

**Dear Counselling Corner:**

I remember that last year you ran a column about getting kids to be more responsible. I cannot find it, but I remember that you had some interesting ideas. Will you please share it again? I could certainly use some help right now. Thank you!

**Busy parent**

**Dear parent**

Of course! Good for you for reaching out. I shared it almost exactly a year ago, and here it is



Kids who have a highly developed sense of responsibility are more likely to be successful while at school and in later life. Being responsible also improves self-esteem and the feelings of empowerment in our children and gives them a sense of purpose. There are a lot of strategies to get our kids to take on more ownership and to be more responsible. I found some great sites to help you out:

<https://www.ahaparenting.com/parenting-tools/character/responsibility>

<https://centerforparentingeducation.org/library-of-articles/responsibility-and-chores/developing-responsibility-in-your-children/>

<https://afineparent.com/building-character/teaching-kids-responsibility.html>

*The Counselling Corner is intended to offer some helpful ideas, encouragement and insight on a variety of topics to support your child's social and emotional learning. Please contact me if you have any questions or concerns at [hchang@sd43.bc.ca](mailto:hchang@sd43.bc.ca).*

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