



# Port Moody Times

Thursday  
December 21, 2023  
Day 2

## LOST & FOUND:

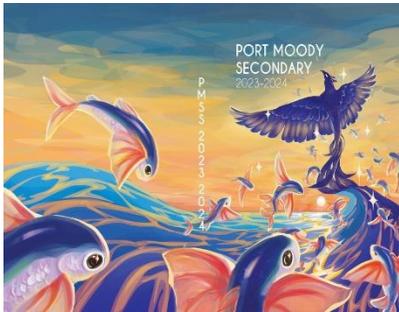


The following items are in the office.

Please come by during lunch or after school to claim:

- 3 sets of Ear Buds with case
- Headphones with case
- Debit Card
- Earring Stud
- Cell Phone

## 2023-2024 YEARBOOK



Last call to those who want to purchase this year's Yearbook. There is a limited number of copies available for purchase after the deadline.

## Meeting for all Tutors involved in the Tutoring Club/Homework Help

All peer tutors need to attend a meeting Thursday, Dec 21 at lunch in the conference room. It's important that all peer tutors attend this meeting.

## DROP OFF & PICK UP OF STUDENTS

As we head into the final two weeks before the winter break, we would like to remind all those who drive students to school to please remember to follow the expectations set out by the school and the city of Port Moody. We have noticed several drivers making choices that impact other drivers and also the neighbours of the school. Families should only be dropping off and picking up in the drive-through lane located beside the school tennis courts. Drivers should not be dropping off or picking up on Albert Street and making illegal U-turns that slow traffic flow and block the exit from the drive through drop off. Also, drivers should not block the driveways of our neighbours in the community. We had an incident last week where a driver picking up a student blocked a driveway, and the homeowner was very frustrated as the driver refused to move. All drivers need to remember that they cannot be above the crosswalk that leads to the school this includes dropping off for early morning classes and athletic practices, and they should be using the student drop off lanes for drop off and pick up only. The Port Moody police are aware and will be watching for drivers not following the rules and creating chaos for others.

## VOLUNTEERS NEEDED

Information: Help an elderly lady who has mobility issues and is in a wheelchair.

What you would do: Heat her dinner and whatever else she needs.

Address: Como Lake Ave, Coquitlam

Volunteers needed: 2-3 volunteers.

Duration: 2-3 days a week depending on how many volunteers sign up. You work in the evenings at 6:30pm for about an hour depending on what she needs.

Information: If you choose to volunteer for this position, please contact Ms. Nembhard and she will connect you with the student who use to do it. If your Interested email Ms. Nembhard – [dnembhard@sd43.bc.ca](mailto:dnembhard@sd43.bc.ca)

## GET YOUR CANDYGRAMS!

Do you have someone you cherish and want to shower with adoration? Do you want to show your appreciation for a special someone? MAKE SURE YOU GET A CANDY GRAM FROM STUDENTS FOR HIGH IMPACT CHARITY from a QR code on the posters posted around the school! All proceeds go to world food program to fight food insecurity! For only \$1, you can make someone's day! Last day is Dec. 21.

## MOCHI DONUT FUNDRAISER

The UBCCA Club's Mochi Donut Fundraiser is now open for preorders, and we're inviting you to indulge in this mouthwatering experience. Beat the rush, guarantee your treats, and support our club's initiatives by filling out the preorder form available around the school. Spread the message and help us raise money for cancer research!

Preorder deadline will be on the 19th while the sale will take place during lunch on the 22nd in the MPR

**ATTENTION ALL STUDENTS**

The Counselling Department and the IB Coordinator will be unavailable over the break to respond to requests made to us by email. We will review our email and respond on our return to work, January 8<sup>th</sup>. If you have a request for something you may need, please do so before the December break starts. If you have an urgent matter, you can reach out to Moody Secondary Office [088-Office@sd43.bc.ca](mailto:088-Office@sd43.bc.ca) .

**Grade 12's:** graduating January or June 2024

Here is a chance to be part of a Professional Art Exhibition

**Emerging Talent 26** is a display of **the best SD43 visual artwork** from across the district at the professional Place Des Arts Gallery.

If you took a Visual Art courses here at PMSS (Grade 9,10,11,12 – Art, Drawing and Painting, Pre-Diploma/IB, Sculpture, Photography); And

You plan to do art after graduation (top chance: you have applied to an Art School or other Post Secondary Art School; you are taking a gap year but are set to apply to an Art School or other Post Secondary Art Program; you still may be considered if you will be attending post Secondary in another program yet have evidence of a strong commitment to visual arts). And

You have one to three (1, 2, 3) **original\*** artworks in any media or scale which you would consider gallery quality and which you can bring to PMSS. - Unframed work may be framed here with school frames\*\* -

Please see Ms. Gardner in room 211 during Flex Thursday or Friday **this week Dec 21/22**. [If you know of someone who would fit the criteria but who is away sick or for other reasons, they may email me at [jgardner@sd43.bc.ca](mailto:jgardner@sd43.bc.ca) [yes two 'n's]. Bring either your art or photos of your art (photos on your phone are okay).

