



RAPID READ

DATE: WEDNESDAY, SEPTEMBER 17th

EVENTS & ANNOUNCEMENT

- Just a reminder if your park in the North Parking lot by Gates Park you must come to the office and pick up a registration form. Please do this no later than this Thursday, September18th.
- If you haven't already brought your white student verification form and purple emergency release form back, please bring them to the office ASAP.
- **Rainbow Alliance!** Come join us in room 111 on Monday, September 22nd for our first meeting to determine what this alliance will look like and enjoy some snacks and conversation.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Butter Chicken served with Basmati Rice and Naan Bread	Entrée: Beef Enchiladas Topped with Salsa Fresca, Sharp Cheddar, Jalapenos and Cilantro	Entrée: Chicken Parmesan served with Penne Alfredo and Focaccia Bread	Entrée: Riverside House Made Burgers served with Fries	Entrée: Pro D Day
Soup of the day: Tomato Bisque	Soup of the day: Tomato Bisque	Soup of the day: Tomato Bisque	Soup of the day: Tomato Bisque	Soup of the day:

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- **Volleyball Intramurals:** are you looking for something fun to do at lunch? Come sign up by picking up a form outside the PE office. Please fill the form out and hand it back to Mr. Neufeld or Ms. Cuccione. Captains meeting will happen soon.
- **Ultimate Frisbee:** come drop in for Grade 9-12 girls and boys on the Grass Field every Thursday. Come have fun and work on your frisbee skills.

GRAD

- Hey 2026 Grads, there will be a scholarship and post-secondary information meeting for grade 12s on Wednesday, September 24th at lunch in the library.
- Attention all Grade 12 Students: your Vision Board for CLC is due by Friday and we really need to check in on your Capstone progress. Make an appointment ASAP.

CLUBS

- Do you want to get involved at R'Side? Come check out some of the cool clubs and teams tomorrow at lunch in the main foyer.