



MOODY MATTERS NEWSLETTER

November 24th, 2023

**** Please note: New and changed items are in Red ****

You can find past copies of the Moody Matters Newsletter on our school website under About > Newsletters

Next 2 Weeks At A Glance November / December

Monday 27	Tuesday 28	Wednesday 29	Thursday 30	Friday 1
			<ul style="list-style-type: none"> Water Pod Div 12/13 Rock Climbing Field Trip Fire Pod Div 8/9 Skating Field Trip 	
Monday 4	Tuesday 5	Wednesday 6	Thursday 7	Friday 8
		<ul style="list-style-type: none"> Hot Lunch – Subway (must preorder online) Fruit & Veggie Day (apples) Water Pod Div 14/15 Skating Field Trip SLC Meeting at Como Lake 	<ul style="list-style-type: none"> Water Pod Div 14/15 Rock Climbing Field Trip 	

PLEASE NOTE: The Important Dates 2023-2024 calendar that was included in our September 8th newsletter has had some changes. Please always refer to the calendar on our Moody Middle website or the newest version of Moody Matters for updated information.

Please check our website regularly for current announcements, important dates, school sports and clubs, teacher email addresses and other important information. The website address is:

<https://www.sd43.bc.ca/school/moody/Pages/default.aspx#/=>

PAC's ANNUAL PURDYS CHRISTMAS FUNDRAISER



Hi, EMMSOTA Families!

There are only **TWO DAYS** left to order for PAC's annual **Purdys Christmas Fundraiser!** Thank you to everyone who has already ordered!

Shopping online is quick and easy and it's **FREE delivery** for all orders to the school.

Moody Middle's unique shopping link is:

<https://fundraising.purdys.com/1393979-108398>

School Code is 2393 if asked

If you have ordered Purdys before, please login and select the campaign to support (school code above). If this is your first time ordering, please create an account. All information asked is needed in order to process your order.

Once you're in, click...

Shop Online and then **Use Marketplace** so you can browse all the amazing items available this year, including milk, dark and white chocolate items; no-sugar-added items, vegan, and of course their famous hedgehogs plus so much more. **HAPPY SHOPPING!**

Please pass this link to neighbors, families and friends and have them mention your name in the notes. You can also use your own link (on your home page once logged in) in the upper left corner. Send that out and all orders placed using that link will be flagged under your name so everything is together for you to pick up.

==> **Order Deadline (UPDATED): November 25**

==> **Pick up will be the first week of December - exact date TBD**

FOR THOSE WHO HAVE STARTED AN ORDER... please go back in to check out if you wish to buy the items in your cart. Once the deadline has passed, it will be too late.

If you have any questions, please contact me through the PAC email, emmsotapac@gmail.com, and I will reply quickly.

On behalf of the PAC at Moody Middle, thank you for your support of the Christmas Purdys Chocolate Fundraiser.

--Kerry, PAC Communications Coordinator

GRADE 6 VOLLEYBALL TEAM

The Grade 6 team represented Moody Middle well on November 9th with some amazing effort and positive spirit! Thank you to Coach Pillsbury!

