



*Port Moody Secondary  
School*

Focus on the  
**BIG PICTURE**  
for the  
Graduates of 2022  
- a guide for your Grade 12 Year -

Overview of the Year Ahead

September 2021

## Top Things to Do:

1. Check Required Courses for Graduation.
2. Complete Career Life Connection Components.
3. Check Post-Secondary Requirements and Application/Admission Deadlines.
4. Complete the Student Transcript Request form with the Ministry of Education (**in November**)
5. Scholarships—attend Virtual information meetings and complete the package on time!
7. Be aware and listen to the school announcements



# *Port Moody Secondary School*

## *Calendar*

<b>OCTOBER</b>	
TBA	Various Virtual Presentation from Universities and Colleges
13	Scholarship Meeting #1, —Virtual event
TBA	BC Post Secondary Institutions Fair (PSIBC): Virtual Fair
14	IB Grade 12 Parent Meeting, 6:30pm
<b>NOVEMBER</b>	
On-going	Various Virtual Presentation from Universities and Colleges—see Times for updates
8-19th	Artona Grad Photos on-site, @ PMSS , make appointment on-line: <a href="http://www.artona.com">www.artona.com</a>
23 & 24	Student Transcript Services “How To” Session, prestation format TBD.
<b>DECEMBER</b>	
1	Applying for the UBC Major Entrance Scholarship; must apply for admission to UBC
3	Graduation Verification sent home
6	Return Graduation Verification to block 2 teachers, signed by parent
15	SFU Entrance Scholarship Deadline
<b>JANUARY</b>	
14	SFU Program Fair, blocks 4 & 5, location TBA
15	Deadline for U.B.C applications
31	Deadline for S.F.U. applications
<b>FEBRUARY</b>	
1	Cap and Gown Catchup Photos
16 or 17	Grade 12 Assemblies, only attend one during FLEX
28	Deadline for <b>most</b> University Applications; be sure to check each institute’s specifications
<b>MARCH</b>	
11	Local Scholarship Application Deadline, 3pm
<b>APRIL</b>	
4	Valedictorian Applications available
27	Valedictorian Speeches and vote
29	PMSS Day—Capstone presentations for all grade 12s
<b>MAY</b>	IB Exams May 2-20th
<b>JUNE</b>	Awards Celebration Venue TBD
	Year end events will be announced at a later date.

# Graduation Requirements

## REQUIRED COURSES

SUBJECT AREA	Minimum Credits
TWO English 10 Courses (2 credits each)	4
One English 11 Course	4
English Studies 12	4
Social Studies 10	4
a Social Studies 11 or 12	4
Science 10	4
a Science 11 or 12	4
a Mathematics 10	4
a Mathematics 11 or 12	4
Physical Health Education 10	4
Career Life Education 10	4
a Fine Arts and/or Applied Skills 10, 11, or 12	4
<b>Total</b>	<b>48 credits</b>

## ELECTIVE COURSES

Students must earn at least **28 elective credits for Grade 10-12 courses.** 28 credits

### Career Life Connections 12

Students must earn **4 credits for Career Life Connections** 4 credits

## OVERALL TOTAL

Of the 80 credits for graduation, **at least 16 must be at the Grade 12 level, including English Studies 12.** **80 credits**  
Others may be required or elective courses.

# Fact Sheet: Scholarships



Scholarship packages for local and district scholarships and bursaries will be available in FEBRUARY. A more detailed presentation will be posted soon, check the announcements!

Universities like UBC and SFU have Entrance Scholarship with deadlines early in **December**. Visit the university websites to find out how to apply for entrance scholarships.

## Scholarship Sites:

### **Tip:**

Scholarships and bursaries are open to all!

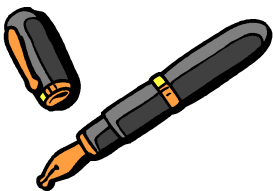
These scholarship search engines will help you find scholarship opportunities!

[www.schoolfinder.com](http://www.schoolfinder.com)  
[www.scholarshipscanada.com](http://www.scholarshipscanada.com)  
[www.canadian-universities.net](http://www.canadian-universities.net)  
[www.canlearn.ca](http://www.canlearn.ca)  
[www.bced.gov.bc.ca/awards](http://www.bced.gov.bc.ca/awards)



### U.S. Financial Aid/Scholarships:

[www.collegeboard.org](http://www.collegeboard.org)  
[www.finaid.org](http://www.finaid.org)  
[www.edupass.org/finaid/](http://www.edupass.org/finaid/)  
[www.iefaf.org](http://www.iefaf.org)  
[www.bestschoolsusa.com](http://www.bestschoolsusa.com) (American University Rankings)



QR Code Access to the  
TEAMS  
Scholarship Information

## Scholarships and Financial Aid

Students who plan to apply for scholarships and bursaries need to check Career Centre section of the TIMES for new opportunities. There are many scholarships available each year, and they all have different application dates and criteria.

