

Dear Strong Start families,

I hope you are doing well, and coping with the 'new normal'. I have included a gardening activity, which will then lead into scissor practice, to cut the grass. For those moving on to Kindergarten, you would have received a pair of scissors in the Welcome to Kindergarten bag. Also, **Happy Fathers Day**, to all the dads.

Watch and listen to Ms. Cindy sing a Greeting song, and read story.

[Little Cloud by Eric Carle](#)

### Cloud gazing

#### What you need:

- A blanket to lie on ground
- Clouds in the sky
- Patience and an imagination
- What shapes do you see?



### Grow & Cut the Grass

#### What you need:

- Egg carton, or shallow dish with holes in base. Use lid from carton to catch excess water.
- Dirt
- Grass seed

#### What to do:

- Fill each container with dirt.
- Sprinkle grass seed on top of dirt.
- Water everyday to prevent drying Out. It will take about 1-2 weeks for seeds to begin sprouting. Then start cutting the grass.

### Earthworms in the soil:

Look for worms on a dry sunny day, then Look again after a rainfall

What do you notice? How do worms move?

What do worms do? Draw a worm.

### What about snails?

How do they differ from worms?

Go on a hunt for snails.

On a sunny dry morning, afternoon or evening

Hunt for snails after a rainfall.

When do you find more snails?

How many did you find?

- Draw a snail shell -what is their shape?
- Watch them move. Do they move fast or slow?

BUILDING BLOCKS FOR BETTER LIVES

**Westcoast Family Centres**

**Healthy Families**

Westcoast Family Centres  
 WestcoastFamctr  
 Westcoast Family Centres Society

Find resources here:  
[westcoastfamily.org/healthy-families](http://westcoastfamily.org/healthy-families)