



RAPID READ

DATE: Monday, October 20TH, 2025



EVENTS & ANNOUNCEMENTS

- Reminder to all students there are still **Student ID Cards** in the office for pickup from both the original photo day and retake day. Please come to the office to pick up. If you are unsure if you have a card, please come check anyways.
- If you ordered **School Photo's** from GradsBC, all packages are ready to be picked up in office during lunch or after school!
- **Attention all grade 12's.** There are mandatory class meetings this week. Please make an effort to attend the session offered by your CLC teacher. If you can't make theirs, then attend one of the other sessions. This is for the financial literacy assignment.
- The rooms for **CLC** are:
WHO: Ms. Graham **WHEN:** TODAY @ Lunch **WHERE:** Room 114
WHO: Ms. McArthur **WHEN:** TODAY @ Lunch **WHERE:** Room 219
WHO: Romani/Thomason **WHEN:** TOMORROW @ Lunch **WHERE:** Room 104/213
WHO: Ms. Nelson **WHEN:** Wednesday Oct 22nd @ Lunch **WHERE:** Room 113
WHO: Ms. Rance **WHEN:** Thursday Oct 23rd @ Lunch **WHERE:** Room 110

WEEKLY CAFETERIA SPECIALS

Monday	Tuesday	Wednesday	Thursday	Friday
Entrée: Pork Schnitzel: Breaded Pork Loin Cutlets, Creamy Lemon Spaetzle Noodles, Mushroom Gravy, Kaisar Rolls	Entrée: Sloppy Joes: AAA beef, Marinera Sauce, Brioche Bun, Served with House Punched Fries.	Entrée: Korean Fried Chicken, Sweet and Spicy Sauce, Sticky Rice, Korean Style Coleslaw, Milk Bread	Entrée: Riverside House Made Beef Burger or Chicken Burger Served with French Fries	Pro-D Day! No School
Soup of the day: Cream of Mushroom	Soup of the day: Cream of Mushroom	Soup of the day: New England Clam Chowder	Soup of the day: New England Clam Chowder	

HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

CLUBS

- Reminder for **Rock Band Groups:** 3 Hole Punch, Girl Dumb and Blue State of Mind, please come to the photo studio **today** at lunch for your photoshoot.
- **R'Side Investment Club** Meeting **Tuesday** at lunch in room 204!

ATHLETICS

- **Cross-Country Team:** Please come to the foods room after school today for a mandatory meeting even if you are not running at practice.
- Come cheer on your Rapids at Gates today as the **Jr. Boys Soccer** team take on Charles Best. Kickoff at 3:30pm
- **Jr. Girls Volleyball** home game today at 6:00pm vs Pinetree Secondary
- **Jr. Boys Volleyball** home game today at 7:30pm vs Pinetree Secondary

Have a great day, Rapids!