



RAPID READ

DATE: MONDAY, FEBRUARY 23RD, 2026



EVENTS & ANNOUNCEMENTS

- Applications are now open for What the L. SD43 is providing students with an opportunity to participate in a 2-day instructional program with ICBC and prepare them for their Learners Permit test. See Career Website or Ms. David for application.
- Quick reminder that French tutors are available every day in Room 208 at lunch. Drop by if you want to practice your French, need help with an assignment, or want to do some review!

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Chicken Parmesan served with House Made Focaccia	Entrée: Prawn Risotto served with House Made Focaccia	Entrée: Cubano Pork Panini served with House Punched Fries	Entrée: Riverside House Made Beef or Chicken Burger served with French Fries	Pro-D Day No Service
Pizza: Pepperoni	Pizza: BBQ Chicken	Pizza: 4 Cheese	Pizza: Pesto Chicken	
Soup of the day: Smoked Tomato Bisque	Soup of the day: Smoked Tomato Bisque	Soup of the day: Borscht	Soup of the day: Borscht	

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- Junior badminton tryouts will be **today** at 5:15pm and **Wednesday the 25th** at 3:15pm in the gym. Please bring your racket!
- All girls in grades 9 - 12 that are trying out for Girls Soccer, the next tryout is **tomorrow at 3:30** on the front turf. If you cannot attend, please see Ms. Cuccione or Mr. Jamieson.
- Ultimate Frisbee Tryouts will take place **tomorrow** at 3:30pm on the back turf. All interested are welcome to come and play!
- Golf Team Information meeting will be taking place tomorrow at Lunch in Portable 1!
- Huge Congratulations to our Jr. Girls Basketball team who fought hard and strong to finish 6th in the Province at the B.C Provincial Championships.
- Coach Neufeld, Coach Paul Langford, and the provincially #2-ranked Sr. Girls Basketball team begin their pursuit of a blue banner on Wednesday at the Langley Events Centre. Good luck to the team!

GRADS

- Attention Grade 12's: If you missed picking up your GRAD T-shirts, come **to the office at lunch**.
- Are you in grade 12 and interested in being the G26 Valedictorian or Toastmaster? If interested, please come to the information meeting in room 115 at lunch on **Thursday, February 26th**.

CLUBS

- Hey Riverside! Come to room 208/209 at lunch to play Trivia and Kahoots! with your friends. This is hosted by the Christian Club and we would love to see you there!
- Cancer Research club is meeting **tomorrow** at lunch in room 118.
- Hey Rapids! Ramadan is here and the Riverside Islamic Club is happy to announce that they will be partnering with the local mosque to gather non-perishable foods for families in our community. You can drop off nonperishable foods in room 123 at anytime from now until **March 6th**. Nonperishable foods include lentils, beans, canned soup, rice, tea, cookies etc. Let's work to make this a blessed month for all who participate.
- Rapids, don't miss this! 📣 🇨🇦 Join us for a Paramedicine Workshop with [@rsidehealthscienceclub](#) on **February 26th** in the library from 3:20pm–4:50pm.

Have a great day, Rapids!