



e-Bulletin – March 3, 2023

Greetings École Moody Middle School of the Arts Community.

IMPORTANT EMMSOTA DATES – 2022-2023

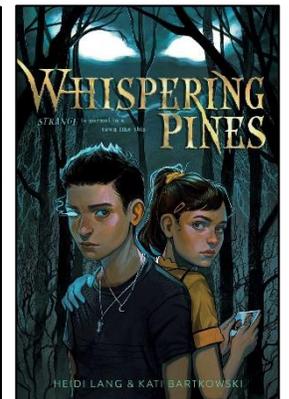
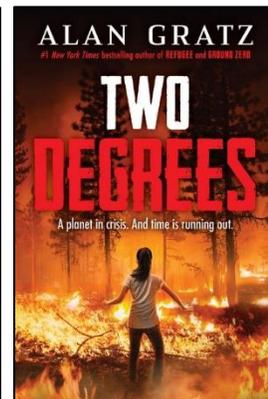
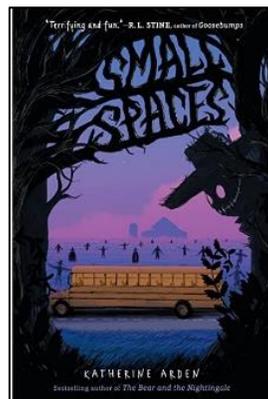
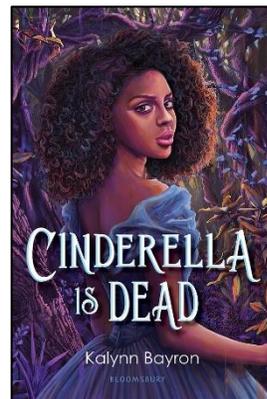
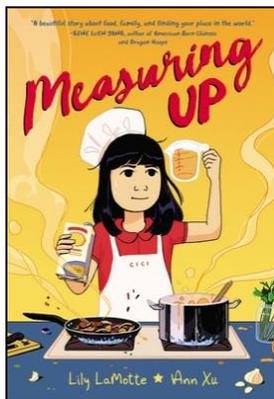
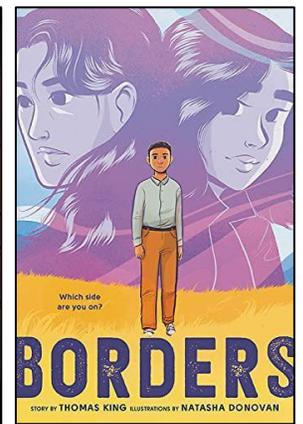
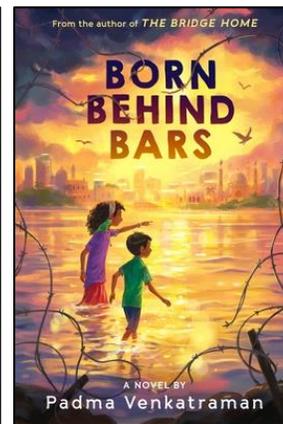
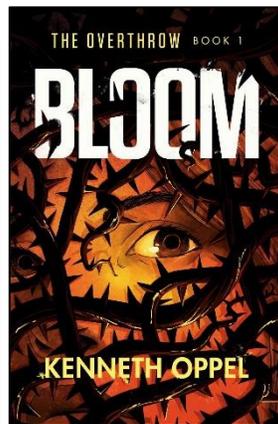
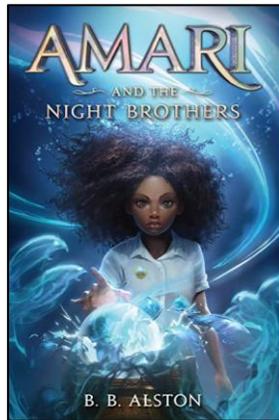
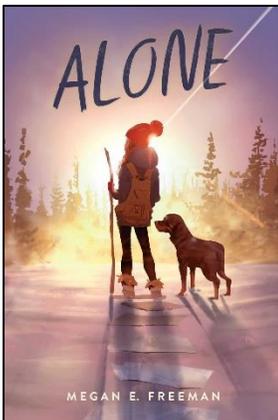
MARCH	
7	PAC Meeting
9	Report Cards are published
10	Last day of school before Spring Break
13-24	Spring Break – Schools not in session
27	Schools re-open after Spring Break
APRIL	
4-6	Communicating Student Learning 3-way conferences
6	Photo Day (class/pod/school)
7/10	Good Friday & Easter Monday – Schools not in session
11	PAC Meeting
15	Spring Drama Performance – All day dress rehearsal
18-20	Spring Drama Performances
21	Pro-D Day (District) – Schools not in session
MAY	
8	PAC Meeting – AGM and Elections
10	Wind Pod Entrepreneurial Fair
22	Victoria Day – Schools not in session
25	Presentation of Learning Event Tentative
31	Grade 6 Immunizations – Blitz #2
JUNE	
5	Pro-D Day (School-Based) – School not in session
6	PAC Meeting
8	Year-End Music Concert
29	Last School Day / Report Cards are published
29	Year-End Recognition Assembly/Grade 8 Leaving Ceremony
30	Administrative Day – Schools not in session

