



MOODY MATTERS NEWSLETTER

March 15, 2024

**** Please note: New and changed items are in Red ****

You can find past copies of the Moody Matters Newsletter on our school website under About > Newsletters

SPRING BREAK IS MARCH 18 – MARCH 29. SCHOOL IS NOT IN SESSION.

Return to School At A Glance - April

Monday 1	Tuesday 2	Wednesday 3	Thursday 4	Friday 5
<ul style="list-style-type: none"> Easter Monday – NO SCHOOL 	<ul style="list-style-type: none"> Return to school 		<ul style="list-style-type: none"> Class Photo day 	
Monday 8	Tuesday 9	Wednesday 10	Thursday 11	Friday 12
	<ul style="list-style-type: none"> Student Led Conferences – early dismissal at 2:00 pm 	<ul style="list-style-type: none"> Fruit & Veggie Day Student Led Conferences – early dismissal at 2:00 pm 	<ul style="list-style-type: none"> School musical late rehearsal 	<ul style="list-style-type: none"> Terry Fox kick-off assembly

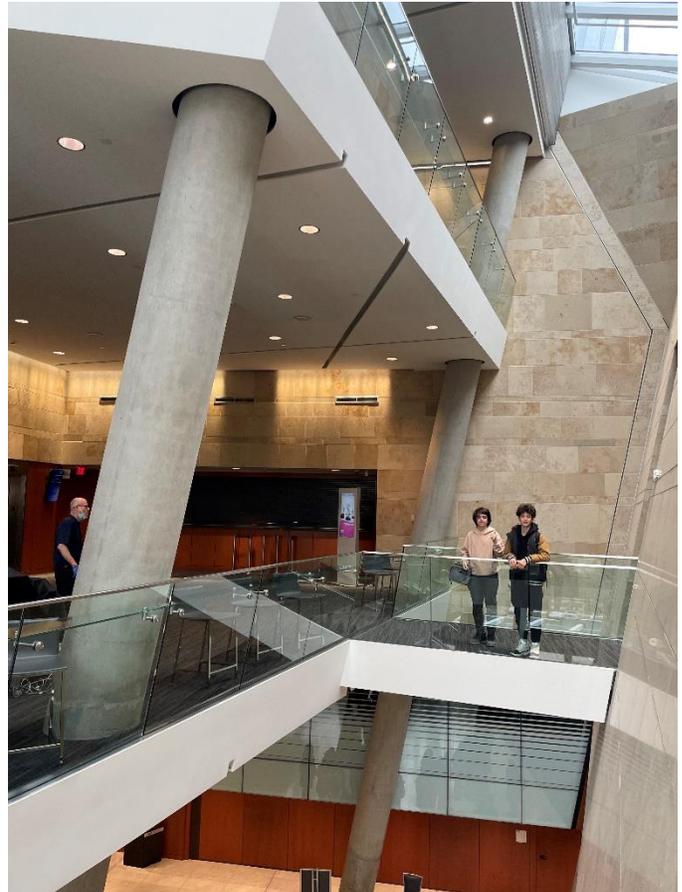
PLEASE NOTE: The Important Dates 2023-2024 calendar that was included in our September 8th newsletter has had some changes. Please always refer to the calendar on our Moody Middle website or the newest version of Moody Matters for updated information.

Please check our website regularly for daily and current announcements, important dates, school sports and clubs, teacher email addresses and other important information. Click the link below:

<https://www.sd43.bc.ca/school/moody/Pages/default.aspx#/=>

WATER POD FIELD TRIP TO COASTAL DANCE FESTIVAL

On Friday March 1st, Water Pod rode the Skytrain to The Anvil Centre in New Westminster to attend the 17th annual Coastal Dance Festival. Students had the opportunity to watch 3 performances by local and international Indigenous artists. The first group, CHESHA7 IY LHA MENS , was an inter-generational family of artists with cultural ties to Skwxw7mesh, Sto:Lo, Tsimsian, Hawaiian, and Swiss peoples, sharing songs connected to their heritage and family. The second group, TURONGO COLLECTIVE, from New Zealand, with connections to the Polynesian, South East Asian, Māori, European, Ngati Ruahine, Rongowhakaata and Te Aitanga a Mahaki peoples, shared a Māori song, dance & story about life. Lastly, DANCERS OF DAMELAHAMID, a dance company from the Northwest Coast of British Columbia shared with us dances telling the story of the mountain goat, the frog & dragonfly, and the orca. For more information, check out the following link: [Coastal Dance Festival : Dancers of Damelahamid](#)



PINK SHIRT WEEK

We celebrated Pink Shirt week from February 26th to March 1st. This is a day that was founded in 2007 by 2 high school seniors in Nova Scotia to raise awareness around bullying and to make everyone feel welcome.

