



# RAPID READ

**DATE: MONDAY, SEPTEMBER 29<sup>TH</sup>**

## EVENTS & ANNOUNCEMENT

- Hey Riverside! Have you handed in your purple emergency release form and white student verification forms to the office? If not, please do so as soon as possible.
- **Language Challenge Exam:** this is for grade 10-12 students to earn credit for previous language experience. If you speak Farsi, French, Japanese, Korean, Mandarin, Punjabi or Spanish or Sign Language, see Mrs. Young in the counselling area.
- **Attention all Italy trip participants:** there is a mandatory meeting next Tuesday, October 7<sup>th</sup> in room 126 at 3:30pm.
- The Canadian University Event will be here this Wednesday, Oct 1<sup>st</sup> in the gym from 9:00am - 10:30am. Grade 11 and 12's can attend anytime. Come connect with over 50 university recruiters from across Canada and learn more about your post-secondary options!
- Photo retake and fall sport team photos will take place this Friday, October 3<sup>rd</sup>.

## WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée:</b> Cubano Pork Panini served with House Punched Fries	<b>Entrée:</b>  No School	<b>Entrée:</b>  Chicken Pot Pie	<b>Entrée:</b>  Breakfast Special Eggs, Sausage, Bacon Hashbrowns and Pancakes	<b>Entrée:</b>  Riverside House Made Beef or Chicken Burger, served with Fries
<b>Soup of the day:</b> Fire Roasted Red Pepper	<b>Soup of the day:</b>	<b>Soup of the day:</b> Fire Roasted Red Pepper	<b>Soup of the day:</b> Cream of Cauliflower	<b>Soup of the day:</b> Cream of Cauliflower

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

## CLUBS/ACTIVITIES

- **Social Justice Club:** join us for a meeting this Friday, October 3<sup>rd</sup> in room 118 at lunch. All are welcome!
- **Cancer Research Club:** there is a meeting at lunch today in room 118. We hope to see you there!
- Hey Riverside, Winter is here soon, come join the Riverside Ski and Snowboard Club. Check out the rapidevent Instagram page for the code to sign up.

## ATHLETICS

- The Rapids Girls Rugby team will be holding a Try Rugby event on Wednesday October 1 @ 3:30 at Gates Park, field #3. No experience necessary. If you're looking to belong to something special with positive, fun, fantastic team culture, come give rugby a try. The season starts in February but we're recruiting early! Be strong. Make friends. Play rugby.