



Pinetree Secondary School

THE HOWL

Day 2 - Friday, November 28, 2025

ESS Block Today

Block	Times
1	7:45 am - 9:00 am
2	9:05 am - 10:13 am
ESS	10:18 am - 11:06 am
3	11:11 am - 12:19 pm
Lunch	12:19 pm - 12:59 pm
4	12:59 pm - 2:07 pm
5	2:12 pm - 3:20 pm

CAFETERIA

Today Friday Nov 28th	Tomorrow Saturday Nov 29th
Jambalaya	\$6.95
Sweet Thai Chilli Flatbread	\$7.25
Poutine	\$6.25
Pasta Rose	\$5.50
	Have a great weekend!

NEW News

BC Post Secondary Event

During Block 2 and ESS this **TODAY** the Grade 11s and 12 will attend the BC Post Secondary Event with their classroom teacher. There will be recruiters from 16 BC Post Secondary Institutions in attendance.

Grad Wear 2026 – Deadline to purchase coming up!

Grad wear is available for purchase **NOW!** Visit the Grad Wear online store at this link: [Grad Wear 2026 Pinetree Store](#). The deadline to order is **SUNDAY! Don't miss out!!!**

Ongoing Items

GRAD 2026

Optional Grad Group Photo Opportunity

Artona is once again offering Friendship Group Photos (for up to 6 people) as an optional photo opportunity. Note that this is in addition to the individual grad photo sessions. For more information and to book your appointment, see email sent to grads and parents/guardians today.

Grad Council Presents Winter Formal – December 11th

Tickets are now on Sale on School Cash Online or in the office! Early Bird Tickets are \$55 until **TODAY** and \$60 December 1st to December 5th. If you have already purchased your ticket you can come to the office at lunch or after school and pick up your ticket.

Grad Channel

Grads – don't miss out on important Grad information Sign up for the Grad 2026 channel on the My School Day App. If asked for a password enter: pinetree. Any issues, see Mrs. Gushta in the office.

Grad Information – Road to Graduation

The Class of 2026 Graduation Information and Cap & Gown Form is due **December 5, 2025**. Complete the survey below and pay your Grad – Cap & Gown/Queen E Theatre Fees on School Cash Online ASAP. [Class of 2026 Graduation Information and Cap & Gown Form](#)

CLUBS

Key Club Official Membership

Key Club is a student-led, high school organization. Our members make the world a better place through service. In doing so, we grow as individuals and as leaders by answering the call to lead, summoning the courage to engage and developing the heart to serve. For more information email Finley at jduan@sd43.b.ca or you can use the QR Code below to sign up:



SCHOOL NEWS

Pinetree Team Store – Deadline to order is coming up!!!

Pinetree clothing is here! Options can be viewed by visiting the Pinetree Team Store: [Pinetree Secondary Winter Spirit Apparel Store | Total Spirit Cheerleading | powered by OrderMyGear](#). Orders will be shipped to the school and delivered when received. Store closes on **December 3rd**.

Student IDs

Student IDs have arrived at the school. If you have received an email that it is in the office, please come and pick it up.

Lost & Found Items

The Lost & Found Items have been moved into the Foyer. Please check the table out to see if any of the items are yours. All unclaimed items will be donated to charity.

Cell Phone

A cell phone was found in Room B102 yesterday. Please come to the office to claim it if you left your phone behind.

Business Fair

Our Entrepreneurship Classes are holding a Business Fair, next Monday and Wednesday at lunch in the Foyer. Come out and check out the all of the different products that our students have created.

HOLIDAY ACTIVITIES IN THE NEIGHBOURHOOD LIGHTS AT LAFARGE

Kick-Off Event: TONIGHT! 5:00 – 8:00 pm

Kick off the season in style at Lights at Lafarge’s Opening Night Celebration! Stroll through the dazzling light displays, grab a bite from local food trucks, enjoy live entertainment, and soak up the festive vibes as the park comes alive with colour and music. It’s the perfect way to start the winter lights season — bright, joyful, and uniquely Coquitlam. Come out and see what some of our students helped put together! For more information see: [Lights at Lafarge | Coquitlam, BC](#)

WINTER MARKETS

Some of our local schools are holding Winter Markets this weekend. Check out Dr. Charles Best Secondary and Westwood Elementary’s Markets on the flyers below:



VOLUNTEER OPPORTUNITIES

Rudolph Run 2025 – Volunteer Opportunity

Do you need volunteer hours? Rudolph Run 2025 – Needs Volunteers!