At EMMSOTA, our students watched videos about this day's history, answered in-depth questions and inscribed pink paper flowers with messages of hope and support.

Our Rainbow Club were also involved! We put on a BAKE SALE with over 800 items and raised over \$800 to be donated to Qmunity, a community center in Vancouver's Westend. This center supports youth from the LGBTQIA2S+ community. qmunity.ca

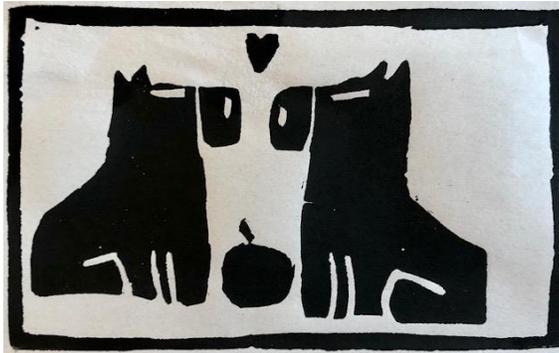
Many thanks to all those who baked and many thanks to all those who bought our wares!

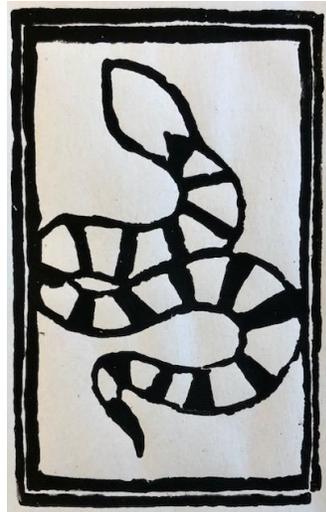
ART EXPO UPDATE

Picture This

At roughly 7cm by 11cm these lino prints might look like very simple, whimsical images but they are in fact the end result of a lengthy process that employs drawing, sculpting and printmaking skills gleaned from an ancient technique dating back to the 7th century. Art Expo students used all three skill sets to create these beautifully crafted images. What better way to empower a student in a School of the Arts than by having them make pictures from within an image-making practice so firmly grounded in history. Outstanding!!!

Mr. Walker, Art Expo teacher







BABYSITTING COURSE BEING OFFERED AT EMMSOTA

**FRIDAY APRIL 19th, 2024 (Pro-D Day)
FOR STUDENTS AGED 11 – 15 years**

This course offers basic first aid and caregiving skills for youth 11-15 years old. Participants learn how to provide care to children in a variety of age groups, and how to prevent and respond to emergencies. The course also offers youth the skills to promote themselves as babysitters to prospective families.

COURSE CONTENT

- How to be responsible and demonstrate leadership
- How to make good decisions and manage difficult behaviours
- Information on children's developmental stages, and specific strategies for each stage
- How to feed, diaper, dress, and play with children and babies
- How to recognize and prevent unsafe situations, make safe choices and promote safe behaviours
- First aid skills
- The business of babysitting

We will need a minimum of 20 students to sign up in order to offer this course, but there will be a maximum of 30 spots available. Registration will be available through SchoolCash Online starting Tuesday April 2, 2024 at 3:00 pm. Spots will be available on a first come, first served basis.

BABYSITTING COURSE



**CANADIAN
RED CROSS**
TRAINING PARTNER

IN SCHOOL

11+
YEARS OLD



COST: \$39

WHAT TO BRING: a sport helmet, an extra long sleeve shirt, pencil, snacks, lunch + water

MARYLENE DESROCHES

CERTIFIED RED CROSS FIRST AID, CPR + YOUTH LEADER INSTRUCTOR | 604. 848. 8423

COURSE CONTENT

- Look after babies, toddlers, preschoolers and school-age children. Care for himself/herself and siblings when home alone.
- Create a safe environment, and deal with phone calls and unexpected visitors.
- React confidently in case of an emergency, such as choking, bleeding, poisoning or burns.
- Cope with common problems, such as tantrums and crying.
- Play games and organize activities to keep kids of all ages entertained.
- Manage a babysitting business. This includes creating a resume and a business card and asking the right questions before accepting a babysitting job.

