

Dear Counselling Corner:

Will you remind us again about some things which we can do over the winter break to help reconnect with one another? The pancake breakfast was so much fun! We are looking for more ideas. Thank you!

Mom and Dad

Dear Mom and Dad:

Winter break is a wonderful time to slow down, reconnect with family and friends and create new memories. Spending time together allows for families to build on relationships and share time together. But how can we achieve this? Here are some fun and low-cost winter break activity ideas for children and families:

[37 Christmas Eve Events & Activities in Coquitlam 2023 | AllEvents.In](https://www.allevents.in/37-christmas-eve-events-activities-in-coquitlam-2023)

[33 Fun Things to do in Vancouver in Winter \(2023 Guide!\) - Destinationless Travel](https://www.destinationless.com/33-fun-things-to-do-in-vancouver-in-winter-2023-guide/)

<https://www.mommynearest.com/article/30-ways-to-keep-your-kids-busy-over-winter-break>

<https://www.notimeforflashcards.com/2012/12/31-things-for-kids-to-do-during-winter-break.html>

If you wish to meet with me or if you have concerns about your child and would like to access my services, please email me at hchang@sd43.bc.ca.

The Counselling Corner is intended to offer some helpful ideas, encouragement, and insight on a variety of topics to support your child's social and emotional learning.

Harriette Chang
School Counsellor