



Mundy Road TRACK & FIELD 2025



Mundy Road Parents,

Our track and field gym program has started. This is for grade 3, 4, and 5 students, where they participate in 6 track and field events with the purpose of exploring and learning the techniques of each event. This takes place during class time.

Once our **TRACK & FIELD** lessons are complete, students have the option of trying out for events they are interested in, to show they can meet the district standards to possibly attend the district track meet. If your child wants to try out, please ensure your child knows when the try outs take place as there will not be make up sessions. Unfortunately, not all students who meet the standard for a particular event attend the district track meet. Our school can only bring a specific number of children who have met the standard in their event. Students in each grade/gender who have met the standards may be invited to attend the track meet. Our goal is to send as many students to the track meet as possible.

The district track meet for our school is **WEDNESDAY, MAY 21, 2025 at Coquitlam Town Centre Stadium**. Permission forms for students invited to attend the track meet will be distributed on May 12 and need to be returned by May 15 (very important). We will require parent drivers to attend the track meet.

Please find the events/coaches/practice locations and the schedule below:

<u>Event</u>	<u>Location on the school grounds</u>	<u>Teacher Coach</u>
High jump	Gym	Mrs. McLean/Mr. Arthur
Long jump	Long jump pit	Mrs. Koper/Mrs. Croft
Relays (no tryouts; students selected from runners who meet standards and attend track meet)	Gravel field	Mr. Deutschmann
400 m/ 800 m	Gravel field	Ms. Kraemer
100 m sprints	Gravel field	Ms. LaFleur
Shot Put (grade 5 only)	Grass field	Mr. Porter/Ms. Wong

See back for schedule

Track & Field TRY OUT Schedule

Track Information 2025 for Teachers

Monday	Tuesday	Wednesday	Thursday	Friday
April 21 EASTER MONDAY	April 22 Bike Club @ 3:00pm	April 23 Bike Club @ 3:00pm	April 24	April 25 PRO-D (school based)
April 28 <i>Sprints (Gr. 3,4,5) @ 12:10pm</i>	April 29 <i>Sprints (Gr. 3,4,5) @ 12:10pm</i> Bike Club @ 3:00pm	April 30 <i>High Jump (Gr. 3) @ 12:10pm</i> <i>400m (Gr. 4) @ 12:10pm</i> Early Dismissal @ 1:50pm for Student Led Conferences	May 1 <i>High Jump (Gr. 4) 12:10pm</i> <i>400m (Gr. 5) @ 12:10pm</i> Early Dismissal @ 1:50pm for Student Led Conferences	May 2 <i>High Jump (Gr. 5) @ 12:10pm</i> <i>400m (Gr. 3) @ 12:10pm</i>
May 5 <i>Long Jump (Gr. 4) @ 12:10pm</i> <i>Shot Put (Gr. 5) @ 12:10pm</i>	May 6 <i>Long Jump (Gr. 5) @ 12:10pm</i> <i>Shot Put (Gr. 4) @ 12:10pm</i> Bike Club @ 3:00pm	May 7 <i>Long Jump (Gr. 3) @ 12:10pm</i> <i>800m (Gr. 3/4/5) @ 12:10pm</i>	May 8	May 9
May 12 Track notices out to students	May 13 <i>Relay Practice @ 12:10pm</i> Bike Club @ 3:00pm	May 14 <i>Relay Practice @ 12:10pm</i>	May 15 Notices due from students	May 16 PRO-D DAY (school based)
May 19 VICTORIA DAY	May 20 Bike Club @ 3:00pm	May 21 TRACK MEET @ Town Centre Stadium	May 22	May 23

District Track Meet for students selected to attend is Wednesday, MAY 21, 2025.

**PLEASE POST THIS SCHEDULE ON YOUR FRIDGE OR
SOMEWHERE WHERE IT CAN BE SEEN. 😊**