FIRST AID CONTENT

- Check, Call, Care
- Glove removal
- Recovery position
- Conscious choking (child/baby/alone)
- CPR (baby/child)
- Illness
- Asthma (includes use of inhaler and spacer)
- Anaphylaxis (includes use of EpiPen)
- Poisoning
- Insect stings
- Wound care (i.e. minor cuts and scrapes, splinters, nosebleeds, bumps and bruises)
- Life-threatening bleeding
- Burns
- Broken bones
- Seizures

SCHOOLCASH ONLINE TO-DO

If you have not done so already, please complete the following on SchoolCash Online:

- District School Policies Form 23-24
- Student Activity Fees

The District School Policies covers things like walking field trips and photo permissions so we can include photos of student activities in the Moody Matters newsletter!

Please check your SchoolCash Online account for required fees and forms to be completed and permission forms for upcoming field trips.

To log in, go to this website and click the blue Sign In button: SchoolCashOnline.com: Welcome

If student activity fees present a financial hardship, please contact our principal Mrs. Banks.

PLEASE NOTE – it is best to access SchoolCash Online using a laptop or desktop computer to avoid any errors or issues.

ATHLETICS



Upcoming Spring Sports: Rugby, Badminton, Track & Field

Please check the school website under Programs & Services > Sports/Athletics for practice schedules. **Practice schedules for Spring Sports will be posted after Spring Break.**

If your child is participating in athletics, please be sure to log into your SchoolCash Online account and complete the “Student Athletic Fees and Registration” item. If you do not complete this item, your student will not be able to participate. If the fees present a hardship for your family, please contact the principal, Mrs. Banks.

STUDENT ABSENCES / LATES / EARLY DISMISSALS

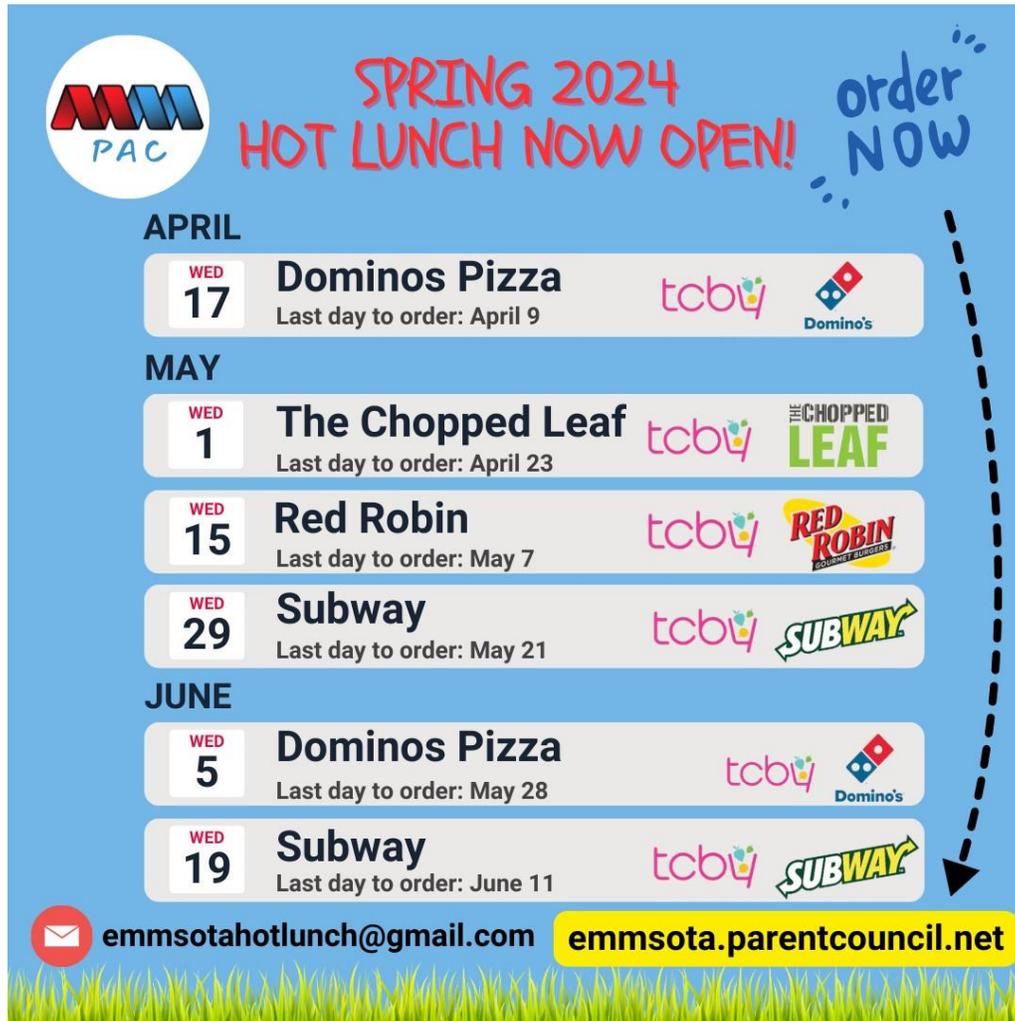
If your student is going to be absent, please complete the ‘Absence/Late/Early Dismissal’ online form available on Moody Middle’s website home page under ‘Quick Links’ or call the office at 604-461-7384. **If submitting an online form for an early dismissal, please remember to include the time that the student will be leaving.** Please remind your students that when they are feeling ill or want to go home, they should go to the office to have staff call home for parent permission to leave. Students should not be calling or texting parents directly as the office staff must speak with a parent or caregiver.

