

# Thursday, May 1st, 2025

### **EVENTS & ANNOUNCEMENT**

- Hey rapids many families in our community need our help and that's why we are hosting a blanket drive to support others who are in need, we are collecting blankets, clothes, shoes, toothbrush etc for shelters and families who could use a little extra comfort. You can bring your donations to room 113 and room 220 at any time. Let's come together to make sure everyone has what they need, no matter the season. Thank you for your support
- ➤ Red Dress Day is May 5<sup>th</sup>, where we will honour the 1000's of Murdered and Missing Indigenous Women, Grisl, 2 Spirits. Please take some time over the next few days to read the cards on the dresses outside. They were mothers, daughters, sisters, and friends.
- ➤ Youth Week in BC kicks off today and runs through Wednesday, May 7th! The City of Coquitlam has lined up a variety of exciting activities for youth ages 11–18 to enjoy throughout the week. See flyers around the school for more information.
- ➤ Do you have stuff you don't use anymore? Join us for Eco-friendly Swap Day next Tuesday, May 2nd at lunch in the foyer! Drop off clean, gently used bottles, books, supplies etc at Room 109 (Mr. Chan's class) this week and next Monday, May 5<sup>th</sup>. Come to the foyer next Tuesday and find something new. Bring something old and get something new!
- Attention International Students who are going to the Kayak trip, FORMS are due ASAP. Hand in your forms to Ms. Mireau in room 202. Also, check your school email for information on what to bring and where to meet.

### **WEEKLY CAFETERIA SPECIALS**

Monday	Tuesday	Wednesday	<b>Thursday</b>	Friday
Entrée:	Entrée:	Entrée:	<mark>Entrée:</mark>	Entrée:
Crispy Chicken	Riverside House	Butter Chicken	Riverside House	Carolina Pulled Pork or
Wings tossed in	Made Beef or	served with Basmati	Made Beef or	Chicken Sandwich,
your Favorite	Chicken Burger	Rice and House	Chicken Burger	served with House
Sauce served with	served with Fries	made Nann Bread	served with Fries	Punched Fries
Veggies and Ranch				
Dressing				
Soup of the day:	Soup of the day:	Soup of the day:	Soup of the day:	Soup of the day:
Corn Chowder	Corn Chowder	Fire Roasted Red	<mark>Fire Roasted Red</mark>	Fire Roasted Red
		Pepper Soup	Pepper Soup	Pepper Soup

#### HOUSE MADE SANDWICHES AND BAKED GOODS ARE MADE DAILY AND AVAILABLE FOR PURCHASE

### **GRAD**

➤ Hey Grads, reminder there is only 2 days left to purchase your dinner dance and after grad ticket online or in the office. Last day to purchase these tickets is tomorrow. Make sure to bring your receipt to room 124 at lunch this week to choose your table. Any students with allergies need to see Ms. Chin in room 124 by tomorrow. If you haven't entered your gown size online please do so ASAP, we are still missing a number of entries.

### **CLUBS**

- ➤ No JJiu Jitsu Club today. We will continue next Thursday!
- ➤ Attention Art students and Art Club members. Do you have unclaimed ceramics in the art room? Please come and claim them today as we need to create room for new creations.

## **ATHLETICS**

- RSS 1 Hockey Team: Big win yesterday versus SRT. Big Hat goes to Damon Douglas who was Dangling Final Score Riverside 5 and SRT 2 4 6 6 6
- Scoring congrats goes to:

Carter Dand - 2 Goals

Damon Douglas 1 Goal and 1 Assist

Jachym Porzika 1 Goal and 1 Assist

Sebby Brisebois 1 Goal and 1 Assist

Logan Bangma - 2 Assists

Landin Godin - 4 Crossbars and 3 Posts

Next Game Wednesday, May 7th versus Haney, let's pack the barn Rapids!