This is a juried Art Exhibit. Once you see Ms. Gardner and get your name and art verified and registered then the art must be here at the school by Tuesday January 9<sup>th</sup> 2024 and it must be ready to display and be transported\*\* . You will need to write a short Artist's statement about your work.

Ms. Gardner will transport the art to the judging space Thursday January 11<sup>th</sup>, then transport the selected art to Place Des Art Sunday Jan. 14<sup>th</sup> bringing remaining art back to the school Monday January 15<sup>th</sup>.

Good luck - Ms. G.

**JANUARY SEMESTER END SCHEDULE**

Please see the schedule below for January 22-26. The supplemental and enrichment instruction is for students to work with their semester 1 teachers based on their individual needs. During this time, students will attend for remedial and/or supplementary consultation, enrichment to the course learning outcomes, to complete incomplete work, or complete scheduled summative assessments. Some students will have assigned assessments, coursework, and workshops in relation to the IB programme, grade level, and/or the Ministry of Education's required assessments.

A specific Graduation Assessment schedule, including students' names and room locations, will be posted throughout the school when classes resume in January. Gr. 10 students who are scheduled to write their Lit 10 assessment Monday afternoon will write their Num 10 assessment Tuesday afternoon (the same will happen for those students scheduled to write Lit 10 Tuesday morning—they will write Num 10 Wednesday morning).

**PORT MOODY SECONDARY 2023/2024**  
**End of Semester 1 Schedule**

	<b>Mon, Jan 22</b>	<b>Tues, Jan 23</b>	<b>Wed, January 24</b>	<b>Thurs, Jan 25</b>	<b>Fri, Jan 26</b>
<b>AM</b>	Lit 12 Assessments (Dogwood Gr. 12 students) 9:00-12:00  Gr. 9 students—DL 10 (10 :00-12:15)  Supplemental and enrichment instruction	Lit 10 Assessments (All Gr. 10 students) 9:00-12:00  Supplemental and enrichment instruction	Num 10 Assessments (All Gr. 10 students) 9:00-12:00  Supplemental and enrichment instruction	ELL Assessments  YDI Survey for Gr. 11 Dogwood Students  Supplemental and enrichment instruction	Semester 1 Ends Grade 8 tour (11-2:45)  New Student Registration and Orientation
<b>PM</b>	Lit 10 Assessments (All Gr. 10 students) 12:30-3:30  Gr. 9 PHE Presentation (12:30)	Num 10 Assessments (All Gr. 10 students) 12:30-3:30	Supplemental and enrichment instruction	ELL Assessments  YDI Survey for Gr. 11 Dogwood Students	Grade 8 tour (11-2:45)  New Student Registration and Orientation

		Supplemental and enrichment instruction		Supplemental and enrichment instruction	
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Info below only for IB 11 and 12 HL classes					
	M Jan 22	T Jan 23	W Jan 24	Th Jan 25	F Jan 26
8:45-11:15	<ul style="list-style-type: none"> <li>Gr. 12 Day 2 Block 1</li> <li>Gr. 11 Group 4</li> </ul>	<ul style="list-style-type: none"> <li>Day 1 Block 1 (Gr. 11 and 12)</li> </ul>	<ul style="list-style-type: none"> <li>Day 2 Block 1 (Gr. 11 and 12)</li> </ul>	<ul style="list-style-type: none"> <li>Gr. 12 Day 1 Block 1</li> <li>Gr. 11 Group 4</li> </ul>	<ul style="list-style-type: none"> <li>Gr. 12 Math Exam</li> </ul>
12:30-3:00	<ul style="list-style-type: none"> <li>Gr. 12 Day 2 Block 5</li> <li>Gr. 11 Group 4</li> </ul>	<ul style="list-style-type: none"> <li>Day 1 Block 5 (Gr. 11 and 12)</li> </ul>	<ul style="list-style-type: none"> <li>Day 2 Block 5 (Gr. 11 and 12)</li> </ul>	<ul style="list-style-type: none"> <li>Gr. 12 Day 1 Block 5</li> <li>Gr. 11 IB Geography Fieldwork Prep</li> </ul>	