Students can access scholarship information from the Post Secondary & Career Advisor Teams page—access code: 46n1w80

Government student loan should be processed online at [www.studentaidbc.ca](http://www.studentaidbc.ca).

# Provincial Scholarships

## **Question:**

What do I need to do to qualify for a **Provincial Scholarship**?

1. Be sure you have a social insurance number. If you don't have one, visit your local Service Canada office in person:

Service Canada Office  
Suite 100, 2963 Glen Drive,  
Coquitlam, BC

To apply online:

<https://www.canada.ca/en/employment-social-development/services/sin/apply.html#online>

2. Must be a Canadian citizen or Permanent Resident
3. Must be enrolled in or registered as a BC public home school
4. Must be graduating in the year that you are applying for the scholarship
5. Must complete the applications/resumes/provide references as indicated by the Ministry (see next page).
6. Must meet the minimum grade requirements as indicated by the Ministry.



# Provincial Scholarships

The information below is based on last year's information, some changes may be announced from the Ministry of Education in October.

## **BC Excellence Scholarship:**

- \$5000 scholarship awarded to **55 students**
- Must be nominated by the school (one nomination per school allowed)
- Winner will have demonstrated service and leadership at school and in their community, and show aptitude and commitment to their chosen career path
- Application includes a 'B' average in grade 11 & 12 as well as a 500 word essay, with no more than one C+ in their academics
- Meet any requirements outlined by the Ministry of Education
- A student cannot win both the BC Excellence and the Pathway to Teacher Education Scholarship.

## **BC Achievement Scholarship:**

- \$1250 scholarship awarded to **8000 students**
- Recipients must have a 'B' average or better in their Language Arts 12 course
- Recipients chosen based on their achievement in course work (including electives). A cumulative average percentage will be calculated and form the basis for determining recipients.
- **Students do not apply for this award.**

## **District/Authority Scholarship:**

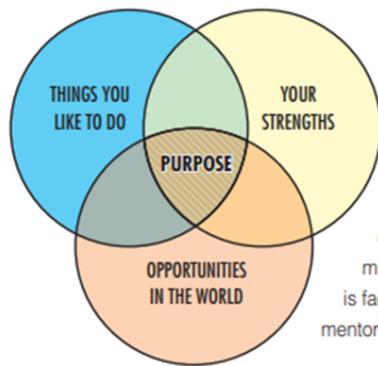
- 5500 Scholarships of \$1250
- Awarded to graduating students for excellence in their chosen field of interest
- Recipient must demonstrate outstanding achievement in one of the following areas: Indigenous Languages & Culture, Fine Arts, Applied Skills, Physical Activity, International Languages, Community Service or Technical & Trades Training
- Students complete the school scholarship package to access these awards that is handed out in December.
- Application due in the beginning of March.

## **Pathways to Teacher Education Scholarship:**

- 20 Scholarships of \$5000
- Awarded to 'Outstanding' graduating students who are intending to enter a BC Faculty of Education, and submit on deadline indicated (TBA)
- Must complete an application package on line: [www.gov.bc.ca/scholarshipsprogram](http://www.gov.bc.ca/scholarshipsprogram)
- Must have a 'B' average, with no more than one C+ in academics
- A student cannot win both the BC Excellence and the Pathway to Teacher Education Scholarship.

# Career Life Connections

***Career-Life Connections 12***, a course to assist you in transitioning to your first year after graduating from High School. The focus of this course is to have you begin researching and reflecting on different pathways that you could take after you graduate, to help you prepare for employment and ensure that you have a balanced lifestyle.



