



RAPID READ

DATE: Wednesday, October 29TH, 2025



EVENTS & ANNOUNCEMENTS

- Hi Rapids! Leadership is hosting a spooky scavenger hunt! Starting TODAY until Thursday, there will be hidden spiders throughout the school that you must find in a hidden location! Here’s the clue to today’s secret location:

**“I GREET YOU FIRST AND SEE YOU LAST,
WHERE EVERY STUDENT’S FOOTSTEPS PASS.
DOORS SWING WIDE, THE HALLS BEGIN,
THIS IS THE PLACE WHERE DAYS ALL SPIN.”**

If you find a spider, make your way to Room 113 at lunch to enter a raffle for a grand prize! Good Luck Rapids!

- Hey Rapids! Get cozy, get comfy, and show off your PJ's! Pajama Day Awaits! It will be held tomorrow, October 30th. The Leadership classes want you to show your spirit!!
- Hey Rside! Ready for some friendly competition? On Nov 14 at lunch, it’s Teachers vs. Students in a Dodgeball Showdown! Play or cheer—your choice! Sign-up sheets on bulletin boards & Rapids Instagram. So... Who’s side are you on? Rside’s side!

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Southern Fried Chicken served with Creamy Coleslaw, Potato Salad, Hot Sauce & Biscuits	Entrée: Spaghetti and Meatballs served with Focaccia	Entrée: Fish Tacos topped with Pickled Cabbage, Onion, Pico de Gallo & Crème Fraiche served with Queso Stuffed Peppers	Entrée: Pork Ramen in Miso Broth, Braised Cabbage, Bean Sprouts, Nori, Green Onion & Sweet Corn	Entrée: Spooky Monster Burgers Served with French Fries
Pizza: Pepperoni	Pizza: BBQ Chicken	Pizza: 4 Cheese	Pizza: Pesto Chicken	Pizza: Jack-O-Lantern Mini Pepperoni Pizza
Soup of the day: Manhattan Clam Chowder	Soup of the day: Manhattan Clam Chowder	Soup of the day: Manhattan Clam Chowder	Soup of the day: Spiced Pumpkin	Soup of the day: Halloween Pumpkin Soup

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- Your Junior Girls Volleyball team won their Districts Semi-Final 3-0 over Heritage Woods and go for Gold tonight! Come out to Centennial tonight at 7:30 to cheer on the girls as they go for gold!
- Riverside's Unified Soccer has an away game today vs Port Moody Secondary at 3:30pm. Go Rapids!
- Come cheer on the grade 9 girls' volleyball team as they play in the district championships! Games are at Heritage Woods on Thursday, October 30, at 3:45 and 5:45. They would love your support!

CLUBS

- Reminder to Cadets participating in the Colour Guard for the Remembrance Day assembly - meeting at lunch in room 118 today!
- Social Justice club will be meeting tomorrow at lunch in room 118 this week due to Hallowe'en. See you then!
- Ski and Snowboard Club - Meeting tomorrow at lunch in Room 202. If you want to join us on some amazing trips to Whistler to Ski and Snowboard, come to room 202 at lunch tomorrow for all the information!

Have a great day, Rapids!