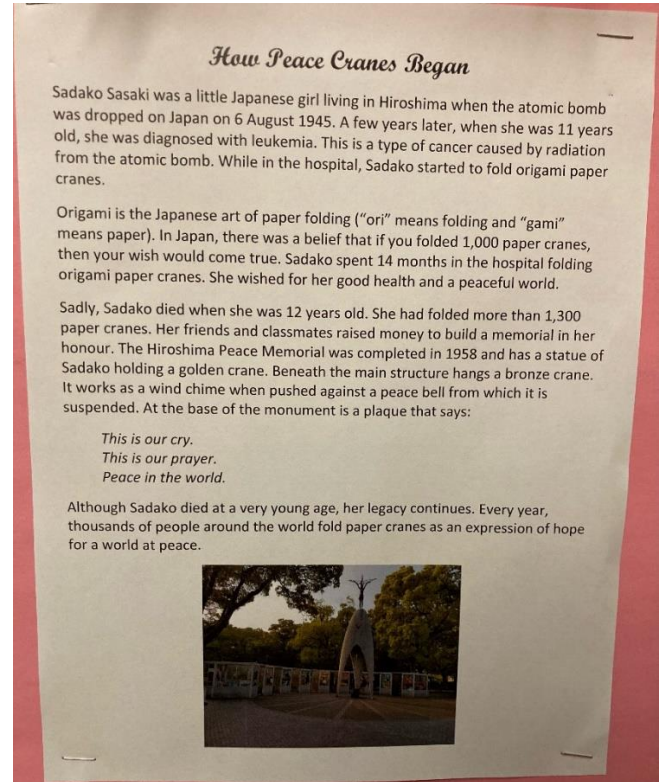


WRESTLING AND BASKETBALL COACHES NEEDED

Hello Moody Middle community! Do you have an interest in youth sports? Perhaps you played basketball in school many years ago? Do you currently train in any martial art or mat combat sports? I am hoping to recruit community volunteers to help with our next season of sports. The 2 main sports we will be offering are Wrestling and Basketball and we need coaches and assistant coaches for each of the teams. The sports are offered to boys and girls of all grades. No previous coaching experience is needed. Mr. Abello will pair all community volunteers with a Moody teacher to help guide and give you ideas. The general commitment is just one practice per week, then when games start, it will be one game plus one practice per week. As gym time permits, we may allow the grade 8 teams to hold 2 practices per week. Practices can take place before school, during the lunch hour, or after school. All community adult volunteers will need to fill out the school district's forms for volunteers. If you are interested, please contact Mr. Abello (aabello@sd43.bc.ca). Thank you!

UPDATE FROM DIVISION 12

In the lead-up to Remembrance Day, Division 12 read the book *Sadako and the Thousand Paper Cranes* together, and then folded origami cranes to represent their hopes for peace in the world. The cranes were displayed in the gym during the Remembrance Day assembly and are now on a bulletin board between Water and Fire Pod. More cranes may even be added, since the hope for peace doesn't end with Remembrance Day!



SCHOLASTIC BOOK FAIR

Thank You!

Our **Scholastic Book Fair** was a success! Thank you to all families, teachers, and students who participated, supporting our school while enhancing home libraries.

We sold \$2300 worth of books and other items, earning valuable **Rewards** that Ms. Leonard has redeemed for new books for our school library.

Ms. Leonard would like to thank all the students and parents who helped out during the fair. We couldn't have done it without you!

Thank you for participating in our **Scholastic Book Fair!**

Happy reading!



SCHOOLCASH ONLINE TO-DO

Please check your SchoolCash Online account for required fees and forms to be completed.

New items that have been added to SchoolCash Online:

- **PINK Shirt Campaign / KidSport Fundraiser**

Don't forget about these required items to be completed as soon as possible:

- Water Pod Skating Field Trip Forms
- Fire Pod Skating Field Trip Forms
- Music T-shirts for band and choir members
- District School Policies
- Student Activity Fees
- Yearbooks
- Volunteer Application and Driver forms
- Student Athletic Fees and Registration

If you have not yet registered for a SchoolCash Online account, please visit the Moody Middle website and click on the link for School Cash Online that is under the Quick Links section on the home page.

PLEASE NOTE – it is best to access SchoolCash Online using a laptop or desktop computer to avoid any errors or issues.

PINK SHIRT CAMPAIGN / KIDSPORT FUNDRAISER



PINK Shirt Day is a day when people come together by wearing pink shirts to school or work to show they are against bullying. School District 43 will again be supporting PINK Shirt day by selling Be Kind shirts that have been designed by Terry Fox Secondary Leadership classes. This year these shirts will be available for purchase through Moody Middle with all proceeds going to "Tri-Cities KidSport Charity" to help youth get involved in organized sport.

In order to ensure shirts are received before PINK Shirt Day on Wednesday February 28th, the deadline for ordering your shirt is Sunday December 3rd.

Please note that **orders will only be accepted through SchoolCash Online.**

Please be sure to use the sizing chart below and carefully select the colour of your t-shirt or hoodie as **no refunds or exchanges will be available.**

LIBRARY LEARNING COMMONS – DIGITAL CITIZENSHIP

Artificial Intelligence (AI) and sites like ChatGPT are becoming increasingly common in our everyday lives. As a parent, it's natural to want to protect your child from the potential risks and dangers of technology, particularly because of the rapid rate these new technologies are being introduced to children – frequently and without safeguards in place. Check out the links below to learn more and start a conversation with your child about their knowledge and use of these new technologies.