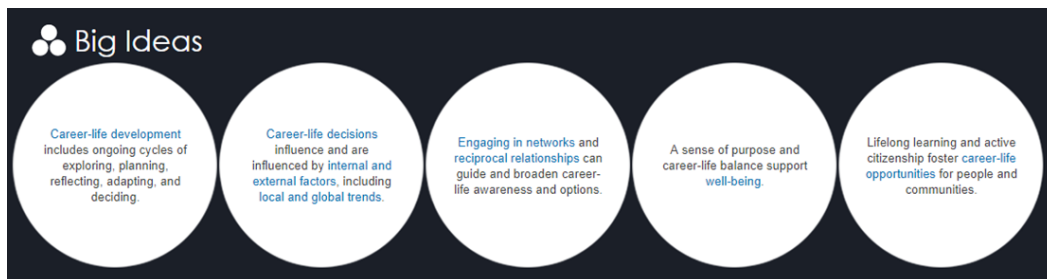
## Sense of purpose

Career-Life Education and Career-Life Connections are designed to assist students in reflecting on where their personal interests and strengths overlap with emerging career-life opportunities in the world. Sense of purpose can occur where these three qualities overlap, offering possible career-life directions that are both personally meaningful and viable. This type of purposeful career-life development is facilitated by the learning standards of CLE and CLC and ongoing mentorship opportunities throughout the secondary years.

This course involves assignments that will ultimately lead you towards a Capstone project, presented in January 2022. Each of the assignments is designed to have you reflect on your plans for next year and give you some support in preparing. All assignments will be handed in through Microsoft Teams. Students will complete:

- **Written Assignments**
- **Final Capstone Assignment**
- **Capstone Presentations**

The capstone is an opportunity for students to showcase their strengths, passions, and learning journey to a relevant audience. As a celebration of their learning journey, students are encouraged to share successes both in school and out of school, including their contributions and aspirations, and their possible postgraduation plans. The capstone can take many different forms, depending on student needs and interests. Each student will work on an individualized capstone project, which will lead to a 15-20 minute presentation in January 2022.





## IB Diploma Students Creativity Action and Service CAS

IB Diploma Students still must complete Career Life Connections. CAS covers Daily Physical Activity and Work and/or Volunteer hours.

Students complete CAS with the help of an advisor and by recording their experiences on Manage BAC. Manage BAC is an online program that assists students to fulfill their IB Diploma requirements. Each IB Student will also reflect upon the 7 learning outcomes over the 18 months of CAS.

- **May 19, 2022**—CAS presentations and IB Celebration.
- Here is an online link to help you: **[www.ibo.org](http://www.ibo.org)**

If you have any questions, please feel free to contact the following people:

Mr. S. Lenihan [slenihan@sd43.bc.ca](mailto:slenihan@sd43.bc.ca) (IB Coordinator)

Mr. D Bolognese [dbolognese@sd43.bc.ca](mailto:dbolognese@sd43.bc.ca) (CAS Coordinator)

Ms. J. Tsui [jtsui@sd43.bc.ca](mailto:jtsui@sd43.bc.ca) (CAS Advisor)

Ms. A. Sarte [asarte@sd43.bc.ca](mailto:asarte@sd43.bc.ca) (CAS Advisor)

# Career Planning

[www.educationplannerbc.ca](http://www.educationplannerbc.ca)

- Plan Your Education
- Search the Programs of Interest
- Apply to Post Secondary Institutions

## **You can't plan your whole life ahead of time**

Have you ever heard someone say something like, "I fell into my career"? That's because as important as planning and research are, chance still plays a role. Keep an open mind and learn to tolerate some degree of uncertainty.

## **You change over time**

As your life circumstances evolve - you get older, develop new insights - your feelings about what you want to do will evolve. You need to be able to reorient yourself when necessary.

## **The work world changes over time**

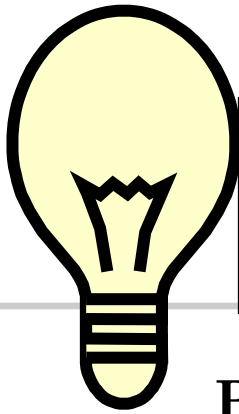
Remember, the job title "web developer" didn't always exist. Developments occur so rapidly that the form a career takes now could be very different in a few years. It's a balancing act. Keep track of your own changing wants while also keeping an eye on the horizon.

## **No job will be without some things that bug you.**

Don't fall into the trap of expecting to find the "perfect" career. Identify the elements of what would be the ideal path for you, and then make conscious choices about where you're willing to compromise.

## **Satisfaction, not status, is key!**

Many people feel pulled to a field that's familiar, popular, or high status. You'll be much happier and far more successful if you find something that relates to your own interests and strengths. Qualities that you take for granted can be valuable assets in many career fields.