It is taking place **December 6th** at 9:30 @ Mundy Park, Coquitlam. For more info on about the run:

<https://mysd.ca/qyky5> Interested Students should contact Daniel Simpson at info@Kaminorunning.ca

Volunteering Opportunity

Earn Volunteer Hours and Join a Fun Community Activity to Restore a Green Space!

Date/Time: **Sun Nov. 30th** from 9:45am to 1pm at Seaview Park in Port Moody

✋ What: Remove invasive blackberry to boost biodiversity & help our environment!

📍 Where: Seaview Park (1255 Cecile Dr., Port Moody)

👉 More Info & Sign-Up: bit.ly/greenteam-nov30-2025

✉ Questions? Email: Max@GreenTeamsCanada.ca

VOLUNTEER OPPORTUNITIES

Rainforest Adventure Camps

Students interested in gaining volunteer hours working with children aged 5-12 years for an outdoor-based camp that offers activities such as swimming, boating, active games, arts and crafts, talent shows, out-trips to White Pine Beach, the Coquitlam River, Zone Bowling, Crash Crawly's, pools, parks, and playgrounds throughout the Tri-Cities are invited to apply at the following link: [Rainforest Camps - Volunteer](#)

SCHOLARSHIPS/BURSARIES & FINANCIAL AID

Soroptimist International of the Tri Cities Bea Kelly Volunteer Award

Value: \$1,500

If you are a grade 12 female student who volunteers in your community or school, you may be eligible for this award. This grant acknowledges young women in Grade 12 who demonstrate that they make a difference in their community and/or school. Preference goes to young women in the Tri-Cities, BC.

Visit: <https://soroptimisttricitie.org/our-programs/live-your-dream-awards-programs/>

Application form: [bk-award-application-writeable-2023d-1.pdf](#)

Deadline to apply is January 15, 2026.

Soroptimist International of the Tri Cities Spread Your Wings Award

Value: \$1,500

This award is meant to support female immigrants or refugees who are planning to attend a vocational/skills Training Program or undergraduate degree program.

Visit: [Live Your Dream Awards - Soroptimist International of TriCities](#)

Application: [spread-your-wings-award-2024b.pdf](#)

Reference Form: [spreadherwings-referencev2.pdf](#)

Deadline to apply is January 15, 2026.

POST SECONDARY & CAREERS

Jr. Firefighter Program – Grade 11 & 12 Students

The application is in two parts:

Part 1 Online [Fire Academy Application 2025/2026 Part 1](#)

Part 2 pdf application due to Ms. Moorhouse in counselling [Learning Experiences & Opportunities - School District No. 43 \(Coquitlam\)](#) Since Pinetree will have a ProD day on Dec. 5, applications will need to be handed by **Dec. 4**. For more info: [Learning Experiences & Opportunities - School District No. 43 \(Coquitlam\)](#)

Spend a Day at BCIT

Spend a day with us and find out if a program you're interested in could lead to a future career for you.

Think about doing this on a Pinetree ProD day coming up **December 5th**!

Register: <https://www.bcit.ca/about/visit/spend-a-day/register-to-spend-a-day/>

BCIT Program Advising: [Welcome To Advising – BCIT](#)

Advisors are available to help by phone call, email or zoom.

SFU Applied Sciences

Join us for at SFU's Burnaby Campus to learn more about SFU's Applied Sciences. You will explore cutting-edge projects by first-year Engineering Science students, learn how AI is shaping the future, and enjoy dinner and a short, guided campus tour. Along the way, you will also learn about work experience opportunities, student clubs, and gain insight into the vibrant SFU community. The event is on **Wednesday, December 3rd** at 4:30pm. For more information visit: [Ctrl + F Your Future Survey](#)

New SFU Accelerated Law Program

SFU is now offering B.C.'s first and only undergraduate [dual law degree program](#) partnership with the University of Exeter in the UK. Students can earn both a BA (Bachelor of Arts) from SFU and an LLB (Bachelor of Law) from Exeter - and no LSAT is required. This unique program fast-tracks students toward becoming a lawyer in Canada in just six years, combining academic excellence, global experience, and practical legal training. SFU also has a webinar information session for high school students and their families to share a comprehensive overview of the program, explain the admission requirements for high school applicants, and Q&A. **Students can register now to join the webinar on Tuesday, December 9th at 6:00 pm PST.**

[Discover the SFU-Exeter Accelerated Law Program Tickets, Tue, Dec 9, 2025 at 6:00 PM | Eventbrite](#)