PHONES AT SCHOOL

Cell phones are important tools of communication. They are not, however, necessary for the day-to-day happenings at school. To help minimize distractions during learning and school time, EMMSOTA school policy asks students to leave their phones safely tucked in their lockers during school hours. This includes the morning nutrition break and lunch.

EMMSOTA PAC

SPRING 2024 HOT LUNCH DATES! ORDER NOW!



The poster features the EMMSOTA PAC logo in the top left corner. The main title 'SPRING 2024 HOT LUNCH NOW OPEN!' is written in large, red, hand-drawn letters. To the right, the words 'order NOW' are written in blue, hand-drawn letters. A dashed black arrow points from the top right towards the bottom right of the poster. The poster is divided into sections for the months of April, May, and June. Each section lists a specific date (marked 'WED'), the restaurant name, the last day to order, and the logos for tcbv and the restaurant. At the bottom, there is a contact email address and a website URL.

Month	Date	Restaurant	Last day to order
APRIL	WED 17	Dominos Pizza	April 9
MAY	WED 1	The Chopped Leaf	April 23
	WED 15	Red Robin	May 7
	WED 29	Subway	May 21
JUNE	WED 5	Dominos Pizza	May 28
	WED 19	Subway	June 11

Contact information:
Email: emmsotahotlunch@gmail.com
Website: emmsota.parentcouncil.net

The next EMMSOTA PAC Meeting will be held on Monday April 15th, 2024 at 6:30 pm in the school library.

Future meeting dates:

Monday May 13 at 6:30 (in person in EMMSOTA school library) – AGM

Monday June 10 at 6:30 (in person in EMMSOTA school library) – final meeting of the year

The Parent Council Site is the EMMSOTA PAC's Communication platform. This is the parent hub for information regarding fundraising, school updates, hot lunch ordering and more. You will also find information for our PAC meetings like agendas and meeting minutes. It's a one-stop shop for all things PAC. On-line Registration is currently open and hot lunch ordering has begun for the school year.

To register for the PAC website, visit the Moody Middle website, click on the PARENTS link and then the PAC link – full instructions are available there.

If you have any questions about the Parent Council site, please email us at emmsotahotlunch@gmail.com
Questions about the PAC? Our email is emmsotapac@gmail.com
And please join our Facebook page: <https://www.facebook.com/EMMSOTAPAC>
"Like" our page to receive updates on events, meetings and fundraising initiatives.



2023/2024 PAC Year-Round Fundraisers



COBS Bread - Suter Brook Village

When you visit COBS Bread in Suter Brook Village, please mention **Moody Middle** when you make a purchase, and COBS will donate 5% back to our PAC.



Return-It Express

(104 - 2560 Barnet Hwy, Coquitlam)
Or at any Return-it Express Kiosk

No sorting required, and **ALL** money from your returnables comes back to **Moody Middle PAC!** Bag your returns in see-through plastic bags and drop off at the address above or **ANY** Encore Return-It Express location. Enter the school's phone number —(604) 461-7384— at the Express kiosk, print out the label(s) and place one on each bag you return.



Port Moody Liquor Store (2929 St. John's Street (near 7-11).