# Student Transcript Request Service

## Purpose of the Post-Secondary Transcript Request Form

To help transition from secondary school to post-secondary education, your transcripts can be sent to various universities, colleges and institutes. This is a two step process, as you must have a BCeID to access the Student Transcript Service. See video tutorials below.

The *Transcript Request Form* link is available in November at the Student Secure Website:

<https://www2.gov.bc.ca/gov/content/education-training/k-12/support/transcripts-and-certificates#studenttranscripts>

Your choices must be entered by end of April.

You will need your Personal Education Number (PEN) and a BCeID in order to create an account and access the Student Transcript Request form. Once you have signed in with your BCeID, you will have access to the menus to select which post-secondary institutions you want to receive your transcript. This is an important part of ensuring you provide the final transcript to the institutions. If not completed, you may risk your admissions to post-secondary opportunities. See the videos below for the two step process:

### How To Videos:

**Step 1:** Registering for a BCeID and Accessing the Student Transcript Service

<https://youtu.be/lzmY0WeTfFs>

**Step 2:** How to Order and or Send a transcript to a post Secondary Institution

[https://www.youtube.com/watch?v=SSo\\_U7XmH8k](https://www.youtube.com/watch?v=SSo_U7XmH8k)

## What you need to know: University Requirements

- You must check the requirements before completing grade 12. Check out post-secondary websites to determine the requirements for general admission and specific program admission.
- Some post secondary institutes require specific courses, specific GPA's, and may require personal experience in the career area
- Plan on applying to several post secondary institutions, and always have a Plan B.
- Information sessions are a **must** if you are planning to go into a college program.
- Information sessions happen throughout the year –listen for when they are announced!

## Useful Post Secondary Websites (check requirements)



### **Tip:**

Attend virtual information sessions held by post secondary institutions. See the announcements in the Times for dates & times!

Apprenticeship: [www.itabc.ca](http://www.itabc.ca)

B.C. Career Colleges: [www.bccca.com](http://www.bccca.com)

### Career/Work/School

[www.educationplannerbc.ca](http://www.educationplannerbc.ca)  
[www.workbc.ca](http://www.workbc.ca)  
[www.schoolfinder.com](http://www.schoolfinder.com)  
[www.univcan.ca](http://www.univcan.ca)

Military: [www.forces.ca](http://www.forces.ca)



**To Get Information  
About:**

### Applying Online to:

Universities/College in B.C.

<http://apply.educationplannerbc.ca/>

Universities in Ontario

[www.ouac.on.ca](http://www.ouac.on.ca)

Transfer Guide/Admission Guide

[www.bctransferguide.ca](http://www.bctransferguide.ca)

## Question: Are there special exams or tests required to enter post secondary institutions?



### YES!

**English Assessment Tests**—Universities and Colleges may require an English Assessment test, if you do not meet their minimum years in an English school environment OR if your grade 12 English Studies mark falls below their requirements. Check the individual post secondary websites to see if you meet their specific requirements. Accepted English Assessments are below.

**S.A.T. & ACT**—The Scholastic Achievement Test or the American College Test is required for entry to U.S.A. colleges or universities. S.A.T.'s and ACT's are offered at several times throughout the year. Check [www.collegeboard.org/](http://www.collegeboard.org/) or <http://global.act.org/> for specifics.

## English Assessment Tests

<b>TOEFL</b> —Test of English as a Foreign Language, Internet Based Test (paper based test being phased out; currently only available to locations with no internet access) Test centers: Coquitlam, Vancouver ~\$245 CDN	<a href="http://www.ets.org/toefl">www.ets.org/toefl</a>
<b>IELTS (Academic)</b> —International English Language Testing System Test centers: Global Village Test Centres, various locations, Vancouver & Surrey ~\$309 CDN	<a href="http://www.ielts.org/">www.ielts.org/</a>
<b>CAEL—Canadian Academic English Language Test</b> —Available on-line and at test centers. The test measures the English language proficiency of students planning to study at Canadian universities and colleges, ~\$268 CDN	<a href="http://www.cael.ca">www.cael.ca</a>

<a href="#">BCIT</a> TOEFL IBT IELTS	<a href="#">UBC</a> TOEFL IBT IELTS CAEL	<a href="#">SFU</a> TOEFL IBT IELTS CAEL	<a href="#">UVIC</a> TOEFL IBT IELTS CAEL	<a href="#">Douglas College</a> TOEFL IBT IELTS CAEL
*check with the schools for scores required for admission*				



## Graduation Portraits – Class of 2022

Graduation portrait sittings for Grade 12 students are scheduled for **November 8- November 19, 2021**. All sittings are scheduled between 3:00 pm and 9:30 pm in the Artona Mobile Studio that will be on location at Port Moody Secondary

Sittings are scheduled by appointment only. Reserve your sitting time by logging on to Artona's web site at **[www.artona.com](http://www.artona.com)** and follow the links for Port Moody sign-ups.

