



# RAPID READ

DATE: MONDAY, MARCH 3<sup>RD</sup> 2026



## EVENTS & ANNOUNCEMENTS

### WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée:</b> Chicken Shawarma Wraps, Tabouli, Picked Onions, Marinated Chicken Breast, Cucumbers, Tomatoes, and Tahini Garlic Sauce, Served with Wedge Potatoes	<b>Entrée:</b> Riverside house made Beef burger or Chicken burger served with French fries	<b>Entrée:</b> BBQ Ribs, Creamy Coleslaw and Potato Salad. Served with house made Biscuits	<b>Entrée:</b> Breakfast Special Scrambled eggs, house cured and smoked bacon, fresh hashbrowns	<b>Entrée:</b> Riverside house made beef burger served with French fries
<b>Pizza:</b> Pepperoni	<b>Pizza:</b> BBQ Chicken	<b>Pizza:</b> 4 Cheese	<b>Pizza:</b> Pesto Chicken	<b>Pizza:</b> Pepperoni
<b>Soup of the day:</b> Leek and Potato	<b>Soup of the day:</b> Leek and Potato	<b>Soup of the day:</b> Borscht	<b>Soup of the day:</b> Borscht	<b>Soup of the day:</b> Borscht

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

## GRADS

- Hey grade 12's! Did you not get a GRAD T-shirt? Do you still want one? Good news, you can enter a draw to **WIN** a grad shirt. Go to room 124 and enter your name. Draw will be made March 9-12.

## ATHLETICS

- Tennis Tryouts – Interested in playing on the Riverside Tennis team? Come to tryouts at Gates Park Tennis courts **TODAY** March 3<sup>rd</sup>, 3:30pm start time. See Mr. Chee in portable 4 if you have any questions.
- Attention all grade 9 and 10 girls! There will be a mandatory soccer team meeting in room 121 at lunch tomorrow March 4<sup>th</sup>. Anyone interested in joining please attend.
- The boy's rugby team take on Charles Best today in an away game for our season opener. The boys are looking to win a Fraser North Banner this year! Go Rapids!

## CLUBS

- Riverside- The Cancer Research Club is excited to announce our Tim Bits and donut fundraiser! Join us at lunch in the foyer **TODAY** to grab a sweet treat and support an important cause. Cash and card accepted.
- Hey Rapids! The Riverside Islamic Club is collecting non-perishable foods for families in our community. Drop off items like lentils, beans, canned soup, rice, tea, or cookies in Room 123 anytime until Friday, March 6<sup>th</sup>. Thanks for helping make this a meaningful month.
- Come out for a good cause! The Covenant House club is hosting a pizza sale! Come down to the foyer at lunch on March 12<sup>th</sup> and grab a slice or two. All proceeds will support youth experiencing homelessness. That's March 12<sup>th</sup> at lunch!
- Are you interested in a career in Psychology? Do you want to meet a Clinical Psychologist to learn about this career option? Join the Health Sciences Club this Friday March 6<sup>th</sup> after school in the library. Everyone is welcome!

*Have a great day, Rapids!*