Congratulations to all our cross-country students who participated in the Fraser North Championships yesterday! And congratulations to the participants who qualified for the Provincial Cross Country Championships in Victoria next weekend! Let's go Rapids!
- > Grade 9 Girls Volleyball: Home tournament tomorrow. Come support!
- ➤ Grade 9/10 Girls Basketball: Team tryouts are on Sunday, October 30th at 5pm
- ➤ Grade 9/10 Boys Basketball: Meeting today at lunch in Gym C for any students interested in joining!

CLUBS

- Chess club meeting today at lunch in room 216.
- Flyer Club Guest Speaker today at lunch in room 215. Please bring your lunch right after period 3!
- Attention Valorant, League of Legends and Overwatch 2 players! If you are interested in playing for the school eSports team please see Mr. Schoenhals in room 112 ASAP!
- ➤ Hey Rapids! Global Citizenship is running a fundraiser "guess the weight of the candy for \$1" and the winner will receive a \$10 gift card to Matteo's Gelato! Come down to the foyer during lunch today and next Monday to participate!

Rise & Shine Breakfast Club is running in Room 126 every Tuesday & Thursday morning starting at 8:15am. All students are welcome to come join! No membership required.

GRAD

- There is a Post-Secondary BC Fair on Tuesday, November 1st in the cafeteria/theatre starting at 9am.
- ➤ University of Guelph information session is on Friday, November 4th in the School Foyer at 8:30am.