## December Events – Brought to you by Student Council

**PMSS STUDENT COUNCIL DECEMBER EVENTS SCHEDULE**

Monday 11	Tuesday 12	Wednesday 13	Thursday 14	Friday 15
	<b>CLASS ROYALE DAY 1</b> Decorate a letter to create a holiday letter		<b>CLASS ROYALE DAY 2</b> Class Holiday Rap contest	
Monday 18	Tuesday 19	Wednesday 20	Thursday 21	Friday 22
<b>SPIRIT WEEK DAY 1</b> Monochrome Monday, (Dress in one color)  <b>CLASS ROYALE DAY 3</b> Wrap an item into something not even remotely close	<b>SPIRIT WEEK DAY 2</b> Dress as childhood future career  Movie Night 3:30-6:00pm, Drama Room	<b>SPIRIT WEEK DAY 3</b> Rhyme without reason  <b>CLASS ROYALE DAY 4</b> Gingerbread cookie decorating contest	<b>SPIRIT WEEK DAY 4</b> Jersey Day	<b>SPIRIT WEEK DAY 5</b> Pajama Day  <b>CLASS ROYALE DAY 5</b> Guess the Christmas song over the PA  Breakfast with Santa 8:15-8:45am, Free Food and Hot Chocolate, Photo Booth, Performances, MPR

@PMSS.STUGO

## Detailed information about what is happening in December:

### Fundraising

- This year we are raising funds to donate the SHARE. Every block 2 class will receive an envelope.
- Our school goal is \$3000. Please donate what you can over the two weeks (starting Dec 11.)

### Competitive Class Activities aka Class Royale

- Sign-up to participate in the competitive class activities happening every during block 2 every other day (on day 1's for linear courses)
- Each day at the beginning of block 2, a volunteer will deliver any materials and instructions.
- Class with the highest point total wins (competitive class activities + fundraiser + spirit week) will earn the Community Cup Trophy and have a pizza party after winter break.

### Spirit Week

- Tuesday, Dec 19 - Childhood Future Careers
  - When you were a child, what was your answer to the question "What do you want to be when you grow up?" Maybe a unicorn? Or Batman? Or the world's best doctor? Think about your young self and what you dreamed of being in the future!
- Wednesday, Dec 20 - Rhyme Without Reason

i. Find a friend (or more) and dress up as two (or more) random and unrelated words that rhyme. Be creative and have fun with it!

ii. Examples:

- Dad & Chad
- Fairy & Hairy & Harry (Potter)
- Post Malone & Cone
- Shrek & Star Trek
- Money & Honey

3. Thursday, Dec 21 - Jersey Day

i. Wear your favorite jersey to school with style!

4. Friday, Dec 22 - Pajama Day

i. Cozy up by wearing your comfiest pyjamas and/or ugly sweaters to school!

### Other Student Council Events

- Friday, Dec 22, 8:15 am – 8:45 am – Breakfast With Santa, free food and drinks provided
  - First come first served in the MPR

### VANCOUVER SUN RUN

Whether it's to become more fit, try something new and push yourself, or make new friends and fun memories YOU should join our school's Vancouver Sun Run team, the "Blues Run Club"! The Vancouver Sun Run, Canada's largest running event, is an annual 10k held in our beautiful city this year on April 21st. Last year, we assembled Blues Run Club with 40+ runners. Bring your friends/family along with you too! Runners of all levels are welcome.

We will contact you after you fill out this form: <https://forms.office.com/r/PiSsi1ZKN5>

Direct any questions to:

[088-vfan@sd43.bc.ca](mailto:088-vfan@sd43.bc.ca) or [088-kli2@sd43.bc.ca](mailto:088-kli2@sd43.bc.ca)

### REMINDERS WHEN USING THE BUS

As Translink is back to regular levels of service, please keep the following in mind when you are taking public transit:

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that is safe for everyone!

## ONGOING

**PARENT FORMS & STUDENT FEES:** School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

**STUDENT PARKING PASS:** If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

**PMSS TIMES:** The PMSS Times newsletter will be emailed to parents and students on Tuesdays and Thursdays. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

## **CAREER CENTRE**

**Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs**

### **PMSS Career Resource Centre**

**Room: 3066.** Open from 8:00am – 3:30pm Monday-Friday.

If you have any questions please feel free to email Ms. Rose at [088-careerfacilitator@sd43.bc.ca](mailto:088-careerfacilitator@sd43.bc.ca) or call 604-939-6656 ext. 3066. If you would like to book an appointment please visit, [Jovita Rose - Post-Secondary & Career Advisor \(office365.com\)](mailto:Jovita.Rose@sd43.bc.ca). Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or e-mail [088-careerfacilitator@sd43.bc.ca](mailto:088-careerfacilitator@sd43.bc.ca)

**For Grade 12,** [PMSS Big Picture book 2023 2024.pdf](#) Focus on the BIG PICTURE for the Graduates of 2024 – a guide for your Grade 12 Year – Overview of the Year Ahead.

