

DALY HEALTH CHECK

Please remember it is expected that families will complete the daily Health Check with their children before sending them to school each day. Please use the link below to review the Health Check. [Daily Health Check](#) You can also use the following link to monitor your child for COVID-19 symptoms daily <https://bc.thrive.health/covid19/en>

How do we explain the significance of Remembrance Day to a generation of children far removed from the war to end all wars? For those of us fortunate to have lived in Canada all our lives, we adults have little direct experience with the ravages of war and therefore rely on what we have seen or read in the news. Living peacefully does not mean living without conflict; it means solving problems without violent actions or hurtful words. As a school community, we are always working to solve problems in peaceful ways by showing respect for others, self-regulating our-selves and taking responsibility for our actions.



Students will be given poppies to wear on Tuesday, November 10th. Students are asked to bring donations to support the work of the Royal Canadian Legion. Donations will be collected prior to the Remembrance Day Zoom Assembly on Tuesday, November 10th at 10:50am

IMPORTANT: Please remember, for safety reasons, only students who are late should be entering through the front of the school. School drop off and pick up is located along St. George St. and all students enter through the back doors

Reminder:

There is absolutely *No Stopping and No Parking* (aka no drop off or pick up) along Moody Street at the front of the school.

As well please Do Not double park along St. George St.

It is important that our road safety is adhered to for the safety of all our students and families



STUDENT DROP OFF AND PICK UP SAFETY

All visitors (including parents) must call the office to arrange a meeting with any staff member. Meetings will be by phone or on-line, if for any reason a distancing meeting cannot be done and a you must have a face to face meeting with any staff member, again the meeting must be set up through the office.

Please do not walk into the building as we have very strict Covid-19 Site Safety Protocols.

- Thank you for waiting outside on the field in the mornings and at the end of the day to drop off and pick up your children.
- Please be on time to pick up your child, if in an emergency you will be late - please call.
- As well please let the teacher or school know if someone new is picking up your child.
- At the end of the day students are aware that they are to report back to the office if no one is here to pick them up within 10 minutes.
- ◆ *Kindergarten students are dismissed directly to an adult at the Kindergarten door a few minutes earlier than other classes*

All Students Enter and Exit the building through the back

WINTER WEATHER ALERT



In the event of extreme weather conditions:

Check the district website at www.sd43.bc.ca beginning shortly after 6:00 a.m. or tune in to CKWX 1130 AM, CKNW 980 AM or CBC 690 AM.

Be sure to hit refresh when returning to the district website. The district website posting is official – there is no need to call the school or the Board office after viewing.

As well as COVID 19 issues the cold and flu season is now upon us! Some children have already had a bout of one or both afflictions. We have also been talking to the children about what they can do to stay healthy:

- Eat healthy food
- Get plenty of rest at night
- Wear appropriate clothing for rainy days and cool mornings
- Wash hands! Wash hands! Wash hands! use soap! Often!



Health authorities tell us this is one of the most effective ways to ward off germs. After all, there are over 250 people in our school every day and that makes for a huge variety of germs to combat. Please reinforce this with your child. No one likes being sick, and if we can stay healthy, let's!

Here are some recreation programs offered from Port Moody Recreation Complex. Visit PortMoody.ca to register or call 604-469-4556:

Children

General Programs

Science Kids

For ages 5-10 years. Enjoy fun science experiments for kids that feature awesome projects and activities that help bring the exciting world of science to life.

#17164	Mon, Nov. 2-Nov 30	3:30-4:30pm
Recreation Complex		\$40.00/5 sessions

Children's Theatre

For ages 5-10 years. Experience children's theatre through storytelling drama, art and musical activities.

#17165	Mon, Nov. 2-Nov 30	5-6pm
Recreation Complex		\$35.00/5 sessions

Art Escape

For ages 5-10 years. This program will foster children's self-expression, imagination and creativity as they explore in a playful environment through arts and crafts.

#17169	Wed, Nov. 4-Dec. 2	3:30-4:30pm
Recreation Complex		\$28.00/4 sessions

Sports and Movement

Soccer for Children

For ages 5-10 years. Learn the basics of soccer consisting of skills, drills and games in a fun and non-competitive environment.

#17166	Tue, Nov. 3-Dec. 1	3:30-4:30pm
#17172	Sat, Nov. 7-Dec. 5	9-10am
Recreation Complex		\$32.50/5 sessions

Basketball for Children

For ages 5-10 years. Your child will learn the basics of basketball consisting of skills, drills and games in a fun and non-competitive environment.

#17167	Tue, Nov. 3-Dec. 1	5-6pm
#17173	Sat, Nov. 7-Dec. 5	10:30-11:30am
Recreation Complex		\$32.50/5 sessions

Hip Hop Dance

For ages 5-10 years. This program will introduce your child to an upbeat, funky, free form of dancing.

#17168	Wed, Nov. 4-Dec. 2	5-6pm
Recreation Complex		\$26.00/4 sessions

Floor Hockey for Children

For ages 5-10 years. Have a great time playing a little stick and puck.

#17170	Thu, Nov. 5-Dec. 3	3:30-4:30pm
Recreation Complex		\$32.50/5 sessions

Badminton for Children

For ages 5-10 years. Learn this exciting and fast moving sport. Develop your skills, learn rules and strategies. Equipment is supplied.

#17171	Thu, Nov. 5-Dec. 3	5-6pm
Recreation Complex		\$32.50/5 sessions

Zumba® for Kids

For ages 6-11 years. Zumba® is high-energy fitness packed with specially choreographed, kid-friendly routines and all the music kids love. Increases focus and self-confidence, boosts metabolism and enhances coordination.

#17174	Sat, Nov. 7-Dec. 5	11:30am-12:30pm
Recreation Complex		\$44.00/5 sessions

Ballet for Children

For ages 5-10 years. Your child will learn basic movements such as plies, tendus and gallops. They will work on musicality and creativity.

#17175	Sun, Nov. 8-Dec. 6	10:15-11:15am
Recreation Complex		\$32.50/5 sessions

PORT MOODY
CITY OF THE ARTS