



Dear Counselling Corner:

Our family are all so excited about the Winter Holiday starting next week! But to make it more fun and interesting, we are searching for some ideas which are low cost, fun and easy for us to do with our children over the holiday. We would be grateful for any suggestions.

Busy Parents

Dear Parents:

As the Christmas holiday approaches, we know that keeping children entertained can be both a joy and a challenge. To help you make the most of this festive season without breaking the bank, here is a list of fun and low-cost activities that you and your children can enjoy together.

1. **Holiday Crafts:** Gather some basic supplies like paper, glue, and markers to create homemade decorations. You can make ornaments, holiday cards, or even a festive garland.
2. **Baking Together:** Spend an afternoon baking cookies or other treats. Let the kids help with mixing, decorating, and, of course, tasting!
3. **Outdoor Adventures:** If the weather permits, take a family walk to enjoy the winter scenery. You can also organize a scavenger hunt in your neighborhood or local park.
4. **Movie Nights:** Create a cozy movie night at home with holiday classics. Make some popcorn, grab some blankets, and enjoy a family movie together.
5. **Story Time:** Visit your local library to borrow holiday-themed books. Reading together can be a wonderful way to bond and get into the festive spirit.
6. **DIY Gifts:** Encourage your children to make their own gifts for family members. Handmade gifts like painted mugs, photo frames, or simple jewelry can be both meaningful and fun to create. Homemade cards can also be fun!
7. **Game Days:** Dust off those board games and puzzles for some friendly competition. Games are a great way to spend quality time together and keep everyone entertained.
8. **Volunteer Together:** Teach your children the joy of giving by volunteering as a family. Whether it's helping at a local food bank or making cards for a nursing home, giving back can be a rewarding experience.

Best of luck and have a wonderful holiday!

The Counselling Corner is intended to offer some helpful ideas, encouragement, and insight on a variety of topics to support your child's social and emotional learning. Please contact me if you have any questions or concerns at hchang@sd43.bc.ca.

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