



Greetings École Moody Middle School of the Arts Community.

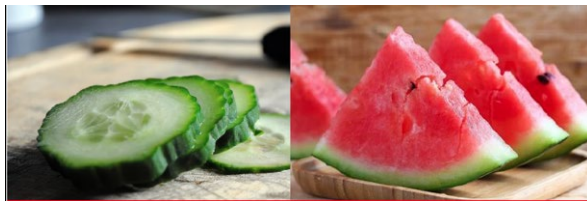
IMPORTANT EMMSOTA DATES – 2022-2023

DECEMBER	
8	Winter Concert
15	Report Cards are published on MYED Portal
19-Jan 2	Winter Vacation – Schools not in session
JANUARY	
3	Schools re-open after Winter Vacation
30	Focus Day Pro-D Day – School not in session
FEBRUARY	
20	Family Day – Schools not in session
22	Pink Shirt Day
24	Pro D Day (District) – Schools not in session
21-23	Communicating Student Learning 3-way conferences
MARCH	
9	Report Cards are published
10	Last day of school before Spring Break
13-24	Spring Break – Schools not in session
27	Schools re-open after Spring Break
APRIL	
6	Photo Day (class/pod/school)
7/10	Good Friday & Easter Monday – Schools not in session
21	Pro-D Day (District) – Schools not in session
25-27	Spring Drama Performance
MAY	
22	Victoria Day – Schools not in session
25	Presentation of Learning Event Tentative
31	Grade 6 Immunizations – Blitz #2
JUNE	
5	Pro-D Day (School-Based) – School not in session
8	Year-End Music Concert
29	Last School Day / Report Cards are published
29	Year-End Recognition Assembly/Grade 8 Leaving Ceremony
30	Administrative Day – Schools not in session

NOTE: TITLES IN RED ARE NEW OR UPDATED ITEMS

ALLERGY AWARENESS

Cucumber and Watermelon Allergy



Please be advised that someone at EMMSOTA on Mondays and Thursdays has a severe allergy to cucumber and watermelon. For this reason, it would be helpful if you do not send cucumbers or watermelon with your students for their snack or lunch. To students and staff:

- If you have cucumber / watermelon in your lunch/snack please advise your teacher immediately (do not keep opened)
- If possible, refrain from eating/disposing of watermelon or cucumber inside - eat and disposed of waste outdoors
- On inside days (plan for alternate place to eat snack/lunch – if Lorenda is working with the class on that day)
- Please make sure to wash hands after touching, eating watermelon and/or cucumber (staff/students)

SCENTS - School District No. 43 (Coquiltam) buildings are scent aware facilities. In order to protect those individuals with fragrance sensitivities and to prevent others from developing such sensitivities, SD43 provides this information and asks for your cooperation towards a scent-reduced environment.

The district is asking for cooperation towards a scent reduced environment. All staff, students and visitors are strongly encouraged to avoid or reduce the use of fragranced products, and to replace them with unscented alternatives.

We recognize the personal right of individuals to use scented products. We believe, however, that this must be balanced with the adverse health effects and extreme discomfort that can be suffered by fragrance sensitive individuals.

This is not an issue about an individual disliking the smell of a particular perfume and not getting what he/she wants in the workplace. This is not a ban on scented products. This is a request to refrain from chemical-based scented products.

What can you do to help? • Be considerate of those who are sensitive to fragrance chemicals. Avoid or using scented products; instead, use unscented alternatives. • If you do use scented products, use them sparingly. A general guideline for scented products is that the scent should not be detectable more than an arm's length away from you. Do not apply scented products in a public area. • Be an informed consumer. Read the product label. A product labeled as "fragrance-free" is likely to be free of fragrance chemicals. A product labeled as "scent-free" or "unscented" may mean that no fragrance chemicals have been added to the product, or it may be that a masking agent has been added to disguise the smell of some of the ingredients. These terms are not regulated, so use your nose or ask the store to check the product for fragrances. • Avoid using products (e.g. air fresheners or potpourris) that give off chemical-based scents in your work area. • Avoid using laundry products or cleaning agents that are scented. Air out dry-cleaned clothing before wearing.

