

The logo for 'mpowerlives' is displayed in white lowercase letters on a solid orange rectangular background. The 'm' is stylized with a dot above it.

RC Macdonald – MPower your Inner Ninja – (Tuesdays) Nov/Dec

\$65.00

Number of Sessions: 6

Date: 5 November (Tuesday) 2019 03:00 PM

Register now >>

Dates: Tuesdays Nov 5, 12, 19, 26 Dec 3, 10

Time: 3:00pm – 4:30pm

Minimum Requirement: 10 students

This empowerment program will introduce your child to find their inner ninja through self-defense/martial arts, safety guidelines, fitness, and play. There will be a series of fun activities, and drills designed to develop focus and concentration, encourage listening skills and teamwork. Social values such as respect, kindness, and compassion will develop their social and emotional learning.

Online Registration: dowhatuluv.ca/programs

Any Questions?

– Program Related: info@mpowerlives.com

www.mpowerlives.com (<http://www.mpowerlives.com/>)

– Registration Related: registration@dowhatuluv.ca