

DATE: THURSDAY, SEPTEMBER 18th

EVENTS & ANNOUNCEMENT

- > Just a reminder if your park in the North Parking lot by Gates Park you must come to the office and pick up a registration form. Please do this no later than this Thursday, September18th.
- > If you haven't already brought your white student verification form and purple emergency release form back, please bring them to the office ASAP.
- ➤ Rainbow Alliance! Come join us in room 111 on Monday, September 22nd for our first meeting to determine what this alliance will look like and enjoy some snacks and conversation.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée:	Entrée:	Entrée:	Entrée:	Entrée:
Butter Chicken	Beef Enchiladas	Chicken Parmesan	Riverside House	
served with	Topped with Salsa	served with Penne	Made Burgers	
Basmati Rice and	Fresca, Sharp	Alfredo and	served with French	Pro D Day
Naan Bread	Cheddar,	Focaccia Bread	<mark>Fries</mark>	,
	Jalapenos and			
	Cilantro			
Soup of the day:	Soup of the day:	Soup of the day:	Soup of the day:	Soup of the day:
Tomato Bisque	Tomato Bisque	Tomato Bisque	Tomato Bisque	

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- ➤ Volleyball Intramurals: are you looking for something fun to do at lunch? Come sign up by picking up a form outside the PE office. Please fill the form out and hand it back to Mr. Neufeld or Ms. Cuccione. Captains meeting will happen soon.
- ➤ **Ultimate Frisbee**: come drop in today for Grade 9-12 girls and boys ultimate frisbee practice. Come have fun and work on your frisbee skills.
- ➤ Cross Country: good job yesterday at the mini meet. Just a reminder we are meeting in the fitness center for practice after school. Don't be late!

GRAD

- ➤ Hey 2026 Grads, there will be a scholarship and post-secondary information meeting for grade 12's on Wednesday, September 24th at lunch in the library.
- Attention all Grade 12 Students: your Vision Board for CLC is due tomorrow and we really need to check in on your Capstone progress. Make an appointment ASAP.

CLUBS