AVOID PRODUCTS INCLUDING: • Perfume • Cologne • Aftershave • Deodorant • Soap • Shampoo • Hairspray • Body spray • Makeup and powders • Air fresheners • Fabric softeners • Laundry detergents • Cleaners • Carpet deodorizers • Facial tissues • Candles

Term One Reports Published on MYEducation BC on December 15th.

Term One Reports will be Published to the MYeducation BC Parent and Student Portal on December 15th after 3 PM. Any extra student services reports; IEPs or ELL reports will also be published on MYEd. We no longer send home paper report cards and ask that parents view these reports online through the MYEd Portal. We have sent home instructions to access the portal in the past and are available if you require assistance.

Please check out the instructions for accessing the Parent and Student Portal on our website at <http://www.sd43.bc.ca/school/moody/Parents/MyEdBcInfo/Pages/default.aspx#/=>

If you require further assistance please email 086-office@sd43.bc.ca and someone can walk you through it or reset your current password.

Grade 6 Immunizations

Our school immunizations for grade 6 students took place on November 28th. The 2nd set will take place on **May 31, 2023**.

If you have a question for a Public Health Nurse, you can email them at SchoolNurseTricities@fraserhealth.ca or call them directly at 604-949-7251.

Book Fair Thanks you

Scholastic
Book Fairs

Thank You!

Our **Scholastic Book Fair** was a success! Thank you to all families, teachers, and students who participated, supporting our school while enhancing home libraries.

We sold \$2400 worth of books and other items, earning valuable **Rewards** that Ms. Leonard has redeemed for new books for our school library.

Ms. Leonard would like to thank all the students and parents who helped out during the fair. We couldn't have done it without you!

Thank you for participating in our **Scholastic Book Fair!**

Happy reading!



Grade 7 Girls Volleyball

Our Grade 7 girls volleyball had a great showing at the District Tournament on November 22, finishing 3rd overall. Great job everyone! Coaches Mr. Clay and Mme Suchynsky want to thank the girls for all their hard work. It was great to see the improvement and love for the game develop over the season.



There Is No Planet B

The students of Divisions 15 and 16 are investigating the effects of climate change and global warming on issues that matter to them. Each student has developed their own Inquiry Question to guide their learning about how we can make changes to save our planet. Each change, whether big or small, will make an impact on how our planet continues to progress and grow. The students contributed a small portion of this image to represent that we all must do our part to help the Earth since there is no planet B.



SHARE FOOD BANK

It's that time again for FOOD DONATIONS & Collections for THE 12 DAYS OF GIVING...
We really appreciate your support with this, the SHARE FOOD BANK is very busy this time of year!



Inclement Weather

As our weather is changing quickly, please be prepared by planning ahead to arrive to school in a safe and timely fashion with students dressed appropriately for learning and play both indoors and out. For [school closures due to inclement weather](#), check our [website](#) or listen to a local radio station for updates by 6:30am on school days.

The SD43 **HOME PAGE** is the official primary source of SD43 information. Always check here first.

- Look for a STATUS BANNER at www.sd43.bc.ca (example shown below).
- Click its main title to learn more.



Status Update Banner During Emergencies and Inclement Weather

This is what the emergency status banner will look like posted on the SD43 website homepage, and in some cases on school websites.

2. Information may also be announced on secondary sources including:

- [@sd43bc Twitter feed](#)
- CKNW AM 980, CKWX 1130 and CBC (690) radio stations (AM band).

Badminton Club

Badminton Club will be on for the next 3 Tuesdays after school. November 29 is for grade 8's. December 6 is for grade 7's. December 13 is for grade 6's.

Rainbow Club! We are excited and happy to be here!

Rainbow Club is an inclusive space for all queer and trans students and allies. Its structure is largely student-directed: as of now, most students seem to be seeking a safer space where they can chill and just exist as they are without fear of judgement. Rainbow Club meets in the library on Mondays at Lunch.

EMMSOTA PAC

Next PAC Meetings (save the dates):

- December PAC meeting will be postponed to the new year. .

Meetings will be in the library at school.

We are working on having parents also join by ZOOM if they are unable to attend in person. If joining by ZOOM would work for you, please email emmsotapac@gmail.com. We'd like to get an idea if there is interest in having a combined meeting.

