



RAPID READ

DATE: MONDAY, SEPTEMBER 15th

EVENTS & ANNOUNCEMENT

- Attention All Student’s that drive to work and park in the North lot by Gates Park. Please come to the office and pick up a yellow form that needs to be filled out with your vehicle details. These forms are due by Thursday, September 18th.
- If you haven’t already brought your white student verification form and purple emergency release form back, please bring them to the office ASAP.

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Butter Chicken served with Basmati Rice and Naan Bread	Entrée: Beef Enchiladas Topped with Salsa Fresca, Sharp Cheddar, Jalapenos and Cilantro	Entrée: Chicken Parmesan served with Penne Alfredo and Focaccia Bread	Entrée: Riverside House Made Burgers served with Fries	Entrée: Pro D Day
Soup of the day: Tomato Bisque	Soup of the day: Tomato Bisque	Soup of the day: Tomato Bisque	Soup of the day: Tomato Bisque	Soup of the day:

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- Hey Rapids, Ultimate Frisbee drop in starts on Thursday after school on the grass field #2. Open to boys and girls grades 9-12. Drop in will be every Thursday this fall to help you improve for Spring try outs. See Ms. Brandsma or Mr. Barrington for more information.

GRAD

- Hey 2026 Grads, there will be a scholarship and post-secondary information meeting for grade 12s on Wednesday, September 24th at lunch in the library.

CLUBS

- Are you into Hip Hop dance? First meeting of the Hip Hop Dance Club is today in the drama room. This is a positive and supportive space for dancers of all backgrounds. Join us if you can stand by that philosophy.
- **Tunkwa Lake Campers:** there is a meeting tomorrow at lunch in room 101. See you there!
- Do you want to get involved at R’Side? Come check out some of the cool clubs and teams this Thursday, September 18th at lunch in the main foyer.