

Dpac general meeting March 25, 2015

1. Approval of Agenda
2. Approval of previous minutes
3. Treasurer's report
 - a. Spent 6581 of the 13500 in budget
 - b. Future spending will be sending executives to BCCPAC, the rest of money has been operational costs
4. Superintendent's report -Reno filling in for Patricia Gartland
 - a. Student achievement-visit district website to see student at pine tree secondary- Janice Pine who will be off to UBC science fair. Looking at biomarkers for diabetes, she won gold last year.
 - b. Terry fox played basketball over spring break, finished second in BC and got school spirit award and two team all stars, and scholarship
 - c. Completed cross catchment process
 - d. District being divided into 4 zones, and assistant superintendent responsible for each zone.
 - e. Learning without boundaries strategic plan for district
 - f. Student leadership council- SLC-provide feedback to district regarding policy, these exist at middle school and secondary level- access to clean cold water, healthy nutrition low cost food, access to technology and where is appropriated to use (Steven witman presenting on digital footprint) these are some of the issues brought forward. SLC have student forums to get input for this.
5. Ruler approach (Tamara Banks-Hampton principal)
 - a. Research based approach to support social emotional and academic learning
 - b. Identify emotions with precise emotions-to better communicate
 - c. Comes from Yale university
 - d. Recognizing, Understanding, Labeling (precisely), Expressing (emotions to communicate effectively and in socially appropriate ways), Regulating 9to promote learning and personal growth, including healthy relationships)
 - e. Aligns with CASELs guidelines
 - f. 4 anchors to Ruler approach 1. Charter 2. Mood meter 3. Meta Moment 4. Blueprint-some schools are using Mood Meter (heritage, Walton)

- g. Charter-way of life, beginning with adults-how do you want to feel when you come to school i.e. safe, happy, listened to How are we going to do that? What are we going to do when we don't? ex. Kind, engaged, respected
 - h. Hampton choice to do this as they were already achieving academically, but felt that students needed to develop emotional
 - i. Mood Meter-high and low energy, and pleasant vs. unpleasant-look at feelings on pleasant side both high and low energy. Staff plots feelings on daily basis when they come into school, same as students, each class has mood meter and kids plot feelings, can plot all day long. Teacher can follow through with lesson if mood on pleasant side, as kids in good place for learning this can also guild discussion in the class. Ask do you want to stay in that zone (red-frustrated, angry, blue-depressed, sad, yellow-happy, elated, green-tranquil, calm)
 - j. Ruler does have word curriculum
 - k. Focus on solutions rather than consequences
 - l. Doing parent info nights on Ruler approach
 - m. Ruler aligns with Safe School Framework(healthy relationships, social emotional)
 - n. Meta-Moment-self-regulating strategy, 6 steps to it (stop, think about best self, strategy to back away, and find success not necessarily solution)
 - o. Blueprint is problem solving-can recognizes and labels the emotion, how did they react, and what could I do in the future.
 - p. Hampton is piloting for Yale Parent participation-mod meter from home, calming strategies, book mark with feeling words. One of two schools in North America at this time.
 - q. Aligns with competencies
6. April 9 7:30 opening ceremony for Eagle Mountain middle
 7. April 9 6 pm to 9 pm presentation on EDI/MDI data presented by Susan Foster at Winslow Centre
 8. April 15 Movie on Dyslexia at Heritage Woods Theatre
 9. May 11 presentation on self-regulation 6 to 9 pm at Winslow Education Centre
 10. AGM in May for nominations for DPAC executive

11. The PAC voice-looking for feed back from PAC on budget and what schools want brought forward as concerns.
12. April 7- Budget presentation open house at 7 pm Winslow gym
13. April 14-presentation of budget to board
14. April 21- final presentation and approval of budget
15. Looking ahead- to be explored at future meetings competencies (BC Education Plan Focus on Learning)