



RAPID READ

DATE: WEDNESDAY, FEBRUARY 25TH, 2026



Kindness is a Superpower!

EVENTS & ANNOUNCEMENTS

- Hey Rapids! **Today is Pink Shirt Day!** Everyone looks great in pink! Bullying stops here!

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Chicken Parmesan served with House Made Focaccia	Entrée: Prawn Risotto served with House Made Focaccia	Entrée: Cubano Pork Panini served with House Punched Fries	Entrée: Riverside House Made Beef or Chicken Burger served with French Fries	Pro-D Day No Service
Pizza: Pepperoni	Pizza: BBQ Chicken	Pizza: 4 Cheese	Pizza: Pesto Chicken	
Soup of the day: Smoked Tomato Bisque	Soup of the day: Smoked Tomato Bisque	Soup of the day: Borscht	Soup of the day: Borscht	

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

GRADS

- Hey grade 12's did you not get a GRAD T-Shirt? Do you still want one? Good news, you can enter a draw to WIN a grad shirt. Go to room 124 and enter your name. Draw will be made March 9-12
- Are you in grade 12 and interested in being the G26 Valedictorian or Toastmaster? If interested, please come to the information meeting in room 115 at lunch **tomorrow**.
- 2026 Grads: the verification for your Yearbook writeup and photos are on the counselling area windows. If there are any issues with your writeup, see Mr. Schoenhals in room 112 by **tomorrow!**
- Grade 12s there will be a scholarship meeting next **Mon. March 2** at lunch in the library. The local Riverside and SD43 scholarship package will be explained.

CLUBS

- Heeeeeeeey Fishing Club! We have meeting **tomorrow** at lunch in room 106. We will be planning our next overnighter trip. You must attend if you are interested in coming.
- The Riverside Islamic Club is collecting non-perishable foods for families in our community. Drop off items like lentils, beans, canned soup, rice, tea, or cookies in Room 123 anytime until **March 6**. Thanks for helping make this a meaningful month for everyone!
- Rapids, don't miss this! 📍 🇨🇦 Join us for a Paramedicine Workshop with [@rsidehealthscienceclub](#) **tomorrow** in the library from 3:20pm–4:50pm.

ATHLETICS

- The Rapids Girls Rugby team kicks off their season today with an exhibition game vs perennial powerhouse Gleneagle Talons. The game marks the beginning of a bright future as Grade 10 players Ruby Gosselin, Sydney Kuchka and Hannah Sol use their extensive rugby experience to lead the charge. Combined with the return of Leyla Lal and Parmis Yousef - aka The Legion of Boom - this will be a breakout season for Rapids Rugby. Come support the team as they debut their game in an early season showdown with a crosstown rival. Kickoff at 4:00 pm at Gleneagle Secondary.
- With some unexpected departures from the team, Rapids Girls Rugby needs three or four more players to round out their roster. If you're interested in joining the fastest growing women's sport in the world, come hang out at practice and see if it is a fit for you. No experience necessary and no obligation to join. If interested, visit Ms. Gorsic in room 224 or talk to a girls rugby player for more information. Be strong. Make friends. Play rugby.
- Tennis Team: Information meeting **tomorrow** at lunch in portable 4 for those wishing to tryout for the tennis team.
- Let's cheer on our SR. Girls Basketball Team as they compete in the Provincial Championships starting today at the Langley Events Center. Go Rapids Go!
- Attention all Grade 9 and Grade 10 Girls: IF interested in playing Junior Girls Soccer this Spring, please come to a mandatory meeting in Mrs. Bingham's Room, 121, **tomorrow** at lunch. Thank you!

Have a great day, Rapids!