



RAPID READ

DATE: THURSDAY, OCTOBER 23RD 2025



EVENTS & ANNOUNCEMENTS

➤ Will the following students please come down to the office today to pick up their Student ID Cards:

- Mawadda Aloshari
Isaac Banfield
Linda Cao
Sarah Eisenburger
Cassidy Empey
- Kyle He
Sayed Makandar
Arshiya Sadeghi
Olivia Sweeney
Adryan Sobh Avelar

- **Attention all grade 12's.** There are mandatory class meetings this week. Please make an effort to attend the session offered by your CLC teacher. If you can't make theirs, then attend one of the other sessions. This is for the financial literacy assignment.
- The rooms for **CLC** are:
WHO: Ms. Rance **WHEN:** TODAY @ Lunch **WHERE:** Room 110

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Pork Schnitzel: Breaded Pork Loin Cutlets, Creamy Lemon Spaetzle Noodles, Mushroom Gravy, Kaisar Rolls	Entrée: Sloppy Joes: AAA beef, Marinera Sauce, Brioche Bun, Served with House Punched Fries.	Entrée: Korean Fried Chicken, Sweet and Spicy Sauce, Sticky Rice, Korean Style Coleslaw, Milk Bread	Entrée: Riverside House Made Beef Burger or Chicken Burger Served with French Fries	Pro-D Day! No School
Soup of the day: Cream of Mushroom	Soup of the day: Cream of Mushroom	Soup of the day: New England Clam Chowder	Soup of the day: New England Clam Chowder	

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

ATHLETICS

- Congratulations to the Cross-Country Team for excellent results at Fraser Norths yesterday in Burnaby with many qualifying for provincials. A special mention to Kalen Conkin for winning the Senior Boys Race.
- All **Cross Country Athletes** who made it to Provincials, please come to Room 115 at lunch today for a mandatory meeting.
- **Grade 9 Girls Volleyball** Home Game today vs Pinetree today at 3:45pm
- **Senior Boys Volleyball** Home Game today vs Pinetree at 6:00pm
- **Seniors Girls Volleyball** Home Game today vs Pinetree at 7:30pm

Have a great day, Rapids!