



# PAC MEETING MINUTES

## Moody Elementary – November 4th, 2024

### Executive:

Lydia Mynott - Chair	Aleta Chivas - Hot Lunch Lead	Kelly Contreras - Treasurer
Chantelle Lorieau - Vice Chair	Monica Ritchie - DPAC Rep	Carlea Wolf - Member at Large
Jillian Eaton - Communications		

### Attendees:

Lydia Mynott	Carlea Wolf	Jillian Eaton	Kelly Contreras
Chantelle Lorieau	Aleta Chivas	Ray Dyer-Dietz	Alex Grof
Monika Ritchie	Habib Motan	Tiffany Phillips	

- **Call to Order**
  - meeting called to order at 6:32pm
- **Territorial Land Acknowledgment**
- **Approvals**
  - Agenda
    - Motioned - Aleta
    - Seconded - Monika
  - Meeting Minutes from Oct 7, 2024
    - Motioned - Jill
    - Seconded - Aleta

**Lydia/Chantelle**

### **Principal's Report (10 minutes)**

**Sheila**

- The water issue was resolved and the district came quite quickly with solutions. Thank you for getting the information about the water issue out on the class chats.

### **Coming up:**

- **Winter Concerts:** long standing tradition (from Christmas Concert to Winter Concert); practice and sing; Mrs. Rodriguez plans for 4 concerts

(afternoon and evening, Dec 16 & 18)- No longer Even and Odd divisions on separate days because of teacher schedules.

- Will be sending a call for photos on how people celebrate the winter holidays.
- **First Recognition Ceremony:** Once or twice a month for ORCA awards- outstanding participation, caring , respect or amazing achievement. This is another way for them to recognize children. Recognition Assemblies: month assemblies to honour and recognize students for positive contributions. The teachers are working on details, but we are looking to be able to acknowledge every student throughout the year.
- **Grade 5 leadership has started.** They are organizing spirit days- they are dividing the students into three groups. We want to acknowledge when kids are being caring.
- **Ultimate Frisbee-** intermediate students will be learning about this on Thursday- Rob Taylor is a coach and he wanted to bring it to the school so he is going to teach them in the gym so the spring they can play outside.
- **Bringing Yoga Class-** Dawn is going to do three sessions focusing on mindfulness, breathing and stretching- as a self-regulating pilot school. Yoga will be done during instructional time. This will take place the third week of November
- **Looking into Gymnastics** with Gymsense for January/February- in lieu of Tennis this year to try something new.

## Officer Reports (15 minutes)

## Executive

- Chair
  - Updates, BC C PAC- Board by-elections, school parent voice at the provincial level for anything at the school system. Crisis of leadership and a number of positions available. If people are interested, any PAC member, parents or caregiver who are interested. Close Date for Nominations are Dec 2, 2024
  - Link if you are interested: <https://bccpac.bc.ca/index.php/about-us/board-of-directors/by-election-2024>
  - Transportation to the new site- reached out to the city, all schools should have an “Active School Travel Planning” report and the purpose of those reports is to look at challenges or barriers for transportation to the school for students and parents to transport to schools. Only Pleasantside and Moody don’t have one currently because the school was relocating.
  - Will also be bringing some maps to the movie night for people to identify issues.
- Vice Chair
  - Communications are going well, appreciative of those class rep conversations.
- Treasurer
  - General Account- Revenue approx 8k, from hot lunch.

- Expenses this month was 3k - this month we funded the pumpkin patch and hot chocolate bar, and hot lunch expenses. All on track for the year.
- Communications
  - Class chats going well- real time updates have been helpful over email.
  - We should encourage people to Ask Us before Sheila
- Hot Lunch Lead(s)
  - Going well, lots of volunteers, everyone is getting their food.
  - We are still securing some vendors for next year but will have them secured shortly.
- DPAC

#### SESSIONS

- [Program of Choice Info Session Dates Announced.](#)
- Late French Immersion: Dec 2, 2024 @ 7pm;
- Kindergarten Programs of Choice: December 3, 2024 @ 6pm

**SAVE THE DATE**

**PROGRAMS OF CHOICE INFO SESSIONS FOR SEPTEMBER 2025!**

DECEMBER <b>2</b> 7:00PM	INFO SESSION FOR LATE FRENCH IMMERSION <b>MONTGOMERY MIDDLE</b> 1900 EDGEWOOD AVE
DECEMBER <b>3</b> 6:00PM	INFO SESSION FOR KINDERGARTEN PROGRAMS OF CHOICE <b>EDUCATION LEARNING CENTRE</b> 1080 WINSLOW AVE

**SCHOOL DISTRICT 43**  
Coquitlam  
Learning for a Lifetime

Info sessions are free and no registration is required

- Free Parent Session on Inclusivity and the Importance of Empathy with Katie Jamison- Zoom Wed Nov 13, 2024 from 7-8:30pm  
<https://www.facebook.com/100057475630857/posts/1035266821732496/?mibextid=WC7FNe&rdid=Cuw45of94ju7e5L6>
- Member at Large
  - lots of conversation about the field at the middle school can the two pac's get together to talk about the field.
  - Messaging about that field is that people can use that field after school hours.
  - Discussion about People using our playgrounds as a dog park- unsanitary conditions.

## New Business (45 minutes)

### ○ Current and Upcoming Events/Fundraisers

#### ■ Spirit Wear

Chantelle

- Now open- will be closing on November 20
- Removed the children's toques and added adult ones.

#### ■ November Movie Night: Despicable Me 4

Jillian

- Nov 22, 2024
- Grade 5 Student in Ms. Dunbar's Class- helped to get the students to vote on the movie they wanted to watch. Despicable Me 4
- possible holiday movie
- 6pm start, dominos pizza available for purchase.
- Discussion about another movie night in February if we have capacity.

#### ■ School Carnival

Kelly/Carlea

- June 5, 2025, from 5-8pm
- Carnival group formed if anyone wants to help with organizing.
- First meeting Nov 21 at 7pm, location TBD
- However, we have booked a DJ- Rock' N' Beau
- Still working on details for the carnival

#### ■ Bake Sale

- December Concerts

Chantelle/Carlea

- Bake Sale this year during the winter concert by donation
- Discussion around format.

Monday Divisions: 2,4,6,8,9,12,14 (Chantelle Lead)

Wednesday Divisions: 1, 3, 5, 7, 10, 11 (Carlea Lead)

## Looking ahead to future fundraisers

#### ● Coffee Fundraiser

Kelly

- Looking into a sample

#### ● Mitchell Soups- February

Aleta

- Set-up for January

## Discussion about Potential Future Parent Presentations

Lydia

### ● Nutritionist Session for the Parents? Is there interest?

- Updated Canada Food Guide
- Our relationship with food
- The importance of Breakfast
- Whole Food vs Processed
- What you eat and how you feel (mentally, physically) have a close connection
- Touch on the importance of the quality of sleep, exercise, relaxation time,
- Healthy Food on a budget

- **Gaming and Social Media for Parents (Webinar)**
  - social impacts and gaming information for parents
- Math Festival: <https://jrmf.org/host-a-festival/> Kids session would be run by the school and it is possible that we ask for a parent session- Aleta will be following up.
- General Discussion about community events that might be of interest to parents and leveraging those. Request to the class groups to put forward suggestions on what topics they would like information on so we can look into parent options.

**Meeting adjourned at 8:03 pm**

**Next Meeting is on January 13, 2025 @ 6:30pm (in-person, unless the weather does not permit an in person meeting).**