Students must be photographed in order to appear in the yearbook and on the graduation composite.

Your sitting is FREE. Artona does, however require a \$60 refundable deposit in order for you to receive your session previews. The deposit may be applied to the purchase of any portrait package or refunded in full when the previews are returned to Artona.

Your portrait session includes:

- 16 different poses with four different studio sets.
- 10 x13 Diploma folder with a copy of the Graduation Composite.
- 5 x 7 Convocation photograph of you receiving your diploma.

Please visit [www.artona.com](http://www.artona.com) to view the "How to Prepare" brochure.

Artona Group Inc.  
353 West 7<sup>th</sup> Ave.  
Vancouver, BC V5Y 1M2  
Phone: 604 872-7272

Website: [www.artona.com](http://www.artona.com)

It is essential all graduates be photographed to ensure the entire 'Class of 2022' is included in the yearbook and composite.

Please make your sitting appointment early  
and be prompt for your appointment.

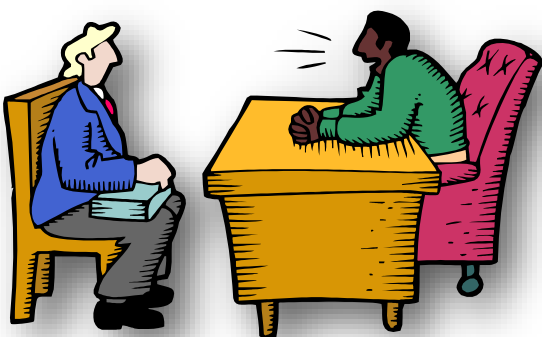
# Best Ways to Find a Job

- Ask for job-leads from family, friends, teachers, people in the community, staff at career centers, club members, etc.
- Knock on the door of an employer, factory or office that interests you.
- Check the local newspapers and bulletin boards at libraries and community centres.
- Refer to online job search services

## Important Differences Between High School and University



- I. Academic Environment: → classes meet less frequently  
→ larger number of students
- II. Grading: → poor quality work is failed  
→ high quality work is required for A and B grades
- III. Knowledge Acquisition: → taking and making good notes is vital  
→ studying is assumed (2-3 hours for each classroom hour)
- IV. Student Support : → much less contact with professors than with teachers  
→ students given very little individual feedback
- V. Stress: Major Difference in the Amount of Stress Students Experience  
→ typically five courses are completed in 14 weeks  
→ the workload is heavy and the pace is fast
- VI. Responsibility: Major Difference in Responsibility  
→ independent reading and studying is essential  
→ must determine when they need help and how to get it.



# **Guidelines to Self Care: Success at University / College**

- 1. Have a support system to whom you can go when you are feeling stressed or need to unwind.**
  - ✓ It is extremely important to have a support system with whom you can interact.
  - ✓ Take advantage of their support and nurturing.
- 2. Acknowledge your 'people' limitations and be honest with yourself and the group you are with about your need for time out.**
  - ✓ You are going to have times when you need to take some time for yourself, particularly if you are living in residence. Make sure that you find times and places where you can spend some time on your own.
- 3. Stay organized and informed.**
  - ✓ It is essential that you ask the questions you need in order to be fully informed.
  - ✓ Having information is one of the most important factors to doing well at university.
- 4. Maintain good relationships.**
  - ✓ Accept that you will be working with different personality types and that there will be times when those personalities clash.
  - ✓ You can deal with personality clashes with respect and with open communication.
  - ✓ Tension between you and a member of your group can lead to difficulties in communicating and functioning.
- 5. Take care of yourself.**
  - ✓ Make sure that you are getting enough sleep, eating properly, and getting exercise.
  - ✓ If your body is healthy, you are more capable of dealing with the stressors of life and new experiences.
- 6. Treat yourself with the same respect you are expected to give others.**
  - ✓ Set your boundaries with people, and expect them to be respected. This can help the people you are with to know what is okay for you and what is not.
  - ✓ If you aren't respecting someone else - STOP. Nobody has the right to treat anyone else with disrespect.