<https://protectyoungeyes.com/the-ultimate-guide-to-ai-and-chatgpt-for-parents/>

<https://www.waynedenner.com/blog/chat-gpt-parents-guide-part-1/>

https://www.commonensemedia.org/articles/helping-kids-navigate-the-world-of-artificial-intelligence?j=9370283&sfmc_sub=239348369&l=2048712_HTML&u=218692439&mid=6409703&jb=96&utm_source=media_fmn_20230609+-+B&utm_medium=email

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-safety-blog/what-is-the-metaverse/>

ATHLETICS



Current Sports Underway: Volleyball

If your child is participating in athletics, please be sure to log into your SchoolCash Online account and complete the “Student Athletic Fees and Registration” item. If you do not complete this item, your student will not be able to participate. If the fees present a hardship for your family, please contact the principal, Mrs. Banks.

WINTER WEATHER AHEAD

Schools are not routinely closed due to snow or other inclement weather conditions. All schools in School District 43 (Coquitlam) will remain OPEN, if possible, during winter weather, including snowfall.

However, on occasion, a district-wide or partial-district closure is required due to extreme weather. Partial-district closures affecting individual schools may occur due to the very different geography within our school district. If there is a partial-district closure affected schools will be identified.

The decision on schools remaining open or needing to be closed, because of extreme weather, occurs **before 6:30 a.m.** so that families can plan and make alternate arrangements.

Any district-wide or partial-district closure will be decided and communicated by 6:30 a.m. via the School District 43 website www.sd43.bc.ca and CKNW AM 980 radio, CKWX 1130 radio and CBC (690) radio.

While the District tries to make the best decision with the information available, the weather does change quickly. Therefore, when schools remain open, decisions to stay at home during challenging weather conditions should be made by each family.

Extreme weather can also impact transit. Transit schedules may face significant changes or cancellations due to the weather conditions. Parents seeking information on transit schedules need to consult the Translink website: <http://www.translink.ca/>

We encourage families to continuously check the School District 43 website for updates and changes: www.sd43.bc.ca

Learn more about SD43’s process for emergency and inclement weather status updates at: <http://www.sd43.bc.ca/NewsEvents/Pages/EmergencyInformation.aspx>

STUDENT ABSENCES / LATES / EARLY DISMISSALS

If your student is going to be absent, please complete the 'Absence/Late/Early Dismissal' online form available on Moody Middle's website home page under 'Quick Links' or call the office at 604-461-7384. **If submitting an online form for an early dismissal, please remember to include the time that the student will be leaving.**

Please remind your students that when they are feeling ill or want to go home, they should go to the office to have staff call home for parent permission to leave. Students should not be calling or texting parents directly as the office staff must speak with a parent or caregiver.

PHONES AT SCHOOL

Cell phones are important tools of communication. They are not, however, necessary for the day-to-day happenings at school. To help minimize distractions during learning and school time, EMMSOTA school policy asks students to leave their phones safely tucked in their lockers during school hours. This includes the morning nutrition break and lunch.

EMMSOTA PAC

The graphic is a blue vertical poster for the EMMSOTA PAC Fall 2023 Hot Lunch. At the top left is the EMMSOTA PAC logo. To its right, the text reads 'FALL 2023 HOT LUNCH NOW OPEN!' in red and 'Order Now' in blue cursive. The poster lists hot lunch options by month and day:

Month	Day	Restaurant	Last day to order	Partners
OCTOBER	WED 11	Subway	October 3	Subway, tcbj
OCTOBER	WED 25	A&W	October 17	tcbj, A&W
NOVEMBER	WED 8	Chopped Leaf	October 31	Chopped Leaf, tcbj
NOVEMBER	WED 22	Red Robin	November 14	tcbj, Red Robin
DECEMBER	WED 6	Subway	November 28	Subway, tcbj
DECEMBER	WED 20	A&W	December 12	tcbj, A&W

The next EMMSOTA PAC Meeting will be held on Monday January 15th, 2024 at 6:30 pm in person and via ZOOM. ZOOM link will be provided prior to the meeting.

