



RAPID READ

DATE: TUESDAY, OCTOBER 28th, 2025



EVENTS & ANNOUNCEMENTS

- Hi Rapids! Leadership is hosting a spooky scavenger hunt! Starting TODAY until Thursday, there will be hidden spiders throughout the school that you must find in a hidden location! Here’s the clue to today’s secret location:

**“WHERE VOICES RISE AND INSTRUMENTS PLAY,
YOU’LL HEAR A RHYTHM GUIDE THE WAY.
FOLLOW THE SOUND, BOTH LOUD AND BRIGHT—
YOU’LL FIND YOUR CLUE WHERE SONGS TAKE FLIGHT.”**

If you find a spider, make your way to Room 113 at lunch to enter a raffle for a grand prize! Good Luck Rapids!

- Hey Rapids! Get cozy, get comfy, and show off your PJ's! Pajama Day Awaits! It will be held on Thursday October 30th. The Leadership classes want you to show your spirit!!

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Southern Fried Chicken served with Creamy Coleslaw, Potato Salad, Hot Sauce & Biscuits	Entrée: Spaghetti and Meatballs served with Focaccia	Entrée: Fish Tacos topped with Pickled Cabbage, Onion, Pico de Gallo & Crème Fraiche served with Queso Stuffed Peppers	Entrée: Pork Ramen in Miso Broth, Braised Cabbage, Bean Sprouts, Nori, Green Onion & Sweet Corn	Entrée: Spooky Monster Burgers Served with French Fries
Pizza: Pepperoni	Pizza: BBQ Chicken	Pizza: 4 Cheese	Pizza: Pesto Chicken	Pizza: Jack-O-Lantern Mini Pepperoni Pizza
Soup of the day: Manhattan Clam Chowder	Soup of the day: Manhattan Clam Chowder	Soup of the day: Manhattan Clam Chowder	Soup of the day: Spiced Pumpkin	Soup of the day: Halloween Pumpkin Soup

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- Sr. Girls Volleyball home game today at 6:00pm vs Terry Fox Secondary!
- Come cheer on the grade 9 girls' volleyball team as they play in the district championships! Games are at Heritage Woods on Thursday, October 30, at 3:45 and 5:45. They would love your support!

CLUBS

- The Cancer Research Club is meeting at lunch today in room 118. Join us!
- R'Side Investment Club meeting today at lunch in room 204
- Ski and Snowboard Club - Meeting Thursday at lunch in Room 202. If you want to join us on some amazing trips to Whistler to Ski and Snowboard, come to room 202 at lunch on Thursday for all the information!

Have a great day, Rapids!