NOTE: TITLES IN RED ARE NEW OR UPDATED ITEMS

SD43 Middle School Book of the Year 2023

Our annual contest is back!

- Middle School Teacher Librarians have picked 10 finalists for Book of the Year.
- Students need to read at least 3 of the books to be entered into a prize draw and eligible to vote for their favourite.
- Contest starts February 6 and runs until May.
- See Ms. Leonard in the Library Learning Commons for more details and to check out these fabulous books!



Leadership Events:

Feb. 13 – 17 was **Random Acts of Caring and Kindness Week** at Moody!

We celebrated by hosting **Dress up Days**, the **Jellybean Guessing Jar**, selling and sharing **Candy Grams**, and making a huge **KINDNESS Mural** 😊



Leadership Initiative:

With the generous **Candy Gram** donations, we raised **\$162** to support **RainCity Housing**. A place for homeless youth in the Tri-city Area to get help with: food, clothing, and shelter.

Once again, in true Moody style...**YOU HAVE MADE A HUGE DIFFERENCE** and impacted those around you in a significant way!



COOKING CLASS DURING FRIDAY BRICK

Here are some photos of our students and staff making chocolate chip cookies during BRICK.



“Hey, Mr. Clay!”



Maya and Ms. Goodridge



Mohammad, Beshar and Abdallah

THE LATEST FROM ART EXPO

Students in Mr. Walker’s Art Expo classes recently had the opportunity to develop their painting skills by creating an apple in the likeness of those painted by the famous French Modernist painter Paul Cezanne. Considered by many to be the father of modern art, Cezanne’s practice of painting mirrored the way we see, as opposed to what we see.

Students were tasked with producing their first apple based on their childhood memory of what an apple looked like. Then, after close scrutiny of an apple by Cezanne, students attempted to build the form of an apple in sequential layers of yellow, green and red, with hints of brown where needed. In this way, students were able to catch a glimpse of how colour and transparency come together to reveal the subtle nuances hidden in nature.

My Apple CEZANNE'S APPLE





POLAR PLUNCH FOR SPECIAL OLYMPICS

On Saturday February 25th, Mr Clay, Principals Clerkson from Heritage Woods, Conley from PMSS and Constable Dixon participated in the Polar Plunge for Special Olympics BC at Rocky Point Park. To date Port Moody Administrators have raised over \$4000, which surpasses their goal. The entire event sponsored by the Port Moody Police raised over \$23,000 far surpassing their goal of \$12000. Thank you for everyone's support.