The Parent Council Site is the EMMSOTA PAC's Communication platform. This is the parent hub for information regarding fundraising, school updates, hot lunch ordering and more. You will also find information for our PAC meetings like agendas and meeting minutes. It's a one-stop shop for all things PAC. On-line Registration is currently open and hot lunch ordering has begun for the school year.

To register for the PAC website, visit the Moody Middle website, click on the PARENTS link and then the PAC link – full instructions are available there.

If you have any questions about the Parent Council site, please email us at emmsotahotlunch@gmail.com
Questions about the PAC? Our email is emmsotapac@gmail.com
And please join our Facebook page: <https://www.facebook.com/EMMSOTAPAC>
"Like" our page to receive updates on events, meetings and fundraising initiatives.



2023/2024 PAC Year-Round Fundraisers



COBS Bread - Suter Brook Village

When you visit COBS Bread in Suter Brook Village, please mention **Moody Middle** when you make a purchase, and COBS will donate 5% back to our PAC.



Return-It Express

(104 - 2560 Barnet Hwy, Coquitlam)
Or at any Return-it Express Kiosk

No sorting required, and **ALL** money from your returnables comes back to Moody Middle PAC! Bag your returns in see-through plastic bags and drop off at the address above or **ANY** Encore Return-It Express location. Enter the school's phone number —(604) 461-7384— at the Express kiosk, print out the label(s) and place one on each bag you return.



Port Moody Liquor Store (2929 St. John's Street (near 7-11).

Mention "**Moody Middle**" when you make a purchase at Port Moody Liquor Store or online (put 'Moody Middle' in the "notes" when checking out), and 5% will come back to the PAC.



Purchase **Tru Earth** laundry products through our PAC online store and 20% of your purchase comes back to the PAC. Keep watch on our PAC Facebook page and Parent Portal for sales throughout the year.
tru-earth.sjv.io/MoodyMiddle

If you have any questions, please email us at
emmsotapac@gmail.com

Join us on the Parent Portal - PAC's Communication Hub and where to order Hot Lunch:
<http://emmsota.parentcouncil.net/>
To create a new account: Click "register". School Code: EMMSOTA1

Request to join our PAC's Facebook Page so you can stay updated all year round!

Moody Middle PAC Facebook page:
<https://www.facebook.com/EMMSOTAPAC>

Thank you!



COMMUNITY INFORMATION

Kinsight

Parent Information Sessions



Creating Effective Partnerships – November 7th

School District 43 in partnership with Kinsight Family & Individual Support Program, invites parents and caregivers of children who have developmental delays, disabilities or diverse learning needs to join us for an information session highlighting the various district supports and services available. Meaningful inclusive practices, programming, collaborative IEP development, and the importance of building an effective partnership between school, and the home team will be reviewed.

Planning for the Future – November 16th

School District 43 invites parents and caregivers of high school students with developmental delays, disabilities, and diverse learning needs to an information session intended to help families think about, and plan for the transition from high school to adult life. This presentation will include a panel of guest speakers representing school district 43 programs, inclusive post-secondary institutes, employment supports, government agencies, and community supports. Entering adulthood is an important milestone, therefore taking action early will help create a smooth and successful transition plan for the future.

Transition into Kindergarten – January 11th

The Learning Services Zone Coordinators and other school personnel from School District # 43 invite parents and caregivers of children with developmental delays, disabilities, and diverse learning needs to an information session to discuss what to expect when your child enters kindergarten. We will also discuss how you can be involved to help make the transition successful for your child as they embark on their educational journey.

Stepping Up to Secondary School – February 6th

School District 43 invites parents and caregivers of middle school students with developmental delays, disabilities, and diverse learning needs to an information session focusing on how Secondary School can provide meaningful educational opportunities that support the student's development, maturity and progress towards future goals. A successful transition to Secondary School means that students have access to classes and school experiences that prepare them for what comes after high school – post-secondary education, employment, and full participation in all aspects of community life.

Time to Talk About Middle School – March 5th

School District 43 invites parents and caregivers of elementary school students with developmental delays, disabilities, and diverse learning needs to an information session discussing the differences between Elementary and Middle School. We will focus on the transition process, Middle School culture and routines, structures to support student success, and the benefits of meaningful collaboration to develop the student's program.