Upcoming Hot Lunch Dates:

- Wednesday December 7 – Fuel Pasta



The poster features the EMMSOTA PAC logo in the top left corner. The main title is "WINTER 2023 HOT LUNCH NOW OPEN!" in a playful, hand-drawn font. To the right, it says "order NOW" with a speech bubble effect. The poster is organized by month, with each month's offerings listed in a light blue box with a white background. Each entry includes the date (Wednesday), the restaurant name, the last day to order, and logos for tcbv and the restaurant. The restaurants featured are Dominos Pizza, Subway, A&W, Hot Dogs & Sushi FUEL, Taco Del Mar, and Subway again.

Month	Date	Restaurant	Last day to order
JANUARY	WED 11	Dominos Pizza	Jan 4
	WED 25	Subway	Jan 18
FEBRUARY	WED 8	A&W	Feb 1
	WED 22	Hot Dogs & Sushi FUEL	Feb 15
MARCH	WED 8	Taco Del Mar	Mar 1
	WED 29	Subway	Mar 22

PLACE ORDERS: emmsota.parentcouncil.net

Upcoming PAC fundraisers:

- More are in the works - stay tuned!

Year-Round fundraisers:

- **COBS Bread Suter Brook Village** – When you visit COBS Bread in Suter Brook Village, please mention Moody Moodle when you make a purchase, and COBS will donate 5% back to our PAC.
- **Return-It Express** (104-2560 Barnet Hwy, Coquitlam) – No sorting required, and 5% from your returnables comes back to Moody Middle PAC.
- **Port Moody Liquor Store** (2929 St. John's Street) – Mention Moody Middle when you make a purchase at Port Moody Liquor Store or online and 5% will come back to the PAC.
- **TRU EARTH** – Purchase TRU EARTH laundry products through our PAC online store to donate 20% of your purchase to the PAC.

The Parent Council Site is the EMMSOTA PAC's Communication platform. This is the parent hub for information regarding fundraising, school updates, hot lunch ordering and more. You will also find information for our PAC meetings like agendas and meeting minutes. It's a one-stop shop for all things PAC. On-line Registration is currently open and hot lunch ordering has begun for the school year.

Registering is easy – here's how:

1. Go to emmsota.parentcouncil.net
2. Click the "**REGISTER**" menu at the top right-hand corner to sign up. Our school code is **EMMSOTA1** (*needs to be in ALL CAPS*).
3. Enter your name, email address and phone, then a user id that you will use for access to the parent council site. Enter a password and then enter it again to verify that it is correct.
4. Once registered, you will be logged into the website.
5. Please add your students by clicking on the "**STUDENTS**" button below or the "**PROFILE**" menu tab to proceed. Once your child(ren) has been added to the system, you will be able to place lunch orders immediately by clicking the "Order" button below each child's name.

Not participating in hot lunch? We encourage you to register even if your child does not participate so that you are able to receive emails and reminders from the PAC, as well as receive information on any events happening at EMMSOTA.

If you have any questions about the Parent Council site, please email us at emmsotahotlunch@gmail.com

Questions about the PAC? Our email is emmsotapac@gmail.com

And please join our Facebook page: <https://www.facebook.com/EMMSOTAPAC>

EMMSOTA PAC Facebook Page:

"Like" our page to receive updates on events, meetings and fundraising initiatives:
<https://www.facebook.com/EMMSOTAPAC/>



Moody Middle communicates with families via email, including sending newsletters, field trip notices and payment notices. If you do NOT wish to receive email from Moody Middle, please reply to this email with 'UNSUBSCRIBE' in the subject line.

moodymiddlesecretary@sd43.bc.ca

[School Website](#)
[PAC Website](#)
[District Website](#)

COMMUNITY INFORMATION

These winter afterschool programs will be happening at Moody Middle! Registration begins Tuesday December 6th.



Youth Club

The City of Port Moody's **Community Services** and **School District 43** are excited to team up to offer great programs! Meet new friends, stay active and have fun.

For youth in grades 6-8

Moody Middle

Register
Tuesday,
Dec 6
8am

Cooking

You will learn new skills in the kitchen, kitchen safety and make tasty recipes.

30581 Monday, Jan 9-Mar 6 3:10-4:25pm

Improv for Youth

Through a variety of improv games and theatre sports, you will learn to think on your feet, gain confidence performing in front of a small audience and have fun while using your creativity.

