



# RAPID READ

DATE: TUESDAY, SEPTEMBER 16<sup>th</sup>

## EVENTS & ANNOUNCEMENT

- Just a reminder if your park in the North Parking lot by Gates Park you must come to the office and pick up a registration form. Please do this no later than this Thursday, September 18<sup>th</sup>.
- If you haven't already brought your white student verification form and purple emergency release form back, please bring them to the office ASAP.
- **Rainbow Alliance!** Come join us in room 111 on Monday, September 22<sup>nd</sup> for our first meeting to determine what this alliance will look like and enjoy some snacks and conversation.

## WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Entrée:</b> Butter Chicken served with Basmati Rice and Naan Bread	<b>Entrée:</b> Beef Enchiladas Topped with Salsa Fresca, Sharp Cheddar, Jalapenos and Cilantro	<b>Entrée:</b> Chicken Parmesan served with Penne Alfredo and Focaccia Bread	<b>Entrée:</b> Riverside House Made Burgers served with Fries	<b>Entrée:</b>  <b>Pro D Day</b>
<b>Soup of the day:</b> Tomato Bisque	<b>Soup of the day:</b> Tomato Bisque	<b>Soup of the day:</b> Tomato Bisque	<b>Soup of the day:</b> Tomato Bisque	<b>Soup of the day:</b>

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

## ATHLETICS

- **Volleyball Intramurals:** are you looking for something fun to do at lunch? Come sign up by picking up a form outside the PE office. Please fill the form out and hand it back to Mr. Neufeld or Ms. Cuccione. Captains meeting will happen soon.
- **Ultimate Frisbee:** come drop in for Grade 9-12 girls and boys on the Grass Field every Thursday. Come have fun and work on your frisbee skills.

## GRAD

- Hey 2026 Grads, there will be a scholarship and post-secondary information meeting for grade 12s on Wednesday, September 24<sup>th</sup> at lunch in the library.
- Attention all Grade 12 Students: your Vision Board for CLC is due by Friday and we really need to check in on your Capstone progress. Make an appointment ASAP.

## CLUBS

- **Tunkwa Lake Campers:** there is a meeting today at lunch in room 101. See you there!
- Do you want to get involved at R'Side? Come check out some of the cool clubs and teams this Thursday, September 18<sup>th</sup> at lunch in the main foyer.