Explore CapU – North Vancouver

Discover the vibrant heart of CapU at our North Vancouver campus. **TOMORROW**, 10:30 a.m. – 2:30 p.m. [RSVP here](#) For more info: [Explore CapU - Capilano University](#)

Career Experience – UBC Medical School

The UBC MD Admissions Office has opened registration for the MD Outreach Youth Mentorship Program. This program connects high school students with UBC medical students to learn more about university life, self-care, and the application process for UBC medical school. Interested students can sign up using the link below. https://ubc.ca1.qualtrics.com/jfe/form/SV_cTsW47ErtAzYAYW

Certificate in Essential Technical Skills for Architecture, Construction & Engineering (“ACE Certificate”) – for Graduating Students

The ACE Certificate is a 14-month career exploration program, running from July 2026-August 2027.

The funded ACE Summer Intensive classes are held at the BCIT Burnaby Campus. Students must Complete all three courses to continue to the second segment of the program that will run from Sept. 7, 2026 to Aug. 27, 2027. It includes two practicums and 5 online courses.

There are limited seats for this paid internship.

See Ms. Moorhouse for an application package and more information.

Apply between Dec. 1, 2025 and Feb. 28, 2026.

Follow Pinetree on Instagram for more updates from your Pinetree Secondary Community:

<https://www.instagram.com/pinetreesecondary/?hl=en>

NEW PINETREE SWAG

Includes hoodies, crewneck sweaters, and t shirts



SHOP CLOSSES DECEMBER 3



GRAD COUNCIL PRESENTS



Winter FORMAL

DEC 11 2025
7PM TO 10PM

PINETREE

DJS SPINNING FOOD CASINO PRIZES KARAOKE PHOTOS

TICKETS
55 NOV 17TH TO 28TH
65 DEC 01ST TO 05TH


CHANCE TO WIN A TICKET PURCHASE BY NOV 21ST

DOORS CLOSE AT 7:30PM ALL SCHOOL RULES IN EFFECT


Grad Wear




ON SALE UNTIL
NOV.30.2025




THE UNIVERSITY OF BRITISH COLUMBIA
Faculty of Medicine



UBC Pathways to Medicine




Rural eMentoring



YOUTH OUTREACH MENTORSHIP PROGRAM

The Youth Outreach Mentorship Program is a collaboration between UBC's MD Admissions Department, the Medicine Cousins Program, Rural eMentoring, and the student-led Pathways to Medicine Club. This program aims to provide high school students who come from equity deserving and underrepresented populations and who have an interest in medicine, an opportunity to connect with UBC medical students and learn from their unique experiences.



PROGRAM COMMITMENT

Once matched, high school mentees and medical student mentors will be asked to meet together on an agreed upon timeframe (virtually). We recommend about 6 meetings; however, this can be decided together between the mentor and mentee based on mutual goals.

MATCHING CONSIDERATIONS

The matching process is facilitated by the MD Admissions Office. High school students and medical students may be matched based on the following criteria indicated in their application:

- Educational aspirations
- Experiences and interests
- Personal background

Depending on the matching considerations identified, mentees may also be matched and connected with a medical student from one our partnership mentorship programs:

- Rural eMentoring:** connects BC's rural high school students to mentors who are in post-secondary.
- Medicine Cousins:** connects prospective Indigenous applicants with a current Indigenous MD Undergraduate Program student based on shared interests.
- Pathways to Medicine:** A student-led club that hosts virtual and in-person events for those under-represented and interested in medicine. You can join the [Facebook group](#) and [email list](#) to learn more about future events!

As this is a youth mentorship program, parental and/or guardian consent will be required before the mentorship process can begin. A consent form will be provided to applicants who are matched with a mentor and consent will be required before the mentorship meetings commence.

INTERESTED IN APPLYING?

Step 1
Prior to applying, prospective mentees are asked to review the [Framework & Responsibilities](#) document in order to best understand yours and your mentor's roles and responsibilities when committing to this program.

Step 2
Complete an application form at the following link: [Mentee Application Form](#).

Step 3
Once matched, a parent or guardian will need to complete a consent form prior to the mentorship meetings commencing. This will be sent to you after a potential match is identified.

QUESTIONS?

If you have any questions about the Youth Outreach Mentorship Program, please contact us at outreach.md@ubc.ca.

STAY CONNECTED WITH US

admissions.md@ubc.ca mdprogram.med@ubc.ca [@ubcmedicine](#)



Lights at Lafarge