30584 Tuesday, Jan 10-Mar 7 3:10-4:25pm

Youth Lounge Drop-in - FREE

Come hang out in the Youth Lounge after school. Play some foosball, board games and chill with your friends.

Wednesday, Jan 4-Mar 8

Thursday, Jan 5-Mar 9

3-4:30pm

3-4:30pm

Visit portmoody.ca/signmeup to register



portmoody.ca | 604.469.4556

PORT MOODY
CITY OF THE ARTS

SHARE'S YOUTH SUBSTANCE USE SERVICES INVITES YOU TO:

Parent & Caregiver's Circle

Virtual drop in education and support for parents and caregivers who are concerned about their youth and substance use.

The journey of parenting can have many highs and lows. This is especially true when faced with the challenging task of parenting a teenager. Each week there will be a different topic to discuss.

WHEN:
Thursdays from 7pm to 8pm

WHERE:
On Zoom. Link distributed weekly.

This is a drop-in group. Come for all 8 weeks or come when you can.

Parents/Caregivers can join anytime, but must have an orientation with a facilitator before attending their first session.



TO REGISTER:
Click on the date below to sign up for each drop in session. You must register by the Monday at noon of each week's session in order to set up an orientation time with a facilitator before your first group session.

TOPICS INCLUDE:

Nov. 10: Adolescent Development and Attachment

Nov. 17: Having Hard Conversations

Nov. 24: Continuum of Substance Use and Stages of Change

Dec. 1: Mental Health and How to Navigate the Systems

Jan. 12: Boundaries and Managing Conflict

Jan. 19: NaloxHome and Harm Reduction

Jan. 26: Youth Offering Listening Opportunities Event (6:30 to 8:30 separate registration to come)

Feb. 2: Burnout and Self Compassion

FOR MORE INFORMATION, OR IF YOU ARE HAVING TROUBLES WITH REGISTRATION LINKS,
CONTACT SHARE FAMILY & COMMUNITY SERVICES INTAKE AT
604.540.9161



Holiday Camp for Youth

Monday-Friday, Dec 19-23

Wednesday-Friday, Dec 28-30


9am-3pm Recreation Complex

Activities may include:

For youth
in grades
6-12

Art	Gym Time	Holiday Baking
Ice Skating	Laser Tag	Swimming

Visit portmoody.ca/signmeup to register NOW!

 @pomoyouth | portmoody.ca/Youth | 604.469.4556

PORT MOODY
CITY OF THE ARTS

You are coming to the end of your Middle School years and it's time to think about high school. Are you going to your local neighbourhood school or are you choosing a school that meets your interests & needs?

Join us for our in-person or digital Open House and see if Inquiry Hub Secondary School is a school that you want to attend.

InquiryHub.org/open

7pm on Wednesday December 7th

Our students have a great show planned for you, (and your parents). You will have the opportunity to ask questions and see what's possible when students feel empowered to follow their interests and pursue their passions... while getting a first class education that prepares you for university, and all your future goals and aspirations.

InquiryHub.org
The Dream, Create, Learn school.



Inquiry Hub Secondary School

Inquiry Hub is an innovative secondary school, in the Coquitlam School District, where students pursue their own personal interests and dreams. Students have scheduled standard classes with a focus on collaborative project-based learning, and some time that is left unscheduled. This unscheduled time is used for individual passion projects, group work, and getting school work done.

Join us for iHub Open,
our Open House
Wednesday Dec. 7th, 2022
at 7pm.

(Doors open at 6:15 for student-guided tours.)

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Find out why our
students chose to come
to a school where
they can
Dream, Create, & Learn!

Reserve a spot
on Eventbrite
to see us live,
in-person, at
our school.



Watch us from
the comfort of
your home on
YouTube Live.
(Click 'Notify me')

INQUIRY HUB OPEN HOUSE

Come join us on December 7th, 2022
7PM-9PM (Doors open at 6:15 for student-guided tours.)
1432 Brunette Ave, Coquitlam, BC



Reserve a spot
on Eventbrite
to see us live,
in-person, at
our school.



Watch us from
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YouTube Live.
(Click 'Notify me')