Mention "**Moody Middle**" when you make a purchase at Port Moody Liquor Store or online (put 'Moody Middle' in the "notes" when checking out), and 5% will come back to the PAC.



Purchase **Tru Earth** laundry products through our PAC online store and 20% of your purchase comes back to the PAC. Keep watch on our PAC Facebook page and Parent Portal for sales throughout the year.
tru-earth.sjv.io/MoodyMiddle

If you have any questions, please email us at
emmsotapac@gmail.com

Join us on the Parent Portal - PAC's Communication Hub and where to order Hot Lunch:
<http://emmsota.parentcouncil.net/>
To create a new account: Click "register". School Code: EMMSOTA1

Request to join our PAC's Facebook Page so you can stay updated all year round!

Moody Middle PAC Facebook page:
<https://www.facebook.com/EMMSOTAPAC>

Thank you!

COMMUNITY INFORMATION



Youth Club

The City of Port Moody's **Community Services and School District 43** are excited to team up to offer great programs! Meet new friends, stay active and have fun.

For youth in grades 6-8

**Moody
Middle**

Register
online
Tuesday,
Feb 27
8am

Art and Mindfulness

You will explore methods of self-care like creative arts, meditation, nature and activities in the outdoors.

39108 Tue, Apr 9-Jun 4 3:10-4:25pm

Food Lab

You will gain basic kitchen skills and enjoy yummy food while exploring how science and cooking are intertwined.

39109 Thu, Apr 11-Jun 6 3:10-4:25pm

Visit portmoody.ca/signmeup to register.



portmoody.ca | 604.469.4556

PORT MOODY
CITY OF THE ARTS



Summer Learning

2024

Elementary

Eight locations, Tuesday July 9 - Friday July 26 9:00am-12:00pm. K to 1 transition, English for Beginners, Visual & Performing Arts, French Immersion, Integrated studies, Math, Reading & Writing, Coding (Info Tech), Outdoor Science, STEAM, and more! Free to all BC residents*.

Middle

Three locations, Tuesday July 9 - Friday July 26 8:45-11:45am. Band, Guitar, Creative Writing, Drama/Improv, English for Beginners, Guitar, Home Ec/Culinary, Integrated studies, English and French Immersion Language Arts, Mathematics, PE/Leadership, Coding (Info Tech), Outdoor Science, STEAM, Tech Ed, Visual & Performing Arts, and more! Free to all BC residents*.

Two locations, Tuesday July 9 - Friday July 26 8:30-11:30am OR 12:00-3:00pm. English, English for Beginners, IB Math & Science, Jazz & Concert Band, Science, Home Ec, Sewing, 2D Animation, Metal and Wood Tech Ed, Math, Coding (Info Tech), Skills for Success. Free to all BC residents*. These non-credit courses may be taken to review previously covered course content OR preview a course. Academic Completion 9/10 (earn a passing mark) also available, by referral.

Secondary Skill Building

Two locations, Wednesday July 3 - Thursday August 8 8:00-11:30am OR 12:00-3:30pm. Biology 11,12; Career Life Education 10; Chemistry 11,12; EAL 10,11; English 10,11,12; English First Peoples 11,12; Mathematics 10,11,12; Physics 11,12; PHE 10; Socials 10,11.

Secondary Full Credit

Check out the SOYL full day program on our website!

Registration begins at 6:00am for ...
- Elementary: Tuesday April 30
- Middle & Secondary Skill Building: Friday May 3
- Secondary Full Credit: Wed. May 8
Phone 604-936-4261 for assistance.
*SD43 Residency requirements apply

To Register

WWW.SD43SUMMERLEARNING.CA / Phone 604-936-4261

Courses and locations listed above are subject to change



GRADE 6 STAY ACTIVE PASS

The Grade 6 Stay Active! Pass provides 12 free admissions to either drop-in swimming, skating and gymnasium-based activities in the cities of Coquitlam, Port Moody and Port Coquitlam. These passes are valid Sept. 5, 2023 – Sept. 2, 2024 for the 2023/24 school year.



For Coquitlam residents, read more: <https://ow.ly/IMPj50PWBCZ>

Apply for Grade 6 Passes online here (for Coquitlam residents only): <https://ow.ly/4eIF50PU1tz>

For Port Moody residents, read more: <https://ow.ly/1ICx50PU2ef>

For Port Coquitlam residents, read more: <https://ow.ly/JUtE50PU2eA>

NOTE – You can get the Moody Middle registration letter from the Moody Middle office.