**MOODY MIDDLE ATHLETICS
2022 - 23 Winter Practice Schedule**

Time	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM (7:30 a.m.)					
Lunch	Gr. 8 Girls BB practice 12:20-12:50	Gr. 6 Boys & Girls BB practice 12:20-12:50	Dodgeball Intramurals 12:20-12:50	Gr. 6 Boys & Girls BB practice 12:20-12:50	Dodgeball Intramurals 12:20-12:50
PM (early) (3:00 p.m.)	Gr. 8 Boys BB Practice 3:10-4:15	Gr. 7 BB Game Day (Schedule TBA) Badminton Club Practice 3:10-4:15 (Until Bball games start, Alternating weeks for Gr. 6, 7, 8)	Gr. 8 BB Game Day (Schedule TBA) Gr. 8 Boys BB Practice 3:10-4:10	Gr. 7 Boys BB Practice 3:10-4:15 Ski and Snowboard @ Mt. Seymour Bus leaves 2:30pm Bus returns 9:15pm	Wrestling Practice 3:10-4:15
PM (late) (4:30 pm onwards)					

Athletic Fees - Reminder

Just a reminder that if your student is participating on a school sports team, please pay your \$15 Athletic Fee through School Cash Online.

Grade 6 Immunizations

Our school immunizations for grade 6 students took place on November 28th. The 2nd set will take place on **May 31, 2023**.

If you have a question for a Public Health Nurse, you can email them at SchoolNurseTricities@fraserhealth.ca or call them directly at 604-949-7251.

Reminder About Inclement Weather

As our weather is changing quickly, please be prepared by planning ahead to arrive to school in a safe and timely fashion with students dressed appropriately for learning and play both indoors and out. For [school closures due to inclement weather](#), check our website or listen to a local radio station for updates by 6:30am on school days.

The SD43 **HOME PAGE** is the official primary source of SD43 information. Always check here first.

- Look for a STATUS BANNER at www.sd43.bc.ca (example shown below).
- Click its main title to learn more.



Status Update Banner During Emergencies and Inclement Weather

This is what the emergency status banner will look like posted on the SD43 website homepage, and in some cases on school websites.

2. Information may also be announced on secondary sources including:

- [@sd43bc Twitter feed](#)
- CKNW AM 980, CKWX 1130 and CBC (690) radio stations (AM band).

Rainbow Club! We are excited and happy to be here!

Rainbow Club is an inclusive space for all queer and trans students and allies. Its structure is largely student-directed: as of now, most students seem to be seeking a safer space where they can chill and just exist as they are without fear of judgement. Rainbow Club meets in the library on Mondays at Lunch.

Hey Former Seaview Students and Families...Ms. Duncan is Retiring

Vicki Duncan, a long time Kindergarten teacher at Seaview is retiring. Many of her students have moved on to Moody Middle and PMSS. If any student or family wishes to send an individual video memory of what they remember about Ms. Duncan, please send it to Sandra Cowen, Seaview teacher, as she would love to add it to her video tribute to Ms. Duncan!

Students with parental permission can send their video to scowan@sd43.bc.ca.

Thank you!

ALLERGY AWARENESS

Cucumber and Watermelon Allergy



Please be advised that someone at EMMSOTA on Mondays and Thursdays has a severe allergy to cucumber and watermelon. For this reason, it would be helpful if you do not send cucumbers or watermelon with your students for their snack or lunch. To students and staff:

- If you have cucumber / watermelon in your lunch/snack please advise your teacher immediately (do not keep opened)
- If possible, refrain from eating/disposing of watermelon or cucumber inside - eat and disposed of waste outdoors
- On inside days (plan for alternate place to eat snack/lunch – if Lorenda is working with the class on that day)
- Please make sure to wash hands after touching, eating watermelon and/or cucumber (staff/students)

SCENTS - School District No. 43 (Coquitlam) buildings are scent aware facilities. In order to protect those individuals with fragrance sensitivities and to prevent others from developing such sensitivities, SD43 provides this information and asks for your cooperation towards a scent-reduced environment.

The district is asking for cooperation towards a scent reduced environment. All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

We recognize the personal right of individuals to use scented products. We believe, however, that this must be balanced with the adverse health effects and extreme discomfort that can be suffered by fragrance sensitive individuals.

This is not an issue about an individual disliking the smell of a particular perfume and not getting what he/she wants in the workplace. This is not a ban on scented products. This is a request to refrain from chemical-based scented products.

