



# RAPID READ

DATE: WEDNESDAY, MARCH 4<sup>th</sup>



## EVENTS & ANNOUNCEMENTS

### WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée:</b> Chicken Shawarma Wraps, Tabouli, Picked Onions, Marinated Chicken Breast, Cucumbers, Tomatoes, and Tahini Garlic Sauce, Served with Wedge Potatoes	<b>Entrée:</b> Riverside house made Beef burger or Chicken burger served with French fries	<b>Entrée:</b> BBQ Ribs, Creamy Coleslaw and Potato Salad. Served with house made Biscuits	<b>Entrée:</b> Breakfast Special Scrambled eggs, house cured and smoked bacon, fresh hashbrowns	<b>Entrée:</b> Riverside house made beef burger served with French fries
<b>Pizza:</b> Pepperoni	<b>Pizza:</b> BBQ Chicken	<b>Pizza:</b> 4 Cheese	<b>Pizza:</b> Pesto Chicken	<b>Pizza:</b> Pepperoni
<b>Soup of the day:</b> Leek and Potato	<b>Soup of the day:</b> Leek and Potato	<b>Soup of the day:</b> Borscht	<b>Soup of the day:</b> Borscht	<b>Soup of the day:</b> Borscht

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

## GRADS

- Hey grade 12's! Did you not get a GRAD T-shirt? Do you still want one? Good news, you can enter a draw to **WIN** a grad shirt. Go to room 124 and enter your name. Draw will be made March 9-12.

## ATHLETICS

- Attention all grade 9 and 10 girls! There will be a mandatory soccer team meeting in room 121 at lunch **TODAY**. Anyone interested in joining please attend!

## CLUBS

- Hey Rapids! The Riverside Islamic Club is collecting non-perishable foods for families in our community. Drop off items like lentils, beans, canned soup, rice, tea, or cookies in Room 123 anytime until Friday, March 6<sup>th</sup>. Thanks for helping make this a meaningful month.

- Are you interested in a career in Psychology? Do you want to meet a Clinical Psychologist to learn about this career option? Join the Health Sciences Club this Friday March 6<sup>th</sup> after school in the library. Everyone is welcome!
- Got awesome science ideas? Coquitlam Public Library's Science Expo is where students have an opportunity to showcase their experiments and compete for prizes. Come to the information session **TODAY** at lunch in room 204!

*Have a great day, Rapids!*