When: 7:00pm - 9:00pm (doors open at 6:30pm)
Location: Education Learning Center - Room B103/B104
1080 Winslow Avenue, Coquitlam

Questions? Please contact Colleen Lambert at colambert@sd43.bc.ca

Please note, registration is required. Click [HERE](#) to register

GRADE 6 STAY ACTIVE PASS

The Grade 6 Stay Active! Pass provides 12 free admissions to either drop-in swimming, skating and gymnasium-based activities in the cities of Coquitlam, Port Moody and Port Coquitlam. These passes are valid Sept. 5, 2023 – Sept. 2, 2024 for the 2023/24 school year.



For Coquitlam residents, read more: <https://ow.ly/IMPi50PWBCZ>

Apply for Grade 6 Passes online here (for Coquitlam residents only): <https://ow.ly/4eIF50PU1tz>

For Port Moody residents, read more: <https://ow.ly/1ICx50PU2ef>

For Port Coquitlam residents, read more: <https://ow.ly/JUtE50PU2eA>

NOTE – You can get the Moody Middle registration letter from the Moody Middle office.



Questions regarding general *erase* training may be emailed to: erase@gov.bc.ca

Training Offering	Dates	Delivery	Registration Link
Family Session: Establishing Safe, Caring, & Respectful Digital Communities – Everyone Welcome! Recommended for Parents/Caregivers/Grandparents and youth aged 10 and up as a way to facilitate the conversation of safe and caring use of technology at home and in the community. This session covers all things digital, from how to be a good digital citizen, the criminal consequences of cyberbullying, and how to report and receive support in cases of sexting/sextortion. Some of the most prominent concerns currently surrounding use of social media platforms, smartphones, and artificial intelligence will be discussed.	November 8, 2023 6:30pm – 7:30pm	online	https://www.eventbrite.ca/e/732334942527?aff=oddtcreator
	November 28, 2023 7:00pm – 8:00pm	online	https://www.eventbrite.ca/e/732343096917?aff=oddtcreator
	November 30, 2023 6:30pm – 7:30pm	online	https://www.eventbrite.ca/e/732346587357?aff=oddtcreator



Youth Club

The City of Port Moody's Community Services and School District 43 are excited to team up to offer great programs! Meet new friends, stay active and have fun.

**Moody
Middle**

Register
Tuesday,
Oct 3
8am

For youth in grades 6-8

Exploring the Arts

You will explore with a variety of mediums such as painting, clay, canvas and nature art.

37064 Tuesday, Oct 17-Dec 5 3:10-4:25pm

Cooking

You will learn new skills in the kitchen, kitchen safety and make tasty recipes.

37063 Thursday, Oct 19-Dec 7 3:10-4:25pm

Visit portmoody.ca/signmeup to register.





Youth Skate

\$2.25
per youth

Starting Friday, October 13

8-9:15pm Arena 2

Grades 6-12 (must show go-card at door)

NEW Advance registration required,
no drop-ins permitted, no exceptions.

Visit portmoody.ca/signmeup to register.



 @pomoyouth | portmoody.ca/Youth | 604.469.4556

PORT MOODY
CITY OF THE ARTS

Fraser Health's Topic for November is: Respiratory Season and Fall Immunizations

Protect children from respiratory illnesses this winter

Respiratory illnesses tend to increase as we spend more time indoors. Common colds, the flu and COVID-19 spread through tiny droplets as people who are sick breathe, talk, cough or sneeze. When other people touch these droplets and then their eyes, mouth or nose before washing their hands they may become sick. There are a handful of steps both children and adults can take to protect themselves and limit the spread of respiratory illnesses:

- Wash your hands often with soap and water. Use alcohol-based sanitizer if soap and water is not available.
- Avoid touching your face, especially your eyes, mouth and nose.
- Cough and sneeze into your elbow.
- If you have symptoms, stay home and stay away from people at higher risk of serious illness.

Flu and COVID-19 vaccinations

The best way to protect others and reduce the risk of getting sick with the flu and COVID-19 is to get immunized. The flu and COVID-19 vaccines are safe, effective, and available for free to anyone aged six months and older.

It is much safer to get the vaccines than to get the illnesses. Register your children with the Get Vaccinated system so that you can be invited to book their vaccinations when they are due.

Learn more here: <https://ow.ly/5WWe50PYIYC>