What can you do to help? • Be considerate of those who are sensitive to fragrance chemicals. Avoid or using scented products; instead, use unscented alternatives. • If you do use scented products, use them

sparingly. A general guideline for scented products is that the scent should not be detectable more than an arm's length away from you. Do not apply scented products in a public area. • Be an informed consumer. Read the product label. A product labeled as "fragrance-free" is likely to be free of fragrance chemicals. A product labeled as "scent-free" or "unscented" may mean that no fragrance chemicals have been added to the product, or it may be that a masking agent has been added to disguise the smell of some of the ingredients. These terms are not regulated, so use your nose or ask the store to check the product for fragrances. • Avoid using products (e.g. air fresheners or potpourris) that give off chemical-based scents in your work area. • Avoid using laundry products or cleaning agents that are scented. Air out dry-cleaned clothing before wearing.

AVOID PRODUCTS INCLUDING: • Perfume • Cologne • Aftershave • Deodorant • Soap • Shampoo • Hairspray • Body spray • Makeup and powders • Air fresheners • Fabric softeners • Laundry detergents • Cleaners • Carpet deodorizers • Facial tissues • Candles

EMMSOTA PAC

Next PAC Meetings (save the dates):

- Tuesday April 11th
- Monday May 8th – AGM and Elections
- Tuesday June 6th

Meetings will be in the library at school.

We are working on having parents also join by ZOOM if they are unable to attend in person. If joining by ZOOM would work for you, please email emmsotapac@gmail.com. We'd like to get an idea if there is interest in having a combined meeting.

Upcoming Hot Lunch Dates:

EMMSOTA PAC WINTER 2023 HOT LUNCH NOW OPEN! order NOW

Month	Date	Restaurant	Last day to order
JANUARY	WED 11	Dominos Pizza	Jan 4
	WED 25	Subway	Jan 18
FEBRUARY	WED 8	A&W	Feb 1
	WED 22	Hot Dogs & Sushi FUEL	Feb 15
MARCH	WED 8	Taco Del Mar	Mar 1
	WED 29	Subway	Mar 22

PLACE ORDERS: emmsota.parentcouncil.net

Upcoming PAC fundraisers:

- More are in the works - stay tuned!



2022/2023 PAC Year-Round Fundraisers



COBS Bread Suter Brook Village

When you visit COBS Bread in Suter Brook Village, please mention Moody Middle when you make a purchase, and COBS will donate 5% back to our PAC.



Return-It Express

(104 - 2560 Barnet Hwy, Coquitlam)

No sorting required, and 5% from your returnables comes back to Moody Middle PAC. Bag your returns in see-through plastic bags and drop off at the address above or **ANY** Encore Return-It Express location. Enter the school's phone number —(604) 461-7384— at the Express kiosk, print out the label(s) and place one on each bag you return.



Port Moody Liquor Store (2929 St. John's Street (near 7-11).

Mention "**Moody Middle**" when you make a purchase at Port Moody Liquor Store or online (put 'Moody Middle' in the "notes" when checking out), and 5% will come back to the PAC.



This is our newest year-round fundraiser. Purchase **Tru Earth** laundry products through our PAC online store to donate 20% of your purchase to the PAC. Keep watch on our PAC Facebook page and Parent Portal for sales throughout the year.
<https://fundraising.tru.earth/moodymiddle>

If you have any questions, please email us at
emmsotapac@gmail.com

Join us on the Parent Portal - PAC's Communication Hub:
<http://emmsota.parentcouncil.net/>
Click "register". School Code: **EMMSOTA1**

Request to join our PAC's Facebook Page so you can stay updated all year round!

Moody Middle PAC Facebook page:
<https://www.facebook.com/EMMSOTAPAC>

Thank you!

The Parent Council Site is the EMMSOTA PAC's Communication platform. This is the parent hub for information regarding fundraising, school updates, hot lunch ordering and more. You will also find information for our PAC meetings like agendas and meeting minutes. It's a one-stop shop for all things PAC. On-line Registration is currently open and hot lunch ordering has begun for the school year.

Registering is easy – here's how:

1. Go to emmsota.parentcouncil.net
2. Click the "REGISTER" menu at the top right-hand corner to sign up. Our school code is **EMMSOTA1** (needs to be in ALL CAPS).
3. Enter your name, email address and phone, then a user id that you will use for access to the parent council site. Enter a password and then enter it again to verify that it is correct.
4. Once registered, you will be logged into the website.
5. Please add your students by clicking on the "STUDENTS" button below or the "PROFILE" menu tab to proceed. Once your child(ren) has been added to the system, you will be able to place lunch orders immediately by clicking the "Order" button below each child's name.

Not participating in hot lunch? We encourage you to register even if your child does not participate so that you are able to receive emails and reminders from the PAC, as well as receive information on any events happening at EMMSOTA.

If you have any questions about the Parent Council site, please email us at emmsotahotlunch@gmail.com

Questions about the PAC? Our email is emmsotapac@gmail.com

And please join our Facebook page: <https://www.facebook.com/EMMSOTAPAC>

EMMSOTA PAC Facebook Page:

"Like" our page to receive updates on events, meetings and fundraising initiatives:
<https://www.facebook.com/EMMSOTAPAC/>

Moody Middle communicates with families via email, including sending newsletters, field trip notices and payment notices. If you do NOT wish to receive email from Moody Middle, please reply to this email with 'UNSUBSCRIBE' in the subject line.

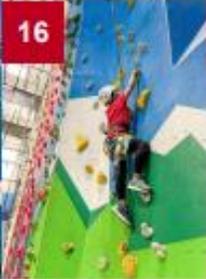
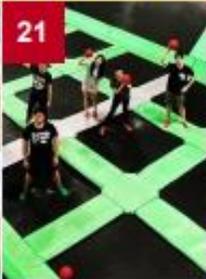
moodymiddlesecretary@sd43.bc.ca

[School Website](#)
[PAC Website](#)
[District Website](#)

COMMUNITY INFORMATION

SPRING BREAK CAMPS

THIS COULD BE YOUR SPRING BREAK!

Monday	Tuesday	Wednesday	Thursday	Friday
13 	14 	15 	16 	17 
Monday	Tuesday	Wednesday	Thursday	Friday
20 	21 	22 	23 	24 

EPIC Youth Spring Break Camp

Monday-Friday 9am-3pm

March 13-17

March 20-24

- Amazing Race
- Laser Tag
- Swimming
- Rock Climbing
- Bowling
- Amazing Race
- Extreme Air Park
- Baking and Tie Dye
- Watermania
- Bowling

Register NOW at portmoody.ca/signmeup

SPRING YOUTH CLUB PROGRAMS AT MOODY MIDDLE!



Youth Club

The City of Port Moody's **Community Services** and **School District 43** are excited to team up to offer great programs! Meet new friends, stay active and have fun.

For youth in grades 6-8

Moody Middle

Register
Tuesday,
Feb 28
8am

Cooking

You will learn new skills in the kitchen, kitchen safety and make tasty recipes.

32046 Monday, Apr 3-Jun 5 3:10-4:25pm

Art Escape

You will explore with a variety of mediums such as painting, clay, canvas and nature art.

32212 Tuesday, Apr 4-Jun 6 3:10-4:25pm

Youth Lounge Drop-in - FREE

Come hang out in the Youth Lounge after school. Play some foosball, board games and chill with your friends.

Wednesday, Mar 29-Jun 21

3-4:30pm

Thursday, Mar 30-Jun 22

3-4:30pm

Visit portmoody.ca/signmeup to register



portmoody.ca | 604.469.4556

PORT MOODY
CITY OF THE ARTS

SUMMER CAMP FOR CHILDREN 5-11



SUMMER CAMP

For kids 5-11
August 2023

Every day will be spent in the forest and farm playing, learning, gardening, and cooking with caring staff to make sure your camper has the best week ever!

 \$40 off for SD43 families

 Monday - Friday
9:00am-4:00pm

 Suwa'lkh School
Farm & Forest
1432 Brunette Ave,
Coquitlam

 Includes a snack every day.
Camps also include one cooked lunch a week

All camp programming is in English.



Register at <https://freshroots.ca/education/camp/>

Discount code: **SD43**

Contact email: camp@freshroots.ca





Summer Learning

2023

Elementary

Eight locations, Tuesday July 11 - Friday July 28 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info Tech), Outdoor Science, STEAM, and more!
Free to all BC residents*.

Three locations, Tuesday July 11 - Friday July 28 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents*.

Middle

Two locations. Tuesday July 11 - Friday July 28 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

Secondary Skill Building

Two locations. Wednesday July 5 - Thursday August 10 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Check out the SOYL full day program on our website!

Secondary Full Credit

Registration begins...
- Elementary: Tuesday May 2
- Middle & Secondary Skill Building: Friday May 5
- Secondary Full Credit: Wed. May 10
Phone 604-936-4261 for assistance.
*SD43 Residency requirements apply

To Register

WWW.SD43SUMMERLEARNING.CA / Phone 604-936-4261



TRI-CITY THUNDER MINOR BASEBALL ASSOCIATION

Register now – ball season starts April 1st!

**TRI CITY
THUNDER**



TC Thunder Minor Baseball Association



Register Online Now!

New and Returing Players

<https://www.tcthunder.ca/register-online/>

Follow us on Instagram

@tcthunderminorbaseball

or Facebook

@Tri City Thunder Minor Baseball Association



TRI-CITY MINOR BALL HOCKEY ASSOCIATION

[Registration Link](#)

Online Registration is Now Open for the 2023 Season.

December 5, 2022 – February 28, 2023

We also have a contest if you're able to send that out as well.

TCMBHA Contest: \$50 off your Registration Fee, how to participate:

1. Like & Subscribe to our Social Media accounts - YouTube, Facebook, Instagram & Twitter
2. Like our Registration Post & Tag a Friend (extra entries for additional tags)
3. Share our Registration Post, Tag Us & don't forget to use #TCMBHA & #TriCityBallHockey

One Entry per Social Media Platform, links are below. Winner will be picked before the season starts!



**Tri-City
Minor Ball Hockey
Association**

Online Registration

Now Open for Returning & New Players
TCMBHA.com

Follow Us

#TCMBHA     #TriCityBallHockey

TRI-CITY EAGLES FIELD HOCKEY



Girls born 2005-2019 and boys born 2007-2019 are invited to get involved in one of the world's most popular sports.

U-10 MINI & MITE HOCKEY

The Club also offers a Mini-Hockey Program for U-10 girls and boys (minis born 2013-2014 & mites born 2015-2019). Season fee for Minis & Mites is \$125.

EARLY BIRD REGISTRATION DEADLINE FOR U-10 PLAYERS: MIDNIGHT, FEBRUARY 19TH

A \$10 late fee will be charged after if space is available.

U-11 TO U-18

U-11 to U-18 Girls teams (Birthdates 2005-2012) compete in the Greater Vancouver Junior Field Hockey league from Late-March to June. Season Fee \$155.

JUNIOR BOYS

The Club offers a program for Junior Boys born 2007 to to 2012. Boys born 2013 to 2019 are registered as Mini or Mite players

**REGISTRATION DEADLINE U-11 TO U-18: RETURNING PLAYERS & NEW REGISTRANTS
EARLY BIRD REGISTRATION DEADLINE: MIDNIGHT, FEBRUARY 5TH**

All players registering after the Early Bird Deadlines will be charged a \$20 late fee and will be waitlisted and only be registered if space is available.

HOW TO REGISTER?

Please visit:

tcfieldhockey.com

Players must first register with Field Hockey British Columbia to obtain a player identification number – required to complete registration with Tri-City Field Hockey.

See our website for details.

QUESTIONS?

604.619.4034
brian@tcfieldhockey.com
Follow us on Instagram
@tcfieldhockey