**For Grade 12 -** PowerPoint slides copy from September 25<sup>th</sup> Grade 12 presentation. [Post-Secondary Application 101.pptx](#)

**For Grade 12** - PowerPoint slides copy from October 11, 2023 Grade 12 presentation. [Grade 12 Scholarship Presentation .pptx](#)

**For Grade 12** - PowerPoint slides copy from November 20, 2023 presentation - [2023 STS Presentation.pdf](#)

## **Virtual / In-person Information Sessions, Presentations & University / College Fairs**

Post-Secondary Info Session Scheduled Visit , [2023-2024 Post-Secondary Info Session Schedule.docx](#)

**UBC** info sessions in the lower mainland are virtual this year. However, every week, there are two live info sessions on Zoom that have 30 min at least of Q&A at the end. They also have 1 Application Workshop live on zoom per week where you can learn more about the Personal Profile and how to apply. Registration for UBC online sessions, including Application Workshops and live virtual info sessions is available on our [Tours and Events page](#) (under Information Sessions). They also have a recorded All About UBC presentation available [here](#). Students can email [recruitment.ok@ubc.ca](mailto:recruitment.ok@ubc.ca) with any questions

## **General Learning Opportunities**

**22+ TRADES TRAINING PROGRAMS**, Visit "[TRAIN in Trades" Programs - School District No. 43 \(Coquitlam\) \(sd43.bc.ca\)](#)  
**Contact: Ben King** Career & "TRAIN in Trades" Coordinator 778-984-1354 [bking@sd43.bc.ca](mailto:bking@sd43.bc.ca)

For those students who are interested in taking **Occupational First Aid (OFA L1)**. Students can get discount rate of \$84 (\$80 + tax) instead of \$100+. The students can register:  
[https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/="](https://www.sd43.bc.ca/CareerPrograms/Pages/Certifications.aspx#/=)

**Technovation GirlsBC – Free Programs.** Technovation GirlsBC is a non-profit technology entrepreneurship competition where young women and girls\* aged 8-18 work in teams to develop a mobile app or AI project that tackles real-world problems in the community. Work with volunteer mentors, complete weekly curriculum, and attend workshops & much more! See further details on their programming and events [here](#) or see [Technovation GirlsBC 2024 Events Flyer.pdf](#).

**University of Alberta** are now accepting applications for **20 lucky grade 11 students** from across Canada to spend a weekend away at the U of A. Their adventure will include transportation reimbursement\*, accommodations, meals and a jam-packed schedule of events. They will stay in residence, visit state-of-the-art facilities, uncover hidden gems on campus and experience U of A student life first-hand. We'll also take them around our city, including our breathtaking river valley and iconic West Edmonton Mall. **When:** May 24 - 26, 2024. Students can learn more and apply at [uab.ca/getaway](http://uab.ca/getaway). The application deadline is **January 31, 2024**.

**BC Children's Hospital - Women in Science**, join them as they celebrate the upcoming International Day of Women and Girls in Science on **Thursday, February 8, 2024**. Become part of the conversation by following [#WomenInScience](#) on Instagram! Their Women in Science evening strives to empower the community and promote an equitable and inclusive learning environment. They interpret "women" in the broadest sense and respect all ways in which people choose to self-identify including female-identified, agender, non-binary and women across the LGBTQIA2S+ spectrum. People of all genders are welcome to participate. To learn more visit, [Women in Science | BC Children's Hospital Research Institute \(bcchr.ca\)](#)

**City of Coquitlam - New Pre-Employment and Personal Growth Training Program for Teens.** The new Youth Leadership Development Program is great opportunity for 13- to 15-year-olds looking to volunteer, land a job and build their leadership skills. This unique 9-session program helps participants prepare for the working world with practical skills like resume writing and mock interviews, as well as an introduction to personal growth habits such as conflict resolution, journaling, and mindfulness. As part of the program, each participant will become a City of Coquitlam volunteer (criminal record check required) and leave with verified volunteer hours, ready to get involved in new initiatives and opportunities. To learn more and sign up, visit [coquitlam.ca/registration](http://coquitlam.ca/registration) and click "Register for Programs". In the online registration system, type the course **ID# 140787** in the search bar, or call 604-927-4386. **Date:** Tuesdays, Jan 16 – March 12, 2024, **Time:** 4:30pm – 6:30pm. **Cost:** \$133.05. **Location:** Pinetree Community Centre.

**UBC Extended Learning** - This winter, get a head start on your future and try a university subject with [UBC Future Global Leaders Online](#). Their winter courses are offered on Saturdays starting January 27. Learn about subjects that interest you, without the stress of exams! Meet other high school students from Canada and around the world in live virtual classes taught by UBC professors and affiliated instructors. For more information visit, [UBC Future Global Leaders Winter Online | UBC Extended Learning \(ExL\)](#). **Date:** Saturdays, Jan 27 to April 13, 2024 (no classes Feb 17 & Mar 30) **Time:** 10am-12pm (Pacific Time) **Cost:** \$875 per course.

**BCIT Jill of All Trades** is an all-day free event on April 4, 2024, led by female mentors to inspire young women or those who identify as female in Grades 9 through 12 to pursue careers in the Skilled Trades. Participants will experience a fun-filled day of practical, in-the-shop sessions. For more information visit, [Jill of All Trades - BCIT](#). If you are interested, please use the QR code to complete the survey.



**Society of Canadian Women in Science and Technology (SCWIST).** SCWIST is an advocate for Equity, Diversity and Inclusion (EDI) in schools, universities, businesses and Canadian society, and supports efforts to promote equality for all, especially within science, technology, engineering and math (STEM). Applications for their [eMentoring program](#) are now **open**. eMentoring runs three times a year. The program is available for any students who identify as female or women, girls, trans, genderqueer, non-binary, two-spirit, and gender questioning. Sign up for eMentoring and they can put you in touch with a professional woman who is closely matched to your own interests or understands your situation. To apply, [eMentoring Application - SCWIST](#)

**Shad** offers a digital program, [ShadAnywhere](#), that is accessible to youth across Canada (and internationally!). In partnership with Athabasca University, students get access to university content, mentors, digital field trips, Indigenous knowledge sharing and community building events. ShadAnywhere participants have the opportunity to complete the [Elevate your Personal Brand MOOC](#) and the Introduction course of the [AI Ethics Micro-credential Certificate](#) through Athabasca University. Both of these courses are asynchronous, giving students the opportunity to complete at their own pace. Students will have 90 days, beginning at the program start, to complete these courses and earn university credit.

## **Volunteer/Employment Opportunities**

**Vancouver International Children's Festival** wish to invite students to volunteer for the **Children's Festival**, thereby gaining valuable skills and experience while fulfilling work Experience curriculum requirements. Students interested in Hospitality, Tourism, Event Management, Arts, Performance, or Childhood Education are particularly encouraged to apply, but there are positions at every level. Volunteers can sign up now on their website for a minimum two-shift (14 hr) commitment. They are also especially interested in onboarding a few **Key Volunteers** right away, who can begin working within the school to recruit and screen more volunteers. KVs generally work around 20 hrs in advance of the Festival, and then transition into Crew Captain roles onsite during the Festival. Serving as a KV and/or Crew Captain provides very strong leadership and communications experience, plus being creative and fun. Any Volunteer who completes over 30 hrs of service will receive a personal reference letter from the Festival. To apply and for more information visit, [Vancouver International Children's Festival | Children's Festival \(childrensfestival.ca\)](#) or see  [KV recruit poster 2024.pdf](#).

**PICS Youth Service Corps** - PICS is a registered non-profit organization. They have 2 free volunteer programs for youth aged 15-19 and are currently recruiting participants. The programs are funded by the Canadian government. It's free for participants, and comes with perks including certificates of completion, a letter of reference, a subscription to Coursera, travel expenses, and more. With our programs, students can accumulate a minimum of 120 volunteer hours. See flyer for more details, [Youth Service Corps Programs flyer](#).

**MusicXConnect – Join a music-based non-profit:** Hi PMSS! We are MusicXConnect, a youth-led registered non-profit in Canada focused on sharing music with the community and bringing music resources to youth. We are looking for students that are passionate about music and working with the local community. Currently we are looking for:

- New music groups (string ensembles, jazz groups, rock bands, etc.)
- Video-editors for an online music database project

If you are interested as a music ensemble please visit: <https://musicxconnect.org/join-us/>.

If you are interested as a video editor, please fill out this form: <https://forms.gle/Puye9W2LcXz3UJKT8>.

**Legion British Columbia/Yukon Command** is looking for volunteers to help with their service. Their service include: organizing and helping at events, cooking meals, fundraising for the poppy campaign, managing branch social media pages, designing posters and graphics and much more. Go to [Home - Legion BC/Yukon Command \(legionbcyukon.ca\)](#) to find your local branch.

**Port Coquitlam Recreation** is excited to be offering a number of volunteer opportunities for people 14+ years of age beginning this Fall, including afterschool programs, skate and swim lessons, art programs, a youth leadership group, and community events. This is a great opportunity for anyone looking to build their resumes, develop their leadership skills and connect with their community. Applications are now available on our website

at [www.portcoquitlam.ca/volunteer](http://www.portcoquitlam.ca/volunteer). See flyers for more details,  [Fall 2023 Youth Flyer.docx](#)

 [Reading Buddies Teen Poster Fall 2023.docx](#)

The **Port Moody Public Library** is looking for teen volunteers for their Book Buddies and Code Buddies programs (in-person and online). You can get experience, leadership skills, and volunteer hours working with kids. Apply to become a teen volunteer at [Teen Volunteer Programs - Port Moody Public Library \(portmoodylibrary.ca\)](#).

**Seaview Community School and Miller Community School** are looking for volunteers to help with their afterschool programs. **Program Details:** The afterschool programs provide students with a variety of games and activities including Arts & Crafts, Lego & Board Games, Outdoor Games (weather permitting), homework help and much more! **Position:** Looking for volunteers to play, to hang out with the kids, play board games, do crafts, help supervise and cleanup. **Location:** Seaview Times: 2:45/3 pm – 5:00 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). Miller Park Times: 2:45 – 4:45 pm; Monday – Friday (You can volunteer for 1 hour or 2 hours). If you are interested, please email Ms. Neelofar Nurani at [nnurani@sd43.bc.ca](mailto:nnurani@sd43.bc.ca)

**Youth Leadership Millennium (YLM)** program hosted by non-profit S.U.C.C.E.S.S., which is one of the largest charitable organizations in British Columbia providing services in settlement, language training, employment, family and youth services, and community development. YLM program provides youth aged 15-30 with opportunities to develop leadership skills, engage with their community, and build confidence. It is a free 8- month long leadership

program. YLM offers certificate, 120 service hours, training certificates, reference letters and more. To register and for more information visit, <https://successbc.ca/forms/career-and-youth-services-group-registration-form/>

**The People's Pantry Food Recovery Society**, a non-profit food rescue organization based in the Tri-Cities is looking for volunteers to help in the food sorting and hamper assembly. To apply visit, [Get Help – The People's Pantry Food Recovery Society | Coquitlam \(thepeoplespantry.ca\)](#). For any questions contact, [vrec.tppfrs@gmail.com](mailto:vrec.tppfrs@gmail.com).

The **Pedalheads Swim** currently have three different employment opportunities in their Swim department.

- If you have your certificates [Apply to be a Swim Instructor](#) \*Please note they require the following pre-requisites: Standard First Aid with CPR - C and a Swim For Life Instructor both of these MUST be valid.
- If you are just missing your Instructor certification [Apply for their FREE Instructor Course!](#) \*Please note they require the following pre-requisites: Bronze Cross and Standard First Aid CPR - C both MUST be valid before the start date of the course.
- If you're not yet 15 years old [Apply to be a Junior Volunteer](#) \*Please note they require the following pre-requisites: Bronze Medallion and be at least 13 years old!

## **Scholarship / Awards**

 [List of Scholarships, Awards, Bursaries .docx](#)

Wondering what scholarships are available for you? Go to, [Scholarships Made Simple | ScholarTree](#) and sign up. This website will provide you with a list of scholarships that you may be qualified to apply for.

**Western University National Scholarship Program** – Western University is looking for high-potential applicants who excel in the classroom and in their extracurricular pursuits. For more information and to apply visit, [Admission - Office of the Registrar - Western University \(uwo.ca\)](#)

**January Marie Lapuz Youth Leadership Award** - This annual award is given to exceptional youth 16 to 30 who have shown commitment and leadership within the 2SLGBTQ+ community. The winner receives a cash prize of \$1,000, First Runner Up receives \$600, Second Runner Up receives \$400. Honorable mentions receive \$200 and Emerging Leaders receive \$200. Deadline to apply is **December 31, 2023**. To apply and for more information visit, [Youth Award – My Name Was January \(januaryfilm.com\)](#)

**Beedie Luminaries** - The **Beedie Luminaries Scholarship** is for students with potential **who are facing financial adversity**. Students who are smart but constrained by circumstance. Students who are resilient and gritty. Students who are ready to make a positive change in their lives. They are looking for **Grade 12 students in B.C.** to apply for one of 100+ scholarships available in 2024. Recipients will **each receive up to \$44,000** towards their post-secondary studies at any public university, college, or trade school in B.C. Attend their virtual open house sessions on [Nov 15, 4pm-5pm](#) or [Nov 30, 4pm-5pm](#). **Deadline to apply:** January 8, 2024 (9AM PST).

The **B.C. Excellence scholarship** is awarded to 55 high school graduates who have demonstrated service and leadership, both at school and in their communities, and who show aptitude for and commitment to their chosen career or area of post-secondary study. Students selected for this award receive a \$5,000 scholarship voucher from the Ministry of Education and Child Care that they can use to be reimbursed for tuition paid after they are attending a post-secondary institution that is [designated by the Province of B.C.](#) (i.e., approved for Canada Student Loans) or a program provider that is [approved by SkilledTradesBC](#). **PMSS will nominate one student.** To be considered for nomination, submit  [2024 BC Excellence Scholarship PMSS Nomination Application.pdf](#) to Ms. Campbell at [cicampbell@sd43.bc.ca](mailto:cicampbell@sd43.bc.ca) and Ms. Rose at [jorose@sd43.bc.ca](mailto:jorose@sd43.bc.ca) by Friday, Jan. 12, 2024, at 3pm.

**Soroptimist International (SI) of the TriCities offers awards that support women and teen girls achieving their dreams:**

- **Be Kelly Teen Volunteer Award \$1,500 (5)** – This grant acknowledges young women in Grade 12 who demonstrate that they make a difference in their community and/or school. The winner receives a **\$1500** bursary to help offset some of the costs of her post-secondary education. Preference goes to young women in the TriCities, BC Canada. See [Application Form](#) for more information. **Apply by January 15<sup>th</sup>, 2024.**
- **Spread Your Wings Award \$1500 (1)** – This award is meant to support female immigrants or refugees who have enrolled in or planning to attend a vocational/skills Training Program or undergraduate degree program. See [Application Form](#) for more information. **Apply by January 15<sup>th</sup>, 2024.**

**SFU UGGLA Family Scholarship**, Ten scholarships are awarded each year to students who face significant financial barriers to participation in post-secondary education. This may include students who identify as Indigenous, Black, or a person of colour, students living with disabilities, LGBTQIA2S+ students, and students of all gender identities. The intent of the Uggla Family Scholarship is to promote equity and remove historical and existing discrimination, including barriers to full participation in social, cultural, economic and political life. To apply and for more information visit, [Uggla Family Scholarship - Undergraduate Admission - Simon Fraser University \(sfu.ca\)](#). **The deadline to apply is January 22, 2024.**

**Beedie Luminaries, the Refugee & Immigrant Student Education (RISE) Awards** - This award supports young refugees and immigrants to pursue post-secondary education as a platform to rebuild their lives in Canada. Recipients will each receive up to **\$44,000** towards their post-secondary studies at any public university, college, or trade school in British Columbia. To apply and for more information visit, [Rise details | Transform Your Future | Beedie Luminaries](#). **Deadline January 31<sup>st</sup> at 9AM (PST).**

**The Kinsmen Club of Coquitlam** is pleased to promote a fantastic funding opportunity for volunteer-minded post-secondary students in our community - \$1000 bursaries through the Kin Canada Bursaries Program! All students

attending a recognized university, college, trade school, or technical institute in the 2024-2025 academic year are encouraged to apply. **Kin Canada Bursaries** are awarded to students based on demonstrated financial need, volunteerism, and knowledge of Kin Canada and the Kinsmen Club of Coquitlam. For more information or to apply, please see [Apply - Kin Canada](#). **Applications are due by February 1, 2024** at 11:59 p.m. Pacific Time.

**CMOLIK FOUNDATION SUPPORTING SCHOLARS** Every year, they award up to 20 scholarships, each one a maximum of \$45,000 paid over five years of study, to students graduating from BC high schools. Scholarship recipients have faced adversity but have responded with positivity and tenacity, achieving academic and social goals. With hard work and support, their post-secondary dreams can become a reality. For more information visit, [The Cmolik Foundation | Undergraduate](#) Applications are due **February 7th** of each year for post-secondary enrolment beginning in September of that year. **All applicants must be endorsed by our school principal.** The principal's nomination letter must be included with the application.

**2024 Horatio Alger Association of Canada Scholarship** - Scholarships of up to \$10,000 are awarded to full-time students **grade 11** high school students with financial need (family income under \$65,000) who have demonstrated integrity and perseverance in overcoming adversity, a commitment to pursue a post-secondary education, a desire to contribute to society, and a good academic record. To apply and for information visit, [Scholarships - Horatio Alger Association Canada](#). Deadline to apply March 15, 2024 at 12:00 PM.

**The Leonard Foundation scholarships** are awarded to students enrolled or enrolling in an accredited undergraduate degree program in a college or University in Canada. The institutions must be open to all without restriction except for an academic standard. Applicants must be Canadian citizens or landed immigrants. **A true financial need must be demonstrated.** For more information and to apply visit, [Eligibility - leonardfoundationdemo.online \(leonardfnd.org\)](#). Scholarship Value approximately 100 @ \$1,000 - \$1,500. **Deadline to apply is March 31, 2024.**  
**BC Transplant - LIVE LIFE PASS IT ON. \$1500 SCHOLARSHIP.** BC Transplant is excited to share that they will award four \$1500 scholarships to grade 10-12 students who lead an organ donation awareness project in their school or community during the 2023/2024 school year. For more information and to apply visit, ["Live Life. Pass It On." Scholarship \(transplant.bc.ca\)](#). Application deadline: May 3, 2024

**Legion British Columbia/Yukon Command** offers bursaries to students in need of financial assistance. Visit, [Find a Legion Branch - Legion BC/Yukon Command \(legionbc yukon.ca\)](#) to see if you are eligible for their bursary.

## PARENTS

**PMSS 2023-2024 SCHOOL CALENDAR:** Please click [HERE](#) for the 2023-2024 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

We would like to welcome and thank the following parents for joining the PAC for the upcoming 2023/2024 school year. Congrats to:

**Alicia Purvis: PAC Chair**  
**Grace Liang: Vice Chair**  
**Miwa Aoki : Secretary**  
**Fanny Feng: Treasurer**

**Sonja Burdett: DPAC Rep**  
**AfterGrad Chair: OPEN**  
**AfterGrad Secretary: OPEN**  
**AfterGrad Treasurer: OPEN**

**~~Creating Effective Partnerships – November 7th~~**

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

**~~Planning for the Future – November 18th~~**

School District 43 invites parents and caregivers of high school students with developmental delays, disabilities, and diverse learning needs to an information session intended to help families think about, and plan for the transition from high school to adult life. This presentation will include a panel of guest speakers representing school district 43 programs, inclusive post-secondary institutes, employment supports, government agencies, and community supports. Entering adulthood is an important milestone, therefore taking action early will help create a smooth and successful transition plan for the future.

**Transition into Kindergarten – January 11th**

The Learning Services Zone Coordinators and other school personnel from School District # 43 invite parents and caregivers of children with developmental delays, disabilities, and diverse learning needs to an information session to discuss what to expect when your child enters kindergarten. We will also discuss how you can be involved to help make the transition successful for your child as they embark on their educational journey.

**Stepping Up to Secondary School – February 6th**

School District 43 invites parents and caregivers of middle school students with developmental delays, disabilities, and diverse learning needs to an information session focusing on how Secondary School can provide meaningful educational opportunities that support the student's development, maturity and progress towards future goals. A successful transition to Secondary School means that students have access to classes and school experiences that prepare them for what comes after high school – post-secondary education, employment, and full participation in all aspects of community life.

**Time to Talk About Middle School – March 5th**

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

**When: 7:00pm - 9:00pm (doors open at 6:30pm)**

**Location: Education Learning Center - Room B103/B104  
1080 Winslow Avenue, Coquitlam**

Questions? Please contact Colleen Lambert at [colambert@sd43.bc.ca](mailto:colambert@sd43.bc.ca)

Please note, registration is required. Click [HERE](#) to register



**Tri-City  
Minor Ball Hockey  
Association**

**Online Registration**

**Now Open for Returning & New Players**

**TCMBHA.com**

Follow Us

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#TriCityBallHockey

Online Registration is Now Open for the 2024 Season. [Registration Link](#)

TCMBHA Contest: \$50 off your Registration Fee, how to participate:

1. Like & Subscribe to our Social Media accounts - [YouTube](#), [Facebook](#), [Instagram](#) & [Twitter](#)

2. Like our Registration Post & Tag a Friend (extra entries for additional tags)
3. Share our Registration Post, Tag Us & don't forget to use #TCMBHA & #TriCityBallHockey



## Free Winter Program for Families!

Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health. This 10-week program for families with children ages 8 to 12 is FUN and interactive!

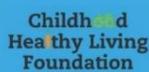
Delivered through YMCA BC starting February 2024 on Monday, Tuesday, Wednesday, Thursday, and Friday evenings.

Families who join this program will receive a complimentary YMCA membership.

Register today!



gv.ymca.ca/generation-health  
generationhealth@bc.ymca.ca



**erase** | EXPECT RESPECT & A SAFE EDUCATION



SAFER SCHOOLS TOGETHER

Erase/Safer Schools Together are pleased to announce that they have opened registration for four more 60-minute Social Media Awareness Family sessions through the Ministry of Education's *erase* strategy in January and February 2024. All sessions are online.

### **Family Session: Establishing Safe, Caring & Respectful Digital Communities** – Everyone Welcome!

Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up to facilitate the conversation of safe and caring use of technology at home and in the community. This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. Some of the most prominent concerns currently surrounding the use of social media platforms, smartphones, and artificial intelligence will be discussed.

Please click on the link below to view the dates and to register:

[erase Family Sessions](#)

If you have any questions, contact C. Todd (Digital Literacy/Citizenship Coordinator) - [ctodd@sd43.bc.ca](mailto:ctodd